



Because no two families are the same...

Parent Solutions

www.PS-CA.com

Name of service: Parenting without violence

Explanation of service: The parenting without violence class is designed to address multi-levels of violence. This curriculum addresses violence through a parent's and child's perspective and the affects on the family. While learning about the consequences of violence, participants will learn coping skills and different approaches that satisfies the family as a unit. This course is 8, 12, or 16 weeks in length and can be modified to accommodate most requests. A certificate is available upon completion and is recognized by the court. We have flexible hours due to individualized scheduling including days, evenings, and weekends in Morgan Hill and San Jose.

How this works:

These new approaches often include the parent learning a new pattern of communication, age appropriate discipline, compromise, and identify self-triggers. This service is curriculum based that covers the following:

- Desensitization
- Domestic Violence Awareness
- Youngest Victims
- Communication / Connection Building
- Healthy Relationships / Balancing Power
- Triggers for Violence
- Adult relationships
- Cycles of Abuse
- Thoughts vs Feelings
- Developmental Stages of Children
- Setting Rules
- Discipline vs punishment
- Family Unity

16360 Monterey Road, Suite 270

Morgan Hill, Ca. 95037

408-292-4357

1885 The Alameda, Suite 120

San Jose, Ca. 95126

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- Resolving Tension
- Hard Times
- Checking Your Values

Schedule: Flexible Monday-Saturday, days and evenings

Location: San Jose and Morgan Hill

Language: Spanish and English

Cost: Sliding scale

Availability to begin service: Services can usually begin within 10 days of enrollment.

Required to enroll:

Provide the most current court order and the order for service if any.

Attorney information if applicable.

Complete and return all forms.

Provide retainer if applicable.

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