



# Highland Tartan

VOLUME 46, NUMBER 4

WINTER 2017

## HAPPY HOLIDAYS

### PRESIDENT'S MESSAGE



I'm happy to say the website is now live. The package purchased by the club from GoDaddy allows us eight pages. Our old site had quite a few more pages than we could fit into our new site. Many of the pages once on our [sfbaywestieclub.com](http://sfbaywestieclub.com) site can now be reached through links. As an example, the newsletter and by-laws can be reached by links on the pages of the same name. We began working with the designers sending the documents that would appear on the pages of the website and then the project was off to the builders. There were a few refinements that slowed the project down for a bit. Apparently photo format is an important consideration for one. Lisa will manage the website until we

feel it is stable and then it will be turned over to a club webmaster. Please visit the site and if you have comments or suggestions, we'd love to hear about them. And, I want to again thank Sandy Gilmer for her design and build of the club's first website. And, many thanks to Lisa and Kim for serving on the present Website Committee

Our specialty show has come and gone and if you missed it you really did miss something special. We had majors in dogs and bitches. We had five exhibitors from southern California entered and a barn hunt exhibitor who is also a Westie breeder ringside as a spectator. The dinner crowd was small but lively. We had a good time. I hope you'll join us next year. Thank you Walt Berger and Ron Kangas for the photos used in the Tartan.

In my message in the fall issue I overlooked some very important people that should have been thanked for their contributions to the club. I don't know how I managed to overlook Rick and Debbie Sklarin. Rick and Debbie stored the club trailer for at least 15 years. They also while it was stored on their property organized and reorganized it at least twice and inventoried all the contents. I want to thank them for their generosity.



The Board of Directors has approved the 2017 nominating committee. The chairperson is Linda Gilcrest and also serving on the committee is David Snook and Kim Smith. Linda will present her committee report at the holiday luncheon meeting. Further nominations may be made in writing to the secretary or in person at the December holiday luncheon meeting. Rules for nominating will appear in the meeting notice sent by the secretary.

I hope to see many more of you at our meetings and events next year. We will continue to have programs at our meetings. If you haven't already heard, AKC is offering a program called Trick Dog. It's an event in which any pure bred or mixed breed dog can compete that has an AKC, PAL or AKC canine partner's number. To earn a Trick Dog title dogs perform 5 or 10 tricks (depending on its registration number) from a list of required performances. There is a friend of the club now participating in trick performance. We're hoping she'll give us a demonstration at one of our upcoming meetings. I've been told rally is another performance activity sanctioned by AKC that is similar to obedience competition but a bit more relaxed. We have a member who hopefully will give us a demonstration next year.

I hope all of you have a very Happy Thanksgiving in just a few weeks and have a very Merry Holiday season this December. See you at the December luncheon. And, please – send me photos of your Westies to use on our website and in our newsletter.



