

# Our Lady of the Visitation Catholic Church

305 N. Prince Street, Shippensburg, Pa 17257

**Pastor and Campus Minister:** Father Ben Dunkelberger.....frbdunkelberger@hbgdiocese.org

**Website:** [www.olvshippensburg.org](http://www.olvshippensburg.org) **You Tube-Shippensburg Catholic**

**Weekend Masses:** Saturday 5:00 pm, Sunday 8:00 am & 11:00 am

**Daily Mass:** Tuesday, Thursday & Friday 8:30 am, Wednesday 6:30 pm, First Saturday of the Month 9:00 am

**Holy Days:** Vigil Mass 6:30 pm, Holy Day 8:30 am & 6:30 pm



## 4<sup>th</sup> Sunday in Ordinary Time

When he saw the crowds, he went up the mountain, and after he had sat down, his disciples came to him. He began to teach them, saying:

“Blessed are the poor in spirit, for theirs is the kingdom of heaven.” *Matthew 5:1-3*

© Diocesan  
The Sermon on the Mount, by Carl Bloch, 1877

**Our Mission: To Proclaim the Kingdom of God for the Salvation of Souls**

### Reconciliation:

#### Saturday:

3:30pm – 4:30 pm

#### Wednesday:

5:30pm – 6:20 pm

#### 1st Fri. of the Month

7:30 am – 8:20 am

#### 1st Sat. of the Month

8:00 am – 8:45 am

### Adoration of the Most Blessed Sacrament:

1st Friday of the Month

7:30 am – 8:20 am



**Blessed are the  
Poor in Spirit, for  
theirs is the  
Kingdom of  
Heaven**

**Matthew 5:3**

### Office Hours:

**Monday-Thursday**

**9:00am-4:00pm**

**Closed Fridays**

**Church (717) 532-2912**

**Campus (717) 477-1244**

**Emergency (717) 323-2679**

## Mass Intentions

**Saturday, January 28**  
5:00pm People of the Parish

**Sunday, January 29**  
8:00am In Memory of the Stewart-Gelas Family  
11:00am In Memory of Bob Bagley

**Tuesday, January 31**  
8:30am Intentions of Michelle Jones

**Wednesday, February 1**  
6:30pm Intentions of Mike & Cheryl Bannon

**Thursday, February 2**  
8:30am Intentions of Pat Emmons

**Friday, February 3**  
8:30am Intentions of Gloria Hudock

**Saturday, February 4**  
9:00am Intentions of Father Ulam  
5:00pm In Memory of Karen Fumento

**Sunday, February 5**  
8:00am People of the Parish  
11:00am In Memory of Bob Bagley

## Contact Us for More Information

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**Office Manager** ..... Tracy Plotner  
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**Religious Education Coordinator**..... Jolene Cramm  
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**Homebound Minister Coordinator**.....John S. Bonitz  
jsbonitz@comcast.net.....(717)262-3614

**Finance Chairperson**..... Charlie Albright  
calbright@rocketmail.com

**Parish Council Chairperson** .....Lyn Solder  
lyndasolder@gmail.com .....(410)259-8954

**Ladies Auxiliary** ..... Donna Bonitz  
ddbonitz@gmail.com ..... (717) 860-4909

**Knights of Columbus** ..... Travis Detwiler  
travisedetwiler@gmail.com..... (717) 809-0672

**Greeter Ministry** ..... John Thornton  
johnnie7746@gmail.com.....(508) 868-5640

**Usher Ministry**.....Joe Cretella  
pjcretella1@gmail.com.....(717) 377-1480

**Ladies Bible Study**.....Mary Geesaman  
mgeesaman1@gmail.com.....(717) 552-7487

**Music Ministry**.....Michael Adams  
MAdams@hbgdiocese.org

## Homemade Soup Sale

**Attention  
All Soup  
Makers!**

The Ladies Auxiliary is looking for people to make soup for their soup sale. Containers will be available in the social hall kitchen the weekend of Feb. 4th & 5th. Please list ingredients on your labels. Please bring your soup to the church on Saturday Feb. 11th between 10am to 2pm or at 4:30pm on Feb. 11th.

