

September 18, 2021 ☞ 10:00 a.m. to 12:00 p.m.

Social Workers Peer Support Group & Chair Yoga

Facilitated by: *Edith Caballero, LCSW & Myriam Ayala, LCSW*

Come join us as we discuss topics that influence our lives personally and professionally. We are an open group that meets every 3rd Saturday of the month with the goal of supporting each other.

"Integrity is choosing courage over comfort; choosing what is right over what is fun, fast or easy; and choosing to practice our values rather than simply professing them." ~ Brene Brown

You will receive the zoom link with group rules prior to the event.

To register, go to www.naswfl.org/events.html