Pixie – Happy Holidays

#### **2017 OFFICERS AND BOARD OF DIRECTORS**

***PRESIDENT – GAIL KRIEGER***

***NANCY BERGER – BOARD MEMBER***

***VICE PRESIDENT – BRUCE CAMPBELL***

***SHERRY BYRD – BOARD MEMBER***

***TREASURER – JIM GILCREST***

***KIM SMITH – BOARD MEMBER***

***SECRETARY – LISA BLUTMAN***



## 2017 COMMITTEES

**AWARDS – DAVID SNOOK**

**BY-LAWS – LISA BLUTMAN, JIM GILCREST, GAIL KRIGER**

**FUNDRAISING – KIM SMITH, LISA BLUTMAN, HELAINE CAMPBELL, GAIL KRIEGER**

**HOLIDAY LUNCHEON – MARIE THOMPSON**

**EDUCATION AND PROGRAM – DAVID SNOOK, NANCY BERGER**

**MEMBERSHIP – GAIL KRIEGER**

**OBEDIENCE, RALLY AND PERFORMANCE – NANCY BERGER**

**SPECIALTY SHOW AND SWEEPSTAKES – LISA BLUTMAN**

**STANDING MATCH AND SHOW – GAIL KRIGER, LISA BLUTMAN, SHERRY BYRD, KIM SMITH**

**SUNSHINE – NANCY BERGER**

**WEBMASTER – OPEN**

**WESTIE FOUNDATION OF AMERICA LIAISON – GAIL KRIEGER**

**WEST HIGHLAND WHITE TERRIER CLUB OF AMERICA LIAISON – LISA BLUTMAN**

**Please consider volunteering your time by serving on one of the Club's committees. Volunteering is a great way to meet new people and to help shape the future of our organization. If you are interested, please contact Gail Krieger.**

## ACTIVITY SCHEDULE

### **2017 CALENDAR**

<b>DATE</b>	<b>EVENT</b>	<b>LOCATION</b>
January 22	Brd Mtg, Genl Mtg, Program	Happiness Country Kennel
March 18	Genl Mtg, Program	Orinda Comm Ctr, Orinda
April 14	Annual Spring Specialty, Sweeps	Cal Expo, Sacramento
July 1	Brd Mtg, Genl Mtg, Program	TBA
Oct 21	Annual Fall Specialty, Sweeps	Alameda Co Fairgrd, Pleasanton
Dec 2	Holiday Luncheon, Genl Mtg	Brass Door, San Ramon



Visit us online at <http://www.sfbaywestieclub.com> for the latest news and updates!

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The HIGHLAND TARTAN is published at least four times per year in March, June, September and December. We encourage any Club Member to submit articles or information which they feel would be of interest to the Club. Please send material of interest to the Editor by the first day of the month of publication. All materials are published at the discretion of the Editor. Opinions are those of the writer and not necessarily those of the Editor or the Board of Directors of the San Francisco Bay West Highland White Terrier Club. Send materials for publication to [gailaurie@hotmail.com](mailto:gailaurie@hotmail.com)

When submitting information for an ad, please have it camera ready. Indicate the size (full or half page) and mark the areas to be used for written copy. Copy should be typed to size on white paper. Your

**THE HIGHLAND TARTAN IS THE OFFICIAL NEWSLETTER OF THE SAN FRANCISCO BAY WEST HIGHLAND WHITE TERRIER CLUB**

photos and copy will be returned, if requested.

Advertisement costs for a Full Page: \$20.00; Half Page: \$10.00; Business Card size: \$15.00; for 4 issues.

Whelping Box: List litter announcements in the Tartan: Number of dog and bitch puppies, sire, dam, whelp date and owners. \$5/ issue, members only.

Please make **check Payable to SFBWHWTC**  
Payment must accompany advertisement. Send payment to: Jim Gilcrest, Treasurer  
1440 Hidden Valley Road,  
Soquel, CA 95703



Milton in halloween disguise?





## **In Memoriam**

### **Ch Whitestars Sand Pebble O'Paddyhill**

Darling Pebbles was another one of those crazy little white dogs who only knew how to love. She came into my life at 12 weeks of age and the first thing she did was demonstrate that she had never been on a leash by running across the show grounds with a bunch of people chasing after her. She was a lovely show dog and even better mother with her last litter of 4 producing 3 Champions. She outlived her son, CH Litman's Captain Kydd, and her house mate Molly Brown. All gone so quickly out of my life. Thank you Mary Bradley and the late Alice Shepard for entrusting me with this special girl.