We will be selling pints and quarts of soup after all masses February 11th and February 12th.



## CRAB CAKE SALE



"The Knights of Columbus are taking orders for homemade Crab Cakes until the 11th and 12th of February. There is an order sheet in the back of the church to place orders. The cost will remain \$6 per crab cake. The crab cakes will be available for pick up after all masses on the weekend of February 18th and 19th. If you have any question, please contact Brian Van Scyoc at 717-532-9316."

## Church Calendar

**Sunday, Jan. 29—Coffee Hour** (in Mary's Kitchen) after the 8am Mass

**Tuesday, Jan. 31 — Ladies Bible Study** 7-8:30pm (social hall)

**Tuesday, Jan. 31 — RCIA Class** 7:00-8:00pm in the basement of the Social Hall

**Wednesday, Feb. 1— Morning Prayer** 8:30am

**Friday, Feb. 3—Confession** 7:30am –8:20am

**Friday, Feb. 3— Eucharistic Adoration** 9:00am-7:00pm

**Saturday, Feb. 4— Run with a Priest** (or bike, or walk). Meet at the social hall entrance at 10am

**Sunday, Feb. 5—Coffee Hour** (in Mary's Kitchen) after the 8am Mass

Sign-up to Serve for Coffee Hour.

Sign-up sheet is in the lobby of the Church.







## Shippensburg Community Resource Coalition

### Our Purpose and Objectives

- To increase access to social services and counseling services.
- To increase access to youth programming.
- To partner with existing stakeholders such as the school district and Shippensburg University to meet educational and community needs.

The SCRC was started in 2010 in response to the growing need to help residents find and utilize social services. Shippensburg falls between the counties of Franklin and Cumberland which means that services can be difficult for community members to access if the services extend to Shippensburg at all. The Resource Coalition has brought service providers and community members together since this time, with the aim of connecting clients with resources as well as developing programs to meet needs.

The SCRC is a Shippensburg University Center For Excellence and serves as a "learning lab" for the university. Students, Faculty, and staff are involved in our work and have initiated many of our programs and services. We also provide a bridge for building community-university relationships. Whether you are on or off campus, contact us with your questions and ideas! You may call 717-477-1961 or email [sp-scrcc@shipresources.org](mailto:sp-scrcc@shipresources.org)

**Christ Among Neighbors (CAN):** CAN has been helping Shippensburg residents with emergency financial needs for over 20 years. Volunteers are needed on Wednesday afternoon or Saturday morning. Visit our website or call us to learn more. Suzanne Hildabrand 717-377-8316; [www.christamongneighbors.com](http://www.christamongneighbors.com).

**Hound Packs:** Hound Packs are put together every Wednesday at 5:30 pm. Please sign up in the lobby of the church if you are able to volunteer. We pack them in the back of the industrial building on Marden Ave. which is off of Lurgan Ave. If we have enough help, it usually takes about 30 minutes. **Please place the soup only in the food bank container outside of the confessional.**

**Shippensburg Produce Outreach (SPO):** SPO is in need of helpers on Tuesdays. **We are no longer collecting egg cartons.** SPO is located on South Penn St in building next to the Lutheran Church. Thanks for your support in these missions for the community.

Any questions call or text Bobbi Staver 717-816-5309



## The Word of God Alive:

### Discussing the Readings w/your children

*Here at our parish, we are transitioning away from Children's Liturgy of the Word during the Mass, and instead, we would like to encourage parents to discuss the weekly readings or homily with their children either before or after Mass occurs. This spiritual conversation, even if it is simple or a bit scattered, can be very powerful, and it is a way for God's word to come alive in our hearts. We will provide questions and discussion points to help parents start this conversation with their children, and please consider doing this with your family each week!*

Last week we talked about being a disciple of Jesus. **Once you said yes to Jesus, what do you do next?**

Jesus spoke of the humble. He called them "the poor in spirit", "those who mourn", "the meek", and "those who hunger and thirst for righteousness". We know that the "poor" do not have enough. Those who "mourn" are those who are very sad because someone they love has died. Those who are "meek" don't have power. We have all been hungry and thirsty. **But what does it mean to hunger and thirst for righteousness?** It means to have a need for goodness that is so strong that one suffers for it. All of these types of people are missing something important, yet Jesus calls them blessed.

