

INTEGRATED MOVEMENT THERAPY

**trainings in NYC for yoga teachers, therapists,
clinicians, parents, caregivers, and other humans**



Apply the tools & teachings of yoga therapeutically to:

- adapt your yoga teaching for special populations
- incorporate movement, neuroscience-based mindfulness, and trauma-informed yoga in clinical work and settings
- hold healing space for people's experiences challenges & diagnoses
- work from a holistic foundation of partnership and hope

IMT Basics

Thursday April 14, 9am-5pm

\$125 (\$90 if registered and paid in full two weeks in advance)

IMT and Teens Level One

Friday-Sunday April 15-17

\$525 (\$475 if registered and paid in full two weeks in advance)

**For more information and to register:
bit.ly/imtnyc**