



Cardio Tennis

Universal Tennis is offering cardio tennis in partnership with the High River Tennis Club. Cardio tennis is a program with emphasis on drills and cardiovascular exercise and is available to all players of all skill levels.

Name: _____

Gender: _____ E-mail: _____

Address: _____

Phone #'s (home, cell): _____

Note: Most of our contact with participants will be via e-mail, so providing your e-mail address is important. Any information that you provide to us will be used for program registration purposes only and will be kept completely confidential.

Release of liability and waiver agreement

I understand that participation in all HRTC and/or Universal Tennis programs may include the risk of injury, which may range in severity. With full understanding of the risk involved, I hereby agree to hold harmless and forever discharge HRTC and Universal Tennis, their staff including all officers, coordinators, instructors, directors, officials, agents, employees, volunteers, representatives and other participants and their family members from all claims, demands, rights and causes of action of whatever kind of nature, arising from and by any reason of any and all known and unknown, foreseen and unforeseen, bodily and personal injuries, damage to property and the consequences thereof, resulting from my participation. I have read this liability release and fully understand its terms and sign it freely and voluntarily without inducement.

Signature: _____

Date: _____

Name: _____

(please print)