September 2016 Lunch Menu

Μ	т	W	т	F
			1 Quesadilla/ Mexican Rice Fresh Fruit/ Milk	2
5	6 Turkey Wrap/ Salad Fresh Fruit Milk	7	8 Grilled Cheese/ Hummus Fresh Fruit Milk	9
12	13 Spaghetti with Meat Sauce Garlic Bread Fruit/Water	14	15 Cheese Pizza Steamed Veggies Fruit/Water	16
19	20 Turkey Meatballs White Rice Fruit/Milk	21	22 Chicken Teriyaki Bowl Steamed Broccoli Fruit/Milk	23
26	27 Meat Lasagna Steamed Carrots Fruit/Milk	28	29 Turkey Hot dog French fries Fruit/Milk	30

Please tear off the bottom portion and return with your check (payable to All About Kids School) to the office no later than the evening before. Please mark the days that you would want lunch. (Daily Lunch is \$5.00)

