

## CTK Track Volunteering Obligations and Refunds

CYO CTK Track is an all-volunteer team in an all-volunteer league. Every family is expected to pitch in to make the season a success. Families that do not meet their commitment will forfeit their volunteer deposit.

- The volunteer obligation is as follows:
  - Family with 1 athlete: 5 shifts
  - Family with 2 athletes: 6 shifts
  - Family with 3 or more athletes: 7 shifts
- Working a full meet, which may run as long as 8:00 AM to 2:00 PM, counts as 2 shifts. There are typically 6 regular season meets (including the Relay Meet and the Qualifying Meet).
- Examples of meet jobs are Timer, Judge, Recorder, Shepherd, Starter, softball retriever, or distance measurer.
- Filling a team job counts as 7 shifts (and then some). Team jobs:
  - Team Coordinator
  - Head Coach
  - Coach
  - Volunteer Coordinator
  - Uniforms Purchase and Distribution
  - Treasurer
  - Awards
  - Picnic Organizer
- At meets that CTK hosts, there may also be single shifts available for working setup and the first relay, or for working the final relays and clean up, or for working the “away side” sprints in the middle of the meet.
- A few single shifts are also typically available for signing in volunteers at meets, helping with uniforms distribution, picnic setup and clean up, and working pre-season registration.
- Job signups are all done through SignUpGenius, a website that specializes in that kind of thing. You should get an email in February with instructions for how to sign up.
- Families whose athletes have signed up as “Practice Only” (no meets) are exempt from volunteering.
- Families whose athlete(s) qualify to compete in the post-season (the Sectional Meet and the Diocesan Meet) earn an extra shift obligation! I.e. if your son or daughter is going to the Sectional Meet, please plan to work half the meet.
- Refunds for drops:
  - Email the team coordinator on or before the last day of February for a full refund of registration fee and shredding of volunteer deposit check.
  - Starting March 1<sup>st</sup>, the refund drops to 50% of fees and shredding of volunteer deposit.
  - On or after the day of the first CYO meet (called Practice Meet #1, usually the 2<sup>nd</sup> weekend in March) there is no refund of fees or volunteer deposit.