

Mass Intentions

Saturday	January 25, 2019
8:00A.M.	+ John Carey
5:00 P.M.	+ Isadora Bojorquez
	+ Butch Navarro
	+ Gloria Navarro
Sunday	January 26, 2019
8:00A.M.	+ John Carey
	+ Dolores Holmes
9:30 A.M.	+ Edward T. Arviso
11:00 A.M.	+ Ignacio Cruz – 2nd Anniversary
	+ Rene Magallanes
11:30A.M.	Intentions of the Susane, Johny and Martin Family
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Monday	January 27, 2019
8:00 A.M.	+ Loreta Cunanan
	+ Rosario Cunanan
Tuesday	January 28, 2019
8:00A.M.	+ Barbara Wuerth
Wednesday	January 29, 2020
8:00 A.M.	+Leonila De La Rosa
Thursday	January 30, 2020
8:00 AM	End to Abortion
Friday	January 31, 2020
8:00 AM	+ Marguerite Lehner, Anniversary

We Can Endure Great Pain

Why is it that we can endure more pain than pleasure?

Physiologists and anthropologists might focus their answer on the fact that we are wired for survival and being able to endure pain helps us more than being able to enjoy pleasure. Fair enough. But I would like to offer an additional answer from a spiritual point of view.

The spiritual answer is that pain is for now while pleasure is for the hereafter. In this world, this exile, this valley of tears, we are being tested; we are meant to fill up our quotient of pain. And while we do enjoy some pleasures here, they are only a foretaste of what will be fully ours only in Heaven. In this world the foretaste seems limited to bite-sized morsels. Otherwise we are overwhelmed by pleasure, distracted by it, and even sickened and enslaved by it. Until pain has had its proper effect within us, we are not disciplined or pure enough to properly enjoy large amounts of pleasure. Pain is thus our first assignment here in this world, this paradise lost. Pain both purifies and teaches. **We should recall that God offered us the paradise of Eden** with the proviso that we trust Him to teach us what is best. But we insisted on the knowledge of good and evil for ourselves and the right to decide what was right and wrong. We wanted a better deal than Eden. Adam and Eve chose to eat from the Tree of the Knowledge of Good and Evil, even knowing that God had said it would usher in suffering and death. And we have all ratified their choice on countless occasions.

God, respecting our freedom, did not undo our choice. Rather, He said, in effect, "Fine, I will meet you at the cross of suffering and death, and allow that very suffering and death to be the way back to me." And thus the way back to paradise, and to an even higher and heavenly glory, is through the cross.

Frankly, we need a high tolerance for pain, because it is a needed remedy for a very serious malady. Our condition is grave and

requires strong medicine. The cross and its pain is the strong medicine needed. And thus, our tolerance for pain must be certainly be greater than our capacity for pleasure. It intensifies our longing for Heaven and the shalom of God. If we endure pain with faith, it draws us to seek help and to trust God more.

For now, our assignment is clear. Pain has the upper hand and is the strong medicine we need. When in pain, seek relief from God. But if he says no, remember that God promises that His grace will be sufficient for us (see [2 Cor 12:9](#)), and that pain has a healing place for now. It is indeed a gift in a strange package.

Nosotros Podemos soportar gran dolor

¿Como es que podemos soportar más el dolor que el placer?

Los fisiólogos y los antropólogos deberían enfocar sus respuestas más en el hecho de que nosotros estamos formados para sobrevivir y el poder soportar el dolor nos ayuda más que ser capaz de disfrutar el placer. Eso es lo justo. Pero me gustaría ofrecer una respuesta adicional para verlo desde el punto de vista espiritual.

