

Welcome to the office of Dr. Albert Tydings

Dr. Tydings and staff would like to take the opportunity to congratulate you and your family on your pregnancy. The following are some helpful hints we feel you need to know. **Please keep this information until after your delivery. If you need another one let us know.**

The following is a list of over the counter medications you may take without checking with our office first. Please follow package directions and **DO NOT TAKE** more than the recommended dosage. **ANYTHING ELSE NEEDS TO BE APPROVED BY DR.TYDINGS.**

Colds– Sudafed Robitussin PE (only) Chloraseptic spray & Tylenol for fever

Constipation– Milk of Magnesia

Diarrhea– Kaopectate or Imodium

Allergies– Benadryl

Yeast Infections– Monistat topical cream only!! Rub on outside *NOT for internal use*

Heartburn– Tums and Mylanta liquids

In case of problems at night or on the weekend always call Dr. Tydings, first. NEVER JUST SHOW UP AT THE HOSPITAL WITHOUT SPEAKING TO DR. TYDINGS, FIRST. Please call (985) 234-3617 after hours to speak to Dr. Tydings.

Dr. Tydings is in clinic every day. Please know that we try to provide each patient with our undivided attention during his or her visit and try to answer any questions that you might have. We ask that when you call to speak to your physician during clinic hours you take that into consideration when we ask you to leave a message. Your call will be returned as soon as possible.

Prescriptions will not be refilled over the weekend. If you need a refill on any medication have your pharmacy fax a request to (985) 892-1116 for a faster response.

Due to limited space in our waiting area, especially during the summer, we ask that you limit the number of family members that accompany you to your visit. Please do not leave your children unattended or alone in the waiting area.

Routine Pregnancy Visit Schedule

6-28 weeks pregnant*** Every 3 weeks

28-36 weeks pregnant**Every 2 weeks

36weeks until delivery**Every Week

****Keep in mind every pregnancy is different, so this will not apply to everyone****

Dr. Tydings will make the final decision on how often he will see patients based on their individual needs

As in any physician office there are unexpected schedule changes. Please keep our office updated on your name, address or phone number changes. We will not be responsible if we cannot contact you for schedule changes or test results. Changes in insurance information need to be reported immediately. Remember you are responsible for any service you receive that your insurance does not cover. Your co-pays and deductibles will be collected before you see the doctor. All injections (including birth control & hormones) must be paid in full before the nurse will see you.

Medicaid does not cover circumcisions. The fee is \$175.00 and must be paid **BEFORE** you deliver. If you happen to deliver on a Saturday or Sunday and it's not paid in full **IT WILL NOT BE DONE. NO EXCEPTIONS**

Please feel free to contact our office if you have any questions, problems or complaints (985) 892-1111. Again, it is our pleasure to take care of you.