

Release of Liability

TFIT, LLC, dba TYSONSPILATES.com

1. In consideration of being allowed to participate in the pilates and fitness training activities and programs of TFIT, LLC, dba TYSONSPILATES.com and to use it facilities, equipment and services, in addition to the payment of any fee or charge, I do hereby forever waive, release and discharge TFIT, LLC, dba TYSONSPILATES.com and its officers, agents, employees, representatives, executors, members and all others acting on their behalf from any and all claims or liabilities for injuries or damages to my person and/or property, including those caused by the negligent act or omission in any activities, program or services of TFIT, LLC, dba TYSONSPILATES.com or the use of any equipment at their site(s). (PLEASE INITIAL)_____
- 2.
3. I have been informed of, understand and am aware that strength and flexibility exercise, including the use of equipment, is a potentially hazardous activity. I have also been informed of, understand and am aware that fitness and pilates activities involve a risk of injury, including a remote risk of death or serious liability, and that I am voluntarily participating in these activities and using equipment and machinery with full knowledge, understanding and appreciation of the dangers involved. I hereby to expressly assume and accept any and all risks of injury or death (PLEASE INITIAL)_____
- 4.
5. I do hereby further declare my self to be physically sound and suffering from no conditions, impairment, disease, infirmity or other illness that would prevent my participation in these activities or use of equipment or machinery. I acknowledge that I have been given my physicians permission to participate or I have decided to participate in the classes at TFIT, LLC, dba TYSONSPILATES.com without the approval of my physician and do hereby assume all responsibility for my participation in said activities, programs and use of equipment or machinery. (PLEASE INITIAL)_____
6. I understand that TFIT, LLC, dba TYSONSPILATES.com providing and maintaining a pilates/fitness program for me does not constitute an acknowledgement, representation or indication of my physiological well-being or a medical opinion relating thereto. (PLEASE INITIAL)_____

I understand that TFIT, LLC dba TYSONSPILATES.com has a 24 hour cancellation policy and that any class that is cancelled within that period or any registered class that I do not show up for will be charged to my package.

Date:_____

Printed Name:_____

Signature:_____

Signature of Parent or Guardian if participant is under the age of 18