**What does it mean to be blessed?** Jesus not only named those who suffer, but said those who help suffering people are blessed also. He named people who show mercy, who are clean in heart, who are peacemakers and those who are persecuted for righteousness' sake. Showing mercy can mean to be compassionate or forgiving. To have a clean heart is to love the things and people we should. Being persecuted means that someone makes us suffer. We all know what making peace means.

**Living our Faith:** Take one of the ways we can be blessed and make it your mission to do as many things possible to show your love for God through others.

## Catholic Campus Ministry (CCM) @ Shippensburg University

Shippensburg University



Catholic Campus Ministry

You are invited to come to our many events, especially the weekly dinner and weekly co-ed Bible Study on Thursday nights in the Spiritual Center on campus [google it, if you're not sure where it's located!], but there will be so much more as well! We would love to get you into our GroupMe for CCM to keep you up-to-date on all our different events, including but not limited to, fun and fellowship events, service opportunities, prayer/retreats, and lots more too!

**Weekly events:** Located at the Spiritual Center right off campus on Thursday evenings. Includes two things, ·CCM Weekly Dinner = 5:00 pm ·Big Group Bible Study = 6:15 - 7:15 pm. For more information please contact Joseph at [jmgonzalez@ship.edu](mailto:jmgonzalez@ship.edu) or call the CCM office at 717-477-1244.

**If you would like to provide a meal for our Catholic Campus Ministry students,** please contact Joseph at [jmgonzalez@ship.edu](mailto:jmgonzalez@ship.edu) or call the CCM office at 717-477-1244. The dinners are held every Thursday at 5pm (except during breaks) at the Spiritual Center on Campus.



## Knights of Columbus & The Ladies Auxiliary

**The next KOC meeting will be Tuesday, Feb. 7th at 7:00pm in the social hall. This is a joint meeting with the Ladies.** For more information regarding the Knights please contact Travis Detwiler at 717-809-0672 or [travisedetwiler@gmail.com](mailto:travisedetwiler@gmail.com)

**The next Ladies Aux. meeting will be Tuesday, Feb. 7th at 7:00pm in the social hall.** For more information regarding the Ladies Aux. contact Donna Bonitz at 717-860-4909 or [ddbonitz@gmail.com](mailto:ddbonitz@gmail.com).

CALLING ALL YOUNG ADULTS AGES 18-39!

PLEASE JOIN FRANKLIN COUNTY YOUNG  
ADULT CATHOLICS  
AT THE 11:00 MASS AT  
OUR LADY OF THE VISITATION  
ON FEBRUARY 12, 2023!

WE LOOK FORWARD TO SEEING YOU THERE!

MASS  
11.00 am

## SUNDAY POTLUCK

Join us for a Potluck Sunday Lunch every  
3rd Sunday immediately following the  
11am Mass (so around noon or 12:15pm).

Please bring a dish to share.

The parish will supply water,  
juice & coffee.

## Mardi Gras Tea Party



### Mardi Gras Tea

All women of the parish  
are invited to attend  
Sunday, February 19,  
2023 3:00 pm to 5:00

pm. This is an afternoon of sharing and  
fun to celebrate before the beginning  
of Lent. Ladies are asked to bring: your  
tea cup or mug, some finger food to  
share, a happy and joyful spirit, and a  
friend! Questions or for more info.  
contact Mary Poffenbarger - 301-639-  
3297 email - [missmary@lockfarm.net](mailto:missmary@lockfarm.net)

## YOUTH MINISTRY

Youth in grades 6-12 are invited to join  
us for our Youth Group meeting on the  
2nd and 4th Saturdays of the month  
from 6-8pm in the social hall.

