



## CERTIFICATIONS AND TRAININGS

### Community CPR, AED & First Aid

#### Course Content:

Adult, child and infant CPR  
Adult and child AED  
Adult, child and infant choking

Stroke detection and  
intervention  
Basic first aid

Location: Crescenta-Canada Family YMCA

Blended Class: 3 hours online + 3 hours in classroom

Classroom training offered 2x per month (see website for details),  
typically 2<sup>nd</sup> Wednesday morning & 3<sup>rd</sup> Thursday evening.  
Register early.

Price: \$40

Register online for the non-member price of \$60 and submit \$20 refund  
request to [Jcordon@ymcafoothills.org](mailto:Jcordon@ymcafoothills.org). (Tell her thanks!)

#### How to Find Class Dates and to Register:

**REGISTER**

Go to [www.ymcafoothills.org](http://www.ymcafoothills.org)  
Choose "Programs"  
Choose "Workshops & Training"  
Choose "Certifications and Trainings"