Authorization & Acceptance of Liability

In order to participate in the martial arts program offered by Carson Valley United Methodist Church, it's directors, instructors and assistants, you must agree to and accept the terms of this agreement.

Martial arts is an inherently dangerous activity and should only be attempted by those individuals in good health and fitness. Anyone who participates should seek a physician's advice as to the appropriateness of this form of training prior to participating.

I understand the risks associated with martial arts training and accept and understand the following:

1. Improper actions on my or another students part could result in serious injury or even death. I will exercise caution and control of my actions in every aspect of training. I will not attempt any technique without thorough instruction and authorization from my instructor.

2. I confirm that I am in good health and general fitness and have no physical or mental condition that would interfere or endanger myself or any other participant in this activity.

3. I accept all responsibility for any medical treatments arising from the participation of this martial arts activity and hold harmless the Carson Valley United Methodist Church, it's instructors, directors and assistants, from any legal, medical, punitive, or disability liability whatsoever.

4. I understand that this martial arts program is a ministry activity of the Carson Valley United Methodist Church and that participation in the program requires Scriptural education along with physical practice. I accept the obligation on my part to follow the standards of behavior and protocol associated with this ministry.

5. I will not use the skills learned in this program in any way other than to defend another or myself and only to use such force as is necessary to escape. I understand that my actions are my responsibility and I must act in a prudent manner.

6. I understand and accept the rules of this program and acknowledge that if I do not follow the rules of this program, I am subject to expulsion. I have received the Code of Etiquette of the dojo.

I understand and accept the terms and conditions set forth in this document,

_____	_____	_____
Name	Signature	Date
_____	_____	_____
Parent Name	Signature	Date