Feel free to invite your friends!

## Ash Wednesday February 22

**MASS TIMES:**

**8:30am & 6:30pm**



# The Catechism in a Year!



Join Father Ben and a big group of parishioners at Our Lady of the Visitation as we learn and grow in understanding about our Catholic Faith by listening to a podcast for about 15-20 minutes a day (that equals only about 2-3 pages of the Catechism, which is not much!).

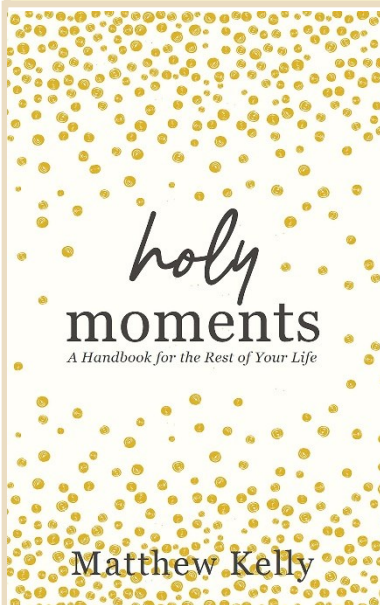
Father Mike Schmitz, who led a podcast two years ago that was beautiful and still free for everyone – *The Bible in a Year* – has decided to help everyone go a little deeper in our understanding of what the Catholic Church teaches by reading a tiny bit of the Catechism every day. Father Mike is very enjoyable to listen to because of his authenticity, his humor, his knowledge of the faith, and also his profound insights and application of the faith to every day life. Please consider checking out the QR code and/or website below, and we will be meeting as a parish as well to check in and see how everyone is doing.

**Our next meeting will be Wednesday night, February 15th from 7:15 pm – 8:15 pm** in our church's social hall. The event will be mostly a Q&A event for Fr. Ben, and anyone can certainly show up even if they have not kept up with this podcast or read any of the Catechism in their lives! Please come, and we will be in touch about future events as well.

*Father Ben Dunkelberger*

## Book of Month: January & February 2023

### *Holy Moments: A Handbook for the Rest of Your Life, by Matthew Kelly*



The Book of the Month for the first two months of 2023 will be the free book that we gave away to everyone this Christmas! ***Holy Moments*** is a book by Matthew Kelly that will fill your heart with hope, peace, and joy as you renew your perspective and then your efforts in living out God's will every single day. Matthew Kelly is one of the best story tellers I've ever read, and he also combines this skill with the depth of his Catholic faith in this book. He encourages you to live your faith in practical yet challenging ways while also helping you to be at peace based on Christ's mercy and love for you specifically.

Please consider joining us when we have our Book of the Month summary and discussion, and we will meet on **Wednesday, March 1<sup>st</sup> from 7:30 – 8:30 pm** in the social hall of the church. **You do not need to finish the entire book or even read any of it to attend!** However, I really think you will enjoy this book if you give it a chance. May God Bless you and help you grow closer to Christ this New Year. – Fr. Ben

*Go,  
make disciples of all nations...*

*Matthew 28:19*



*Join*  
**THE SOCIETY FOR THE  
PROPAGATION OF THE FAITH**

**MEMBERSHIP SUNDAY  
FEBRUARY 5, 2023**



**OFFICE OF PONTIFICAL MISSIONS ~ DIOCESE OF HARRISBURG**

By our baptism, we are called to share our faith with our family and friends, with our neighbors, indeed, with the whole world. Next Sunday, we are invited to make a special commitment as missionaries. We are invited to join in the worldwide mission of Jesus by joining the Society for the Propagation of the Faith, reaching out to the people of the world in more than 1,150 mission dioceses. In making this commitment, we pledge to... PRAY daily for the missionary work of the Church, offering our personal crosses for missionaries and those they serve. OFFER REGULAR FINANCIAL HELP in support of those who bring the "Good News" of Jesus to our brothers and sisters in the missions. Please say "yes" to this special missionary call next weekend.