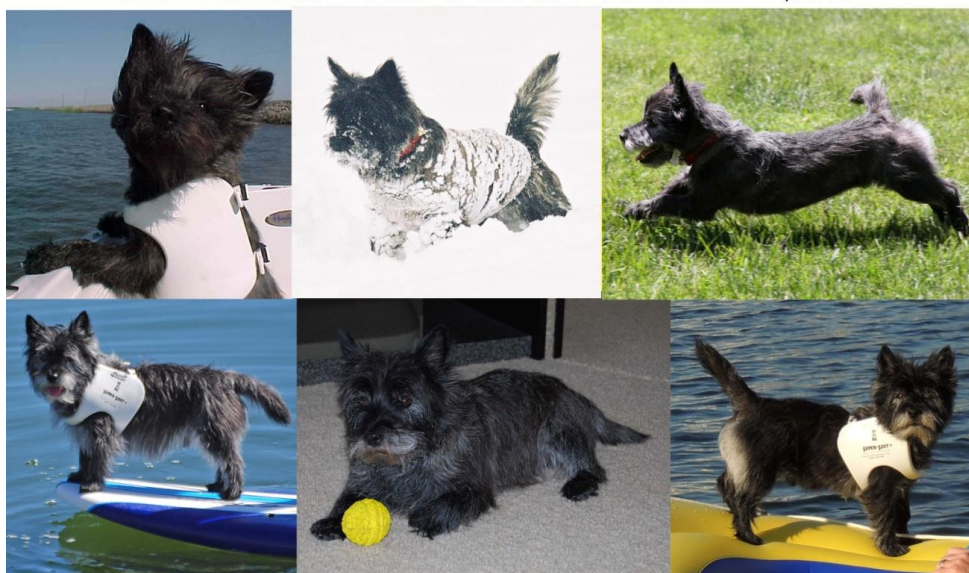
Lisa







BEST VETERAN - CTCNC SPECIALTY - FEBRUARY 17, 2017

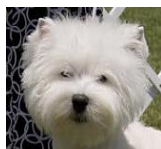


**McDuffy lived life to the fullest!!**

McDuffy will always be an honorary Westie. He attended all the Westie events and was always the best at the lure course.

McDuffy was a full time entertainment center - like living in a 3-ring circus. He was always up for playing ball, running in the yard, going out on the boat or paddleboard, diving into the snow or any other adventure. We've loved him and enjoyed him for 15 years and we'll miss him forever.

Linda and Jim Gilcrest and BonneeBelle



We wish to take this opportunity to honor our wonderful four-footed friends who have crossed the Rainbow Bridge.

For future issues, we ask that you send your memorials to us at:  
gailaurie@hotmail.com

Please send a photo, birth (an estimate is fine if you don't have the exact date) and passing date along with a short note to include in the memorial.



## **SFBWHWTC 2018 CALENDAR -**

### **ALL MEETING LOCATIONS TO BE ANNOUNCED**

January 20 – Annual Meeting and Election of Officers

April 13 – Spring Specialty, NCTA – Cal Expo, Sacramento

June 2, 2018 – Summer Meeting

September 22 – Fall Meeting and Fun Day

October 20 – Fall Specialty, Harvest Moon Circuit, Alameda Co Fairgrounds, Pleasanton

December 1 – Holiday Luncheon and General Meeting.



## Is Coconut Oil Good for My Dog

Jan Reisen, AKC Dog Health Newsletter, August 2017

Coconut oil has become a popular supplement for humans. It's thought to have benefits like boosting the immune system, aiding in weight loss, working as an anti-inflammatory and anti-fungal, and improving cognitive skills in patients with Alzheimer's. Used topically, coconut oil is an effective moisturizer and lip balm. But pet owners are asking: Is coconut oil beneficial to dogs? The answer is a qualified "yes." Some holistic and naturopathic veterinarians believe that coconut oil has qualities that can aid in many types of canine conditions.

### The Science Behind Coconut Oil

Coconut oil comes from the meat of coconuts harvested from the coconut palm. Coconut oil consists of at least 90% saturated fats, most of which are Medium Chain Triglycerides (MCTs). Although we're used to thinking of fats as bad for us, MCTs are "good" fat and can provide several benefits, including being a source of fuel and energy. The components of MCTs include lauric acid, which is antibacterial, anti-fungal and anti-viral; capric acid and caprylic acid, which are known for their anti-fungal effects; and other acids that are polyunsaturated and monounsaturated fatty acids. According to [Dogs Naturally Magazine](#), MCTs are quickly metabolized to provide energy. For a more in-depth explanation of the components of coconut oil, take a look at the presentation from the [Pennington Biomedical Research Center](#) at Louisiana State University.

