

Color or Particle	Material or Area of the Body Being Detoxified
Black	Detoxifying from liver
Black Flecks	Heavy metals
Brown	Detoxifying from liver, cellular debris, tobacco
Dark Green	Detoxifying from gallbladder
Orange	Detoxifying from joints
Red Flecks	Blood clot material
White Cheese-Like Particles	Most likely yeast
White Foam	Detoxifying from Lymphatic system
Yellow-Green	Detoxifying from kidneys, bladder, urinary tract, female/prostate area