

Drug Free Adams County

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Drug Free

Adams County
Rays of Hope for a Better Tomorrow

Alcohol Awareness Month

April is Alcohol Awareness Month, a national observance that raises awareness about the dangers of alcohol use disorders and underage drinking. This year's efforts are being directed towards youth, who can be easily influenced by the lure of alcohol and drugs.



Research has shown that youth who have conversations with their parents about the dangers of alcohol and other drug use are **50% less likely to use these substances** than those who don't have such conversations. Parents also have more influence on a child's values and decisions *before* he or she begins to use alcohol. But how to bring it up?

Conversation Starters

1. CONNECT: "Let's eat dinner together tonight." "Did something happen at school today?"
2. EDUCATE: "Alcohol is especially dangerous for young people, and here's why..."
3. BE A ROLE MODEL: "No thanks. I'll drink water with my dinner because I'm driving."
4. ENCOURAGE: "I see you put a lot of effort into this." "Thanks for putting away the groceries!"
5. MONITOR: "What are your plans for Saturday night? Who will you be with?"
6. ENFORCE: "By missing curfew, you lost car privileges."

Indiana Lifeline Law

Call 911. Get Help. Save a Life. Indiana's Lifeline Law provides that a person is immune from arrest or prosecution for certain alcohol offenses if the arrest or prosecution is due to the person: (1) reporting a medical emergency; (2) being the victim of a sex offense; or (3) witnessing and reporting what the person believes to be a crime.

The Lifeline Law makes it clear to young adults throughout Indiana that the priority is to get professional medical care to those who need it, no matter the circumstances.

At a time in their lives when youth are being molded, the use of substances can change their lives forever. As a parent, every effort to help educate your children about these risks can make a world of difference.

For more information, please visit our website: www.DrugFreeAdamsCounty.org