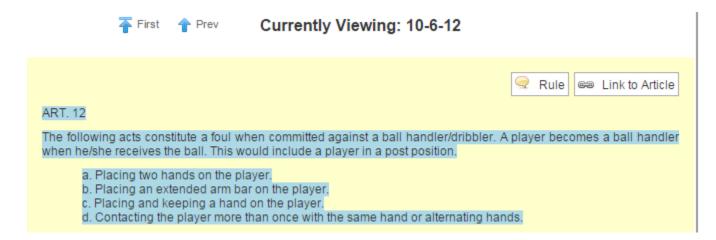
Good morning!

Hopefully we all got some needed rest this weekend. The last month of the season is upon us.

With the 'stretch run' here, let's remember a couple important rules/POE's that are black and white....NO grey areas.

Rule 10-6-12......freedom of movement....hand checks.......



THIS RULE IS A BLACK/WHITE rule. There is NO ROOM FOR JUDGEMENT. This is NOT an advantage/disadvantage rule. It is plainly spelled out.....'the following acts constitute a foul when committed against a ball handler/dribbler.' It does not end that sentence with '.....unless such-and-such happens.....'

A foul is a foul. THE TEAMS WILL ADJUST! Call it early in the game when it happens! They WILL adjust!!!

Take a look at the clip by clicking <u>here</u> and see the various types of hand checks that are FOULS! Remember, touching the ball handler/dribbler is allowed in ONE case....one hot stove touch......period.

Have a great day today and get back to calling the hand-check as intended!

Tim