

TRUVA chargrill



SMALL PLATES / MEZZE IDEAL FOR SHARING

ZEYTIN Marinated mixed olives	3.00 VVG	SHEPHERDS SALAD finely chopped tomatoes, cucumber, green pepper, onion & flat leaf parsley in lemon dressing	4.95 VVG
CACIK (tzatziki) yogurt with cucumber, garlic & mint	4.00 V	GRILLED HALLOUMI served on rocket salad drizzled with pomegranate molasses	6.95 V
EZME SALSA Finely chopped tomatoes, onions, parsley & hot 'pul biber' chilli flakes	4.00 VVG	SIGARA BOREK deep fried filo pastry filled with feta cheese, spinach & herbs	6.95 V
TRUVA HUMMUS crushed chickpeas, tahini & garlic	4.00 VVG	KALAMARI herb marinated calamari deep fried, with thousand island dressing & lemon	5.95
BABA GHANOUSH chargrilled aubergine dip with chilli, lemon & garlic	4.25 VVG	FRIED LAMB LIVER Peppered lambs liver fried together with red onion & flat bread	5.95
SARMA vine leaves stuffed with rice & herbs served on bed of salad, drizzled with pomegranate molasses	4.00 VVG	FALAFEL deep fried chickpea & fava bean balls drizzled with a tahini dressing, served on bed of hummus	5.95 VVG
RED PEPPER HUMMUS crushed chickpea with tahini, pureed red pepper & mild chilli	4.00 VVG	SPICY POTATO (batata harra) cubes of golden fried potato, seasoned with coriander, garlic and lemon	4.00 VVG
GREEK FETA SALAD Mixed salad leaves, tomato, cucumber onion, feta & olives	5.95 V	WHITE BAIT Fried white bait served with lemon mayonnaise	5.95
COUS COUS SALAD cous cous with tomatoes, finely chopped parsley, mint & onion	4.95 VVG		
GARLIC & CORIANDER FLATBREAD	2.50 VVG		

BIG PLATES

MEAT BALLS lightly spiced chargrilled beef & lamb meatballs 'kofte' served in our house tomato sauce	9.95
CHICKEN SISH KEBAB Marinated chicken, skewered & cooked over our chargrill, served on flatbread with choice of dip	8.95
TRUVA KEBAB spicy minced beef and lamb skewered kebab, chargrilled, served on flatbread with choice of dip	10.95
LAMB MOUSAKKA Oven baked minced lamb, seasonal Mediterranean vegetables in our house tomato sauce	10.95
*Add cheese topping £1 extra	
LAMB CHOPS PRIZOLLA marinated lamb chops, chargrilled & served on a bed of couc-cous with baba ghanoush	10.95
BEEF GUVREC slow cooked beef and vegetable stew in earthenware pot with slice of flat bread (to soak up the juice!)	9.95
LAMB SISH KEBAB marinated lamb cubes, skewered and chargrilled, served on flat bread with choice of dip	12.95
MEDITERRANEAN SEA BASS green pesto & bread crumb coat, pan fried served on bed of herbal cous cous	11.95
KING PRAWNS & SUCUK Garlic Turkish sausage & prawns fried in chilli oil, served with flat leaf parsley & flatbread	10.95
VEGETABLE MOUSAKKA lightly spiced seasonal Mediterranean veg oven baked in our house herbal tomato sauce	8.95 VVG
*Add cheese topping £1 extra	
IMAN BAYILDI Oven baked aubergine stuffed with seasonal veg & herbs, served with flat bread	7.95 VVG
TRUVA MIXED MEAT SHARING PLATTER	39.00
Truva Kebab, chicken sish, Lamb sish & Kofte Meat Balls served on flatbread & choice of 2 dips & 2 sides	

PIZZA

PIDE is an oval or "boat" shaped Turkish pizza. Like it spicy? Then add hot chili flakes 50p extra	
CHEESE PIDE (plain pizza) traditional cheese pide	8.00 VG
MEDITERRANEAN VEG Sun dried tomatoes, aubergine, onions, mushroom, olives & thyme	8.00 VVG
SPINACH & FETA Spinach & feta pizza topped with tomato, dill & rocket	8.00 VG
SUCUK (Turkish pepperoni) Garlic Sausage with tomato & cheese	8.00
SPICED LAMB Lamb mince, mozzarella, drizzled harissa, green olives & pepper with tzatziki dip	9.00
LAMACHUN A very thin flat round spicy meaty pizza, served with rocket salad & lemon wedge.	4.95

SIDES

CHIPS	3.00 VVG	GARLIC & HERB FLATBREAD	2.50 VVG
SWEET POTATO FRIES	4.00 VVG	TOASTED TORTILLA BREAD	2.00 VVG
RICE	3.00 VVG	4OZ DIPS: Garlic Mayo, Baba Gahnoush, Ezme, Hummus, Cacik	2.00 VVG
BULGUR RICE	3.00 VVG	SAUCES: Spicy Tomato sauce, Pepper Sauce, Mushroom Sauce	2.00 VVG

FOOD ALLERGY NOTICE

Be advised that food prepared in our kitchen may contain or be prepared near other foods containing allergens including: wheat, soybeans, milk, eggs, nuts, shellfish, fish. Please check with your server before ordering

V = Vegan **VG = Vegetarian**