La respuesta espiritual es que el dolor es para ahora, mientras que el placer es para después. En este mundo, en este exilio, en este valle de lágrimas, estamos siendo probados; estamos hechos para cumplir nuestra cuota de dolor. Y mientras que gozamos de algo de placer aquí en la tierra, es solamente una probadita de lo que va a ser nuestro solamente en el cielo. En este mundo la probadita pudiera estar limitada a pequeñas mordiditas de dulces. De otra manera estuviéramos sobre agobiados por el placer, distraídos por él, y aún más, esclavizados y enfermos por el. Hasta que el dolor haya tenido su propio efecto dentro de nosotros, no estamos disciplinados o purificados lo bastante para apropiadamente disfrutar una gran cantidad de placer. El dolor es pues nuestra primera tarea aquí en este mundo, en este paraíso perdido. El dolor tanto purifica como instruye.

Nosotros debemos recordar que Dios nos ofrece el Paraíso de Edén con la provisión que confiamos en El pues el nos ensena lo que es lo mejor para nosotros. Pero cuando insistimos en el conocimiento de lo que es bueno y malo por nosotros mismos y el derecho de decidir lo que está bien o mal. Nosotros queremos algo mayor que el Edén. Adán y Eva escogieron comer la fruta prohibida del árbol del conocimiento de lo bueno y lo malo, aun sabiendo que Dios les había dicho que los llevaría al sufrimiento y a la muerte. Y nosotros hemos rectificado su elección innumerable veces.

Dios respeta nuestra libertad, no deshizo nuestra elección. Mas bien, El dijo, en efecto, "Bien, te encontrare en la cruz del sufrimiento y de la muerte, y permitiré que ese mismo sufrimiento y muerte sea el camino de regreso a mí." Y así el camino de regreso al paraíso, y para una mayor Gloria celestial es a través de la cruz.

Francamente, necesitamos una gran tolerancia para el dolor, porque es un remedio muy necesitado para diferentes males. Nuestra condición es grave y requiere una medicina fuerte. La cruz y su dolor es la medicina fuerte que se necesita. Y por eso, nuestra tolerancia para el dolor debe ser ciertamente más grande que nuestra capacidad del placer. Intensifica nuestro anhelo por el Cielo y el saludo de Dios. Si toleramos el dolor con fe, eso nos lleva a buscar la ayuda y confiar más en Dios.

Por ahora, nuestra asignatura es clara. El dolor esta primero y es la medicina fuerte que necesitamos. Cuando tengamos dolor, busquemos alivio con Dios. Pero si el dice no, recuerden que Dios promete que su gracia es suficiente para nosotros (ver 2 de Corintios 12:9), y ese dolor tiene un lugar de alivio por ahora. Es definitivamente un regalo es un paquete raro.

In order to be an image of God, the spirit must turn to what is eternal, hold it in spirit, keep it in memory, and by loving it, embrace it in the will. – St. Benedicta of the Cross (Edith Stein)

The Presentation of the Lord

Josue Dorantes, Ben Magante, Jr., Gina Parada, Judy Barnes, Randy De La Garza, Robin and Phillip Kolb, Micaela Missy Romero, Patrick Turner, Brandie

DeLaGarza, Charlotte Neefe, Anna Rodriguez, Patty Duro, Chris Murillo, Audrey Chaipos Bow, Elena Enriquez, Jack Jester, Florencio Magallanes, Laura Martinez, Violet Inglett, Rafael Angel, Victor Manuel, Campoy Ochoa, Elena Enriquez, Patty Harding, Dan Martinez, Jonathan Spallone, Dot Roback, Dorothy Blacktooth, Andrew Colquoun, Aurora Gonzalez, Theresa Allen, Sandy Garcia, Marcos Villalobos, Marilyn Yarger, Mitzi Magante, Elana Reed, Jeanne May, Paul Dinto, Barbara Neral, Deacon Gene Neral, Jason Colquoun, Sul'a Rico, Jesus Ayala, John David Admire, Emily Mazzetti, and. **Also, please remember those who have died: Rene Magallanes Antonio Perez, Alice Bonvenuto, Maria Perez Rosas, Deanna Kolb, Peggy Harding, Robert Harding, Doris Magante, Copi Magee, Debbie Maza, Jose Arias, Ascension Gomez, George Williams**

Envelope Intentions: *Josie Nordstrom, Tillie King Children of the World, Dawne Family, 9 Necesidades de la Parroquia (Parish needs),*

Knights Breakfast

How about inviting your best sweetheart to the Knight's breakfast on Valentine's Day? It is delicious and it helps the Knight's! The Pancake breakfast is scheduled for Sunday, February 9! Not only is it a great breakfast but a great value, too! They will be serving after the 8:00AM Mass only! As always, it is a delicious breakfast with something for everyone! Their menu includes pancakes, eggs and sausage or eggs and chorizo, homemade tortillas made on site and beans. See you there!

**MEN SADDENED BY A PAST-ABORTION**

Rachel's Hope offers one day healing workshops for husbands or boyfriends of past and current relationships troubled by an abortion of their child or are in a relationship with a woman who has had an abortion. Date: Feb. 22, 2020. 9AM TO 6PM; Located at the Diocesan Pastoral Center, 3888 Paducah, San Diego. Led by Dr. Paul Santero, Fee: \$30. Call for registration information (858) 581-3022, text (858) 752-9378 or email rachels.hope@juno.com, Visit us on our website: www.RachelsHope.org

Articles on Silence

By Hannah Brockhaus

Continuing his new catechesis on the Eucharist, the Pope recalled his message the week prior, that the Mass is not a show, but a place where we encounter the Lord. In this encounter, he said, silence is what "prepares us and accompanies us." But to really understand this, first we have to answer a question, he said. And that is: What is prayer? Prayer is, "first and foremost dialogue, personal relationship with God," he said. And in prayer, just like in any dialogue, it needs moments of silence "together with Jesus." This, he said, is because it is only in the "mysterious silence of God" that his Word can resound in our heart. Francis explained that to pray is not difficult, and is something that Jesus himself taught us to do first of all by example, when in the Gospels he withdraws to a secluded place to pray. And second, he teaches us again when he tells his disciples that the first word in knowing how to pray is "Father." This is "so simple," the Pope said. "So we have to learn, 'Father.'" Then, we must take on the attitude of a small child before his or her parents. One full of trust and confidence, knowing that God "remembers you and takes care of you," he said.

www.catholicnewsagency.com/news/pope-francis-the-mass-needs-silence-not--chit-chat-76871

**PEOPLE ARE PRAYING AFTER THE MASS. PLEASE GO OUTSIDE THE CHURCH TO TALK.
LA GENTE ESTA ORANDO DESPUES DE LA MISA. POR FAVOR VAYA AFUERA DE LA IGLESIA PARA HABLAR.**

Reminder: The Rosary is recited every morning before the 8:00 am Mass.

AROUND THE MISSION - FEBRUARY

Baptism – James Scott and Sativa Salgado
Funeral Mass – Rene Magallanes, Friday, February 8, 7:00PM, English Family Mortuary, Temecula; Mass, 8:00AM, Saturday, February 8, 2020, Pala
First Anniversary – Clarence Nejo, Saturday, February 8, 2020, 10:00AM, Blessing of the Headstone, Pala
Richard Linton – 10:00AM, Saturday, February 15, 2020, Mass and Blessing of the Headstone
Howard Diaz – Saturday, February 29, 10:00AM,
Quinceañera – Chelsi Urioslegui
Wedding Anniversary – Rachel and Greg Ward – 49th Anniversary, January 26, 2020

Weekly Collection

January 26, 2020 – 3rd Sunday in Ordinary Time

Parish Collection \$6,292.000

Social Outreach \$55.00

Thank you and God Bless! Father John

Welcome

If you are visiting or are joining us for the first time, we are pleased you have come! If you are ready to join our parish, we encourage you to fill out a Registration Form found in the Gift Store after Mass. If you are interested in participating in any ministry, please contact the office. If you have moved, or switched from a landline to a cell phone, if you have a family member that has moved away from home or passed away, we would like to be notified, so all of our records are up to date. Please notify the Parish office by calling (760) 742-3317.

We find rest in those we love, and we provide a resting place for those who love us. – St. Bernard of Clairvaux