



Jr. Raider Cheer Demerit System

Objectives of Demerit System:

- To set expectations
- To teach one's responsibility to a group
- To help individuals understand consequences of their actions
- To help create a unified group

Accumulation of Demerits:

If 10 demerits are accumulated by a cheerleader, she will be dismissed from the squad. If a cheerleader is dismissed from the squad, the cheerleader may not try out the following school year for Junior Raider Cheerleading. Demerits may be issued for situations not specified on this list. Cheerleaders may be dismissed from the squad for situations that warrant dismissal at the discretion of the Coaches and Board Members. Please note that during the course of the season, the demerit system applies while in or out of uniform. Cheerleaders receive demerits during the cheer season only: from first practice through the end of season banquet. Please note, absences from games should be reported to Team Managers and Stingrays. Absences from practices should be reported to Stingrays.

*****Extreme violation of rules will result in an automatic dismissal.***

****** Any cheerleader that is dismissed from a squad will not be provided with reimbursement of fees.***

Reasons for Demerits:

Below Violations = 1 Demerit

- Gum/candy at practice or games
- Jewelry at practice or game
- Disrupting practices or games (unnecessary talking, playing or moving out of your spot)
- Talking during stunting, causing potential danger
- Failure to learn performances or cheers
- Arriving late, leaving early from practice or games (unexcused)*
- Not being dressed or prepared appropriately for practices or games (benched until appropriate attire is present)
- Not having their hair up in an appropriate high ponytail with a bow.

Other: _____

(These violations will also result in being benched for 1 quarter of the game)Below

Violations = 2 Demerits

- Insubordination or bad attitude towards coaches, team parents, Board Members or teachers
- Disrespectfulness towards others including your peers
- Unexcused absence at practice or games (with prior notice to Team Managers/Stingrays)*
- Unsportsmanlike conduct
- Stunting without a coach present or without permission
- Undue socializing during games
- Inappropriate conduct at school-related activities
- Other: _____

(These violations will also result in being benched for ½ of the game or half-time)

Below Violations = 5 Demerits

- Absence from a practice or game without notification (no notification to Team Manager/Stingrays)*

Other: _____

(These violations will also result in being benched for 1 game)

Below Violations = 5-10 Demerits

- Bullying or negative social media
- Disciplinary issues at school

Other: _____

(These violations will also result in being benched until review)

***Excused absences include:** Family emergency, religious holiday, mandatory school event (i.e. chorus, band, etc), school holiday, or illness.

Anything that does not fall into the categories above, including other sports, parties, vacation, etc. is an **unexcused absence**.

***NOTE:** Scheduled absences must be reported to your Team Manager and Stingrays so the team can make game day adjustments.*

Previous # of demerits: _____

Added # of demerits: _____

New total # of demerits: _____