

## Adventure Access consent form

## Medical and consent form

Please print and fill out all details and bring with you on the day.

Families can use one form for all participants, unless anyone has relevant medical conditions in which case they must be on a separate form.

Name	
Age	
Home address	
Postcode	
Telephone number	
Email address	
By providing your email address, you consent to being added to Adventure Access' mailing list future courses and events. If you not like to receive such e-mails, please tick the box to the right.	
Emergency contact name	
Emergency contact number	
Rate your water confidence	
(1 not very confident – 10 very confident)	
Do you consent to your photograph being used	
for promotions and social media?	
Do you have any disabilities (YES/NO)	Do you have any medical conditions (YES/NO)
Please provide details	Please provide details

## Terms and conditions

- I have completed the consent form with correct information to the best of my knowledge.
- I or my son/daughter will arrive for the session with appropriate clothing as detailed in the "What to Wear and Bring" document.
- I or my son/daughter will follow the instruction or guidance of the instructors or coaches working for Adventure Access. Failure to do so may result in the cancellation of the activity to avoid risking potential harm.
- I or my son/daughter will respect all Adventure Access' and Seaham Harbour Marina's property at all times.
- I or my son/daughter will respect all other users of the facility.
- I understand that the prevailing weather conditions may result in the activity being changed or cancelled due to safety concerns of Adventure Access instructors.
- I understand that photographs of myself / son / daughter may be taken and used for promotions and social media posts provided consent is given above.
- I give permission for myself / son / daughter to receive medical attention from Adventure Access staff
  in the unlikely event of an incident.

You and/or you on behalf of your child are consenting to take part in an adventurous activity. Although Adventure Access will take every means practically possible to ensure your safety whilst on the activity, adventurous activities are inherently dangerous and always carry a risk of injury and damage to, or loss of, personal effects. Whilst Adventure Access and it's instructors will take every precaution to ensure your safety, there may be extenuating or unforeseen circumstances which could result in injury or death. It is important to fill in the consent form with any relevant medical information or other important information so that Adventure Access instructors have all the relevant information before you or your child takes part in the activity.

Over 18 consent			
I hereby agree to abide by the above terms and conditions on partaking in activities offered by Adventure			
Access	·	,	
Print name:	Signed:	Date:	
<u></u>	<u>5.564</u> .	<u>- 440</u> .	
Under 18 consent			
I hereby give permission for my son / daughter (name) to participate in activities under the			
guidance of instructors approved by Adventure Access and I as a parent / carer will ensure my child will abide			
by the above terms and conditions.			
Consenting	<u>Signed</u> :	<u>Date</u> :	
parent / carer name:			

The data collected in this form and through the online booking form will only be used by Adventure Access to aid in the safe running of activities. None of your personal data will be passed on to third parties. You can withdraw consent at any time and request that we destroy / delete your data held on record. This can be done by notifying Adventure Access management via e-mail or written letter, although this will mean you are not able to participate in activities.

If at any time you would like to be excluded from an Adventure Access mailing list for future courses and events, please request this by e-mailing <a href="mailto:bookings@adventureaccess.co.uk">bookings@adventureaccess.co.uk</a>