

## **IMPORTANT!!!!**

Please be aware that some medications may prevent us from performing valid skin tests. If you are taking one of these medications, please ask the health care professional who prescribed it whether or not it is appropriate to stop such medication before coming to our office.

### **DRUGS THAT BLOCK ALLERGY SKIN TESTS**

(in parentheses is the typical time required off the drug before valid tests can be performed)

#### **Antihistamines** – 5 days(10 if possible)

Examples include Allegra, fexofenadine, Clarinex, Claritin, any form of loratidine or cetirizine, Zyrtec, Xyzal, Atarax, hydroxyzine, and cold medicines that contain antihistamines. An exception is Benadryl(2 days may be adequate).

#### **Tricyclic antidepressants**(10 days, occasionally longer)

1. amitriptyline(Elavil, Endep, Emitrip, Enovil)
2. amoxapine(Asendin)
3. desipramine(Norpramin, Pertofrane)
4. doxepin(Adapin, Sinequan)
5. imipramine(Tofranil)
6. nortriptyline(Pamelor)
7. protryptiline(Vivactil)
8. trimipramine(Surmontil)
9. clomipramine(Anafranil)

#### **Tetracyclic antidepressants**(10 days, occasionally longer)

1. maprotiline(Ludiomil)
2. mirtazapine(Remeron)

#### **Phenothiazines**(7 days)

1. chlorpromazine(Thorazine, Largactil)
2. fluphenazine(Thorazine, Prolixin)
3. perphenazine(Trilafon)
4. prochlorperazine(Compazine)
5. thioridazine(Mellaril)
6. trifluoperazine(Stelazine)

#### **Other**

1. risperidone(Risperdal) – 7 days
2. clonidine – 7 days
3. meclizine – 4 days

**No effect** - nifedipine , montelukast(Singulair), cimetidine, ranitidine