### What Are the Benefits of Coconut Oil for Dogs?

**Lauric Acid** - We've already mentioned the anti-inflammatory, anti-fungal and anti-bacterial properties of coconut oil. The lauric acid is also supposed to fight off viruses.

**Medium Chain Triglycerides** - Some vets believe that the MCTs in coconut oil aid in digestion and can help heal digestive disorders, as well as improve brain energy and mental function in older dogs.

Reduces coughing and helps eliminate hairballs.

**Topical Benefits** - It's been known to help skin conditions like hot spots, bites, stings, or itchy, dry skin. Shampoos made with organic oils such as coconut oil can improve damaged skin and reduce allergens. Some pet owners have even made a DIY paw balm with coconut oil as one of the ingredients.

Makes dogs' coats glossy and sleek.

Eliminates doggy odor.

Benefits metabolic function, weight loss, arthritis and bone health.

But, and this is a big "but," there is skepticism among scientists and veterinarians about all of these claims. According to Dr. Kathy Boehme at the [Drake Center for Veterinary Care in California](#), while coconut oil has beneficial topical uses, it's not the cure-all some believe it is. Before you make the decision to use it for whatever ails your dog, talk to your vet and take into account that there have been no credible studies proving that coconut oil aids in thyroid dysfunction, weight loss, gum and teeth diseases, or cancer prevention.

Additionally, coconut oil doesn't provide the daily fat requirements your dog needs. The acids in MCTs don't have enough omega-6 and omega-3 acids, and what it does contain isn't processed very efficiently. As for claims that MCTs protect





against bacteria, viruses, and fungi, while the lauric acid in MCTs does kill germs in lab tests, there is no clear evidence that it can be used in great enough quantities to offer dogs much protection.

However, given that so many pet owners are wary of the overuse of pharmaceutical antibiotics and anti-fungals, you and your vet may decide it's worth trying this natural and holistic approach.

#### How Do I Use Coconut Oils for My Dog?

If you plan to give coconut oil to your dog orally, you must start with small amounts and build up the dosage gradually. You should consult with your veterinarian regarding dosage. There can be side effects, such as greasy stools or diarrhea, which usually happens if the dose is too large.

To use coconut oil topically, apply it to the skin about once a week, and let it be absorbed for a few minutes. After five minutes or so, rinse your dog off. If he still feels excessively greasy or oily, you can follow up with a light shampoo and rinse. Alternatively, use a shampoo made with organic coconut oil.

Again, consult your veterinarian. If your dog has a tendency to gain weight, has pancreatitis, or he metabolizes fat inefficiently, you're better off using coconut oil topically or in very small doses.

#### How Do I Choose a Coconut Oil for My Dog?



Choose unrefined coconut oil, also called virgin coconut oil. Better yet, look for cold-pressed oil, which uses a method to process the oil quickly after the coconuts are harvested to preserve nutrients. If you're feeding it to your dog, be aware that different oils have different smells and tastes. Some have a bold coconut taste, while others are bland. Some are buttery and smooth, while others are nutty. You may have to experiment a bit to find one your dog likes.

There's no doubt that we all want to take care of our dogs as safely, effectively, and naturally as possible. Coconut oil may be the next great thing, but it's wise to take into account the healthy skepticism that surrounds it. You and your veterinarian can make the decision whether coconut oil is a beneficial supplement to your dog's life.





Milton and his buddy, Murphy swear by this new mode of transportation

#### FROZEN YOGURT DOG TREATS

4 cups plain low fat yogurt

½ cup organic creamy peanut butter (do not use peanut butter with high sugar content or Artificially sweetened peanut butter; xylitoo is toxic to dogs)

1 ripe banana smashed

Melt peanut butter in microwave for about 30 seconds to soften it.

Place all ingredients in a blender or food processor and process until smooth

Pour mixture into ice cube trays and freeze until firm

Recipe makes about 30 - 40 treats.



SAN FRANCISCO BAY  
WEST HIGHLAND WHITE TERRIER CLUB  
2017 RAFFLE

HAND MