

Trauma Nursing Process

PREPARATION and TRIAGE	
<div> <div> Activate the Trauma Team Prepare the trauma Room PPE </div> <div> On Arrival: Assess for uncontrolled Hemorrhage: Consider Reprioritizing to <C> ABC </div> </div>	
PRIMARY ASSESSMENT	
A	AIRWAY / ALERTNESS (AVPU) / C-SPINE : Must assess 4: Vocalization , Tongue obstruction, Loose teeth, Foreign objects, Vomit / Secretions, Edema, Posture, Drooling, Dysphagia, Abnormal sounds
INTERVENE and REASSESS: Suction, NPA/OPA, BVM, Definitive Airway?	
B	Breathing: Must Assess 4: Spontaneous respirations, rate and depth, Symmetrical chest rise, quality of respirations, color, Bony deformities, Work of Breathing, JVD VENTILATION: Breathing is present, is Ventilation adequate?
INTERVENE and REASSESS: O2 or BVM - ETT: Confirm tube, secure, and mechanically ventilate	
C	Circulation: Must assess all 3: Central pulse, Skin: color, Temp., Condition, Uncontrolled bleeding IV ACCESS: Inspect pre-hospital IV's, Start IV's PRN and state rate of infusing fluid
D	Disability: GCS, Pupils. If needed, anticipate Cat Scan
E	Expose & Environmental Control: Warm fluids, ambient temp, warm blankets, etc
RESUSCITATION ADJUNCTS	
F	Full set of VS, Family presence
G	Get Resuscitative Adjuncts: L: Labs: Blood Typing, H&H, ABGs M: Cardiac monitoring: Adjust for Pediatric settings N: Naso vs Orogastric Tube: O: Pulse Oximetry and Capnography: P: PAIN: Pharmacologic and Non Pharmacologic Interventions
SECONDARY ASSESSMENT	
H	History: MIST: (Mechanism of Injury, Injuries sustained, Signs and Sx, Treatment) , Pt/Family Generated, Head to Toe: Inspect AND palpate, Auscultate Lung, Heart, and Bowel Sounds
I	Inspect posterior Surfaces: Log roll, Inspect and palpate, State the need to remove the backboard
REEVALUATION ADJUNCTS	
Identify All Simulated injuries	
Expected Reevaluation Adjuncts: Must list 3 CT, Xray, Labs, Tetanus, Antibiotics, Consults, Psychosocial, Wound Care, etc.....	
What will you Reevaluate? VIPP	
Primary Assessment Vital Signs	Pain Identified Injuries and Effectiveness of interventions
Consider the Need for transport	

DOPE= Displacement, Obstruction, Pneumothorax, Equipment Failure

FOCA= Fluctuations, Output, Color, Airleak