

Danger Assessment - Victim

How serious is/was your abuse?

Circle the response that best describes your current or past relationship:

1.	Does he/she check up on you and want to know where you are at all times? Calling, texting; you, your friends or family?			
	Never – 0	Once or twice - 2	Frequently – 3	All the time – 4
2.	Is he/she jealous, and does he/she accuse you of having affairs with other men or women?			
	Never – 0	Once or twice - 2	Frequently – 3	All the time – 4
3.	Does he/she tell you that you are stupid, lazy, ugly, a rotten cook, a failure as a mother, wife or no good in bed, etc.?			
	Never – 0	Once or twice - 2	Frequently – 3	All the time – 4
4.	Does he/she call you obscene names?			
	Never – 0	Once or twice - 2	Frequently – 3	All the time – 4
5.	Does he/she tell you that no one else could ever love you?			
	Never – 0	Once or twice - 2	Frequently – 3	All the time – 4
6.	Does he/she try to keep you from seeing your family or friends?			
	Never – 0	Once or twice - 2	Frequently – 3	All the time – 4
7.	Do they control the family money so that you have to account for every penny or beg or do favors for money?			
	Never – 0	Once or twice - 2	Frequently – 3	All the time – 4
8.	Do they forbid or demand that you work or if you want to work, do they make it difficult for you?			
	Never – 0	Once or twice - 2	Frequently – 3	All the time – 4
9.	Do they tell you that no one would ever hire you?			
	Never – 0	Once or twice - 2	Frequently – 3	All the time – 4
10.	Do they keep you from driving the car (hiding car keys, etc.?)			
	Never – 0	Once or twice - 2	Frequently – 3	All the time – 4
11.	Do they have dramatic mood swings?			

	Never – 0	Once or twice - 2	Frequently – 3	All the time – 4
12.	Do they become angrier when they drink?			
	Never – 0	Once or twice - 2	Frequently – 3	All the time – 4
13.	Do they try to make you have sex when you don't want to?			
	Never – 0	Once or twice - 2	Frequently – 3	All the time – 4
14.	Do they force you to pressure you to commit sexual acts that are unholy, immoral or illegal (homosexual or otherwise)			
	Never – 0	Once or twice - 2	Frequently – 3	All the time – 4
15.	Have they ever broken or damaged your home, possessions, or property?			
	Never – 0	Once or twice - 2	Frequently – 3	All the time – 4
16.	Have they ever threatened to harm a pet?			
	Never – 0	Once or twice - 2	Frequently – 3	All the time – 4
17.	Have they ever killed a pet?			
	Never – 0	Once or twice - 2	Frequently – 3	All the time – 4
18.	Have they ever intentionally harmed a pet?			
	Never – 0	Once or twice - 2	Frequently – 3	All the time – 4
19.	Have they ever locked you out of the house?			
	Never – 0	Once or twice - 2	Frequently – 3	All the time – 4
20.	Do they force you to stay awake?			
	Never – 0	Once or twice - 2	Frequently – 3	All the time – 4
21.	Do they slap, punch, kick, bite, choke, pull your hair or burn you?			
	Never – 0	Once or twice - 2	Frequently – 3	All the time – 4
22.	Have they ever hurt you with an object or weapon?			
	Never – 0	Once or twice - 2	Frequently – 3	All the time – 4
23.	Have they threatened you with an object or a weapon?			
	Never – 0	Once or twice - 2	Frequently – 3	All the time – 4
24.	Do they endanger you or your children with reckless driving?			
	Never – 0	Once or twice - 2	Frequently – 3	All the time – 4

25.	Do they neglect you or the children when you need medical attention?		
	Never – 0	Once or twice - 2	Frequently – 3
26.	Have they ever threatened to kill themselves, you, the children or other family members or friends?		
	Never – 0	Once or twice - 2	Frequently – 3
27.	Have they ever been violent toward your children?		
	Never – 0	Once or twice - 2	Frequently – 3
28.	Have they ever molested your children sexually?		
	Never – 0	Once or twice - 2	Frequently – 3
29.	Are they violent towards anyone else in the family?		
	Never – 0	Once or twice - 2	Frequently – 3
30.	Have you ever had to call the police or wanted to because you feared them?		
	Never – 0	Once or twice - 2	Frequently – 3
31.	Have they ever been arrested for violence?		
	Never – 0	Once or twice - 2	Frequently – 3
32.	When you tell them you are leaving – do they try to stop you? Either by force or intimidation or even coercion (crying, saying they will change or that they are sorry?)		
	Never – 0	Once or twice - 2	Frequently – 3
	Never – 0	Once or twice - 2	All the time – 4

To learn how serious your abuse is/has been, please total your points.

0 – Healthy Relationship

1-14 – Unhealthy

15-36 – Abusive

37-93 – Seriously Abusive

94+ - Dangerously Abusive