

# **Central New York Reiki Association**

## **Code of Ethics & Conduct**

Respect and value all Reiki practitioners and Masters regardless of lineage or organizational affiliation.

Encourage all students to use their own inner guidance in deciding who to receive Reiki treatments from or who to study Reiki with, including the possibility of studying with more than one teacher.

Openly encourage all of your clients and students to do the best job possible with the Reiki program they are guided to use.

Always work to empower your clients and students to heal themselves, and to encourage and assist them in their personal growth as well as in the development of their Reiki practice.

Always treat your students and clients with the greatest respect. Never engage in any illegal or immoral activity with your clients or students. Never touch their genital area or breasts, never ask them to disrobe, and never make sexual comments, jokes, or references.

Abstain from the use of drugs or alcohol during all professional activities.

Practice truth in advertising. Be willing to openly discuss your training background, what is offered in a Reiki session, the subjects covered in your Reiki classes, the fee that is charged, and the amount of time spent in sessions or classes with any prospective students.

Be open to the continuing process of enhancing your professional qualifications, training, experience, and skills.

Be actively working on your own healing so as to embody and fully express the essence of Reiki in everything you do.

Educate your clients regarding the value of Reiki and explain that it does not guarantee a cure, and is not a substitute for medical or psychological treatment.

Acknowledge that Reiki works in conjunction with other forms of medical or psychological care. If a client has a medical or psychological condition, suggest, in addition to giving them Reiki treatments, they see a licensed health care practitioner, if they are not already seeing one, or if you are not one yourself.

Feel free to integrate other energy healing modalities (crystals/stones, sound, chakra balancing, etc) into your sessions as long as you inform your client that these are not part of a traditional Reiki session, and are an added component.

Never diagnose medical or psychological conditions or prescribe medications (unless you are also a medical or mental health professional with the qualifications to do so). Never suggest that a client change or end dosages of substances prescribed by other licensed health care providers, or suggest the client change prescribed treatment or interfere with the treatment of a licensed health care provider.