# Trauma Nursing Process

## PREPARATION and TRIAGE
<table>
<thead>
<tr>
<th>Activate the Trauma Team</th>
<th>On Arrival:</th>
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</thead>
<tbody>
<tr>
<td>Prepare the trauma Room</td>
<td>Assess for uncontrolled Hemorrhage:</td>
</tr>
<tr>
<td>PPE</td>
<td>Consider Reprioritizing to &lt;C&gt; ABC</td>
</tr>
</tbody>
</table>

## PRIMARY ASSESSMENT

**A**  
**AIRWAY / ALERTNESS (AVPU) / C-SPINE : Must assess 4:**  
Vocalization, Tongue obstruction, Loose teeth, Foreign objects, Vomit / Secretions, Edema, Posture, Drooling, Dysphagia, Abnormal sounds

**INTERVENE and REASSESS:** Suction, NPA/OPA, BVM, Definitive Airway?

**B**  
**Breathing:**  
Must Assess 4: Spontaneous respirations, rate and depth, Symmetrical chest rise, quality of respirations, color, Bony deformities, Work of Breathing, JVD

**VENTILATION:**  
Breathing is present, is Ventilation adequate?

**INTERVENE and REASSESS:**  
O2 or BVM - ETT: Confirm tube, secure, and mechanically ventilate

**C**  
**Circulation:** Must assess all 3: Central pulse, Skin: color, Temp., Condition, Uncontrolled bleeding

**IV ACCESS:**  
Inspect pre-hospital IV’s, Start IV’s PRN and state rate of infusing fluid

**D**  
**Disability:** GCS, Pupils. If needed, anticipate Cat Scan

**E**  
**Expose & Environmental Control:** Warm fluids, ambient temp, warm blankets, etc

## RESUSCITATION ADJUNCTS

**F**  
Full set of VS, Family presence

**G**  
Get Resuscitative Adjuncts:
- **L:** Labs: Blood Typing, H&H, ABGs
- **M:** Cardiac monitoring: Adjust for Pediatric settings
- **N:** Naso vs Orogastric Tube:
- **O:** Pulse Oximetry and Capnography:
- **P:** Pain: Pharmacologic and Non Pharmacologic Interventions

## SECONDARY ASSESSMENT

**H**  
**History:** MIST: (Mechanism of Injury, Injuries sustained, Signs and Sx, Treatment), Pt/Family Generated

**Head to Toe:**  
Inspect AND palpate, Auscultate Lung, Heart, and Bowel Sounds

**I**  
**Inspect posterior Surfaces:** Log roll, Inspect and palpate, State the need to remove the backboard

## REEVALUATION ADJUNCTS

**Identify All Simulated Injuries**

**Expected Reevaluation Adjuncts: Must list 3**
- CT, Xray, Labs, Tetanus, Antibiotics, Consults, Psychosocial, Wound Care, etc…….

**What will you Reevaluate? VIPP**

<table>
<thead>
<tr>
<th>Primary Assessment</th>
<th>Pain</th>
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<tr>
<td>Vital Signs</td>
<td>Identified Injuries and Effectiveness of interventions</td>
</tr>
</tbody>
</table>

**Consider the Need for transport**

**DOPE =** Displacement, Obstruction, Pneumothorax, Equipment Failure

**FOCA =** Fluctuations, Output, Color, Airleak