



March 2021

1423 S Hastings Way
Eau Claire, WI
In Studio & Virtual
Purefitness4you.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
In Studio, Live Streaming and On Demand	1 PiYo 9am Kettles 5:30pm	2 Band HIIT 5:45am Iron Flow 9am Step Strength 5:30pm	3 PiYo 9am Strength Beyond Yoga 5:30pm	4 FIT Reboot 9am HIP HOP STEP 4:50pm POUND Express 5:30pm	5 HIIT 5:45am	6 PiYo Express 8am Kettles 8:35am
7 Yoga Fusion Flow 8am	8 PiYo 9am Kettles 5:30pm	9 FIT Reboot 5:45am Iron Flow 9am Step 5:30pm	10 PiYo 9am Fit ReBoot 5:30pm	11 Kettles 9am Pound Express 4:50pm Hip Hop Step 5:30pm	12 Step Express 5:45am	13 PiYo Express 8am Sculpt 8:35am
14 Yoga Fusion Flow 8am	15 PiYo 9am Kettles 5:30pm	16 Strength 4 You 5:45am Iron Flow 9am Step Strength 5:30pm	17 PiYo 9am Strength Beyond Yoga 5:30pm	18 Sculpt 9am Hip Hop Step 4:50pm Pound Express 5:30pm	19 Kettles 5:45am	20 PiYo Express 8am Band HIIT 8:35am
21 Yoga Fusion Flow 8am	22 PiYo 9am Kettles 5:30pm	23 Sculpt 5:45am Iron Flow 9am Step 5:30pm	24 PiYo 9am Fit ReBoot 5:30pm	25 FIT ReBoot 9am Pound Express 4:50pm Hip Hop Step 5:30pm	26 Iron Flow 5:45am	27
28 NO IN STUDIO OR	29 LIVE STREAMED	30 CLASSES 3/27 -3/31.	31 Recorded classes will be posted on streaming page or access the On Demand Portal. Thanks	Classes will be return to normal April 1st	***Shoes are recommended for all Step Classes.	

