

## Cornerstone Snack Menu

September - December

| Week   |    | Monday                                   | Tuesday                                 | Wednesday                            | Thursday                             | Friday                                  |
|--|----|--|---|--------------------------------------|--------------------------------------|---|
| Sept. 2<br>Sept. 30<br>Oct. 28<br>Nov. 25<br>Dec. 16 | AM | Cheerios<br>Juice                        | Graham Crackers<br>Mixed Fruit<br>Water | Raisin Bagel<br>Butter<br>Juice      | Vanilla Wafers<br>Oranges<br>Milk    | Animal Crackers<br>Applesauce<br>Water  |
|  | PM | Pretzels<br>Broccoli<br>Water            | Granola Bar<br>Apple<br>Water           | Saltines<br>American Cheese<br>Water | Wheat Thins<br>Carrots<br>Water      | Goldfish<br>Juice                       |
| Sept. 9<br>Oct. 7<br>Nov. 4<br>Dec. 23               | AM | Nutrigrain Bar<br>Mand. Oranges<br>Water | Blueberry Muffin<br>Milk                | Rice Crispies<br>Milk                | Plain Bagel<br>Cream Cheese<br>Milk  | Apples<br>American Cheese<br>Water      |
|  | PM | String Cheese<br>Ritz<br>Water           | Peaches<br>Wheat Thins<br>Water         | Tortilla<br>American Cheese          | Trail Mix<br>Raisins<br>Water        | Carrot Sticks<br>Saltines<br>Water      |
| Sept. 16<br>Oct. 14<br>Nov. 11<br>Dec. 2<br>Dec. 30  | AM | Animal Crackers<br>Peaches<br>Water      | English Muffin<br>Juice                 | Cheerios<br>Oranges<br>Water         | Vanilla Yogurt<br>Pears<br>Water     | Nutrigrain Bar<br>Milk                  |
|  | PM | Pretzels<br>Celery<br>Water              | Carrots<br>Wheat Thins<br>Water         | Pineapple<br>Ritz Crackers<br>Water  | Saltines<br>American Cheese<br>Water | Vanilla Wafers<br>Mixed Fruit<br>Water  |
| Sept. 23<br>Oct. 21<br>Nov. 18<br>Dec. 9<br>Jan. 6   | AM | Rice Crispies<br>Juice                   | Plain Bagel<br>Cream Cheese<br>Milk     | Rice Cakes<br>Raisins<br>Water       | Animal Crackers<br>Pears<br>Water    | Strawberry Yogurt<br>Banana<br>Water    |
|  | PM | Cucumbers<br>Wheat Thins<br>Water        | String Cheese<br>Pretzels<br>Water      | Vanilla Wafers<br>Peaches<br>Water   | Tortilla<br>American Cheese<br>Water | Graham Crackers<br>Apple Sauce<br>Water |