

**Nursing Process #1 Quiz #1 Chapters 1-5****Multiple Choice**

*Identify the choice that best completes the statement or answers the question.*

- \_\_\_\_\_ 1. The patient is to be discharged home from a tertiary care center later in the week; therefore, the nurse
- Anticipates and identifies patient needs.
  - Coordinates referral of patients to services provided by other disciplines.
  - Monitors the patient's progress through discharge.
  - Cares for patients after discharge.
- \_\_\_\_\_ 2. The prospective nursing student is trying to decide on which nursing program to attend. She is examining the nursing philosophies of each program. She believes that the essence of nursing is "Caring." Which of the following theories would most likely meet her needs?
- Rogers' theory
  - Benner and Wrubel's theory of nursing
  - Orem's self-care deficit theory
  - Roy's adaptation theory
- \_\_\_\_\_ 3. The student nurse is learning nursing theories but fails to see how they relate to the nursing process. The professional nurse realizes that nursing theory
- Has a minor role in professional nursing.
  - is specific to certain patients only.
  - Can direct how a nurse uses the nursing process.
  - Requires the nursing process to develop knowledge.
- \_\_\_\_\_ 4. Care designed to prevent further progression of a disease is termed
- Tertiary prevention.
  - Secondary prevention.
  - Primary prevention.
  - Health promotion.
- \_\_\_\_\_ 5. Which concept means that the nurse is responsible, professionally and legally, for the type and quality of nursing care provided?
- Patient advocacy
  - Autonomy
  - Patient education
  - Accountability

- \_\_\_\_\_ 6. The nurse is caring for a patient with chronic low back pain. In providing care for this patient, the nurse wonders whether the guidelines utilized for this type of pain are adequate. The nurse wants to determine the best evidence-based practice regarding these guidelines. What is the best database for the nurse to access?
- MEDLINE
  - EMBASE
  - AHRQ
  - PsycINFO
- \_\_\_\_\_ 7. The nursing process is
- A systematic view of a phenomenon specific to inquiry.
  - A systematic process for the delivery of nursing care.
  - The generation of nursing knowledge for use in practice.
  - A method used to inform a system about how it functions.
- \_\_\_\_\_ 8. The nursing instructor is teaching a class on nursing theory. One of the students asks, "Why do we need to know this stuff? It doesn't really affect patients." The instructor's best response would be
- "Theories help explain why nurses do what they do."
  - "You are correct, but we have to learn it anyway."
  - "Exposure to theories will help you later in graduate school."
  - "Theories help keep the focus of nursing narrow."
- \_\_\_\_\_ 9. Nurses working in the Henry Street Settlement in 1893 were among the first nurses to demonstrate autonomy in practice. This was because those nurses
- Were required to use critical thinking skills.
  - Focused solely on healing the very ill.
  - Planned their care around research findings.
  - Had no ability to work in the hospital setting.
- \_\_\_\_\_ 10. The nurse is caring for a patient who has a diagnosis that she is not familiar with. The nurse uses reference materials and does a literature search to better understand the diagnosis. The nurse then utilizes this knowledge, along with the nurse's experience and patient preferences, to develop a plan of care. This is an example of the nurse using \_\_\_\_\_ to provide care for her patient.
- Research-based practice
  - Applied quality improvement
  - Evidence-based practice
  - Nursing informatics
- \_\_\_\_\_ 11. The nurse is feeling overwhelmed by the constant changes that are part of nursing and the health care system in general. Understanding that changes are necessary, the nurse needs to be aware that
- Quality improvement depends on active participation of nurses.
  - The nurse has no control over the changes, but needs to accept them.
  - Belonging to nursing organizations will help bring the right changes.
  - Active participation in nursing organizations will have no effect on change.

- \_\_\_\_\_ 12. Graduates of baccalaureate degree or associate's degree nursing programs are eligible to take which of the following to become registered nurses in the state in which they will practice?
- Continuing education credits
  - Graduate education
  - In-service education programs
  - National Council Licensure Examination
- \_\_\_\_\_ 13. The student nurse is reporting to her group in post-conference about her observational rotation in the intensive care unit. The student states that "it seems so much easier than floor nursing because everything is automated. There are machines that take vital signs and regulate IVs." The instructor's best response is to
- Disagree, stressing the importance of the nurse's judgment.
  - Agree with the student's evaluation of ICU nursing.
  - Disagree, stressing the importance of taking vital signs themselves.
  - Agree that IV pumps have made IV therapy totally safe.
- \_\_\_\_\_ 14. Many aspects of nursing theory are based on developmental theories because human growth and development is believed to be
- An orderly process until adulthood.
  - Unpredictable during childhood.
  - An orderly predictive process.
  - Erratic and difficult to predict.
- \_\_\_\_\_ 15. A system is made up of separate components. A closed system
- Interacts with the environment.
  - Does not interact with the environment.
  - Is exemplified by the nursing process.
  - Is exemplified by the human organism.
- \_\_\_\_\_ 16. The nurse researcher is evaluating whether holding pressure at an injection site after injecting the anticoagulant enoxaparin (Lovenox) will reduce bruising at the injection site. This study involves a prescriptive theory because it
- Tests a specific nursing intervention.
  - Reflects a wide variety of nursing care situations.
  - Is broad in scope and complex.
  - Explains why bruising occurs.
- \_\_\_\_\_ 17. In reviewing literature for an evidence-based practice study, the nurse realizes that the most reliable level of evidence is the
- Systematic review and meta-analysis.
  - Randomized control trial (RCT).
  - Control trial without randomization.
  - Case control study.

- \_\_\_\_\_ 18. The quality improvement committee has been alerted to an increased number of falls in the hospital. Most of these falls have occurred at night and have involved patients who were trying to crawl over bedrails. A literature review brought out that most falls occur because patients are trying to go to the bathroom. The committee created a practice change that bedrails should be left in the down position, and hourly nursing rounds should be conducted. What is the committee's next step?
- Evaluate the changes in 1 month.
  - Communicate to staff the results of this inquiry.
  - Wait a month before implementing the changes.
  - Implement the changes as a pilot study.
- \_\_\_\_\_ 19. A specialist in public health nursing requires
- The same level of education as the community health nurse.
  - Preparation at the basic entry level.
  - A graduate level education with a focus in public health science.
  - An advanced degree regardless of public health experience.
- \_\_\_\_\_ 20. The nurse is visiting a patient at home after he was discharged from the hospital following a heart attack. She listens to the patient's concerns about being an invalid for the rest of his life because of his bad heart, but he is afraid of having "open heart" surgery. The nurse explains the different surgical procedures that are available to the patient, as well as other options such as cardiac rehabilitation. After several such visits, the patient states that he believes that cardiac rehabilitation therapy would be best for him, and asks the nurse how he can get in. The nurse calls the patient's physician and sets up a referral for cardiac rehabilitation. This action most closely fits which of the following theories?
- Henderson's theory
  - Nightingale's theory
  - Orem's self-care deficit theory
  - Peplau's theory
- \_\_\_\_\_ 21. A major outcome of managed care is that managed care organizations such as hospitals
- Decrease discharge planning activities.
  - Have increased lengths of stay.
  - Assume financial risk, as well as provide care.
  - Focus more on individual illness.
- \_\_\_\_\_ 22. The community health nurse is administering flu shots to children at a local playground. In doing so, the nurse's focus is on
- Preventing community outbreak of illness.
  - Preventing individual illness.
  - The needs of the individual or family.
  - Preventing outbreak of illness in the family.

- \_\_\_\_\_ 23. The patient is newly diagnosed with diabetes and will be discharged in the next day or so. The nurse is teaching the patient how to draw up and self-administer his insulin. Which nursing theory is the nurse utilizing?
- Watson's philosophy of transpersonal caring
  - Orem's self-care deficit theory
  - Henderson's theory
  - Rogers' theory
- \_\_\_\_\_ 24. The nurse is making rounds and finds her older adult patient sobbing and obviously upset. She states that her doctor told her that she has cancer, and she does not want to die. "What's the sense?" she says. "I might as well die. I'm going to anyway. I guess that shows how useless I really am. Nobody wants an old lady around." The nurse notices that the patient's respirations have increased, and the tip of her nose and ear lobes are becoming cyanotic. The nurse assesses the patient and finds that the patient's pulse rate is over 150 beats per minute. According to Maslow's hierarchy of needs, the nurse should first
- Place the patient on oxygen and try to calm her.
  - Reassure the patient that she has value as a human being.
  - Call the patient's family to help her realize that she is wanted.
  - Call the physician to request a psychiatric consult.
- \_\_\_\_\_ 25. The hospital's quality improvement committee has identified a problem on one of the units. In using the PDSA method to help determine ways to deal with the issue, the committee decides to do a literature review. This is an example of quality improvement
- With delay in the action needed.
  - With inability to make the right decision.
  - Combined with evidence-based practice.
  - With no designated method for dealing with issues.
- \_\_\_\_\_ 26. The patient is admitted to the ICU to rule out a myocardial infarction (MI). During the admission process, the patient is noted to have a history of methicillin-resistant *Staphylococcus aureus* (MRSA) and is placed in isolation until cultures can be obtained and the patient declared noninfectious. During the isolation process, the nurse encourages family visits, realizing that which level of Maslow's hierarchy of needs is at risk?
- Fifth level
  - First level
  - Fourth level
  - Second level
  - Third level
- \_\_\_\_\_ 27. Qualitative nursing research is valuable in that it
- Uses randomization in structure.
  - Studies phenomena that are difficult to quantify.
  - Excludes all bias.
  - Determines associations between variables and conditions.

- \_\_\_\_\_ 28. The community-based nurse is caring for a patient who is home bound by arthritis and chronic lung problems. The patient, however, receives many visitors from the neighborhood and from former coworkers, as well as frequent phone calls from extended family. When concerned about how the large number of visitors may be fatiguing the patient, the nurse should
- Create visiting hours when the patient may see non-family members.
  - Voice concerns to the patient and proceed according to the patient's wishes.
  - Restrict the number of visitors for the patient's welfare.
  - Allow visitors to come and go freely as they have been.

**Multiple Response**

*Identify one or more choices that best complete the statement or answer the question.*

- \_\_\_\_\_ 1. The nurse is evaluating the Falls Program instituted on the medical unit to decrease the number of falls. The number of falls has decreased in the last month. The nurse realizes that *(Select all that apply.)*
- The program evaluation is a nursing-sensitive outcome that can enhance safety.
  - Policies for the program need to be developed or evaluated further.
  - The program has been successful and can be terminated.
  - The program results need to be reported to the QI Committee only.
- \_\_\_\_\_ 2. Community-based nursing centers function as the first level of contact between members of a community and the health care delivery system. Ideally, health care services *(Select all that apply.)*
- Reduce the cost of health care for the patient.
  - Are provided where patients live.
  - Provide direct access to nurses.
  - Exclude interference from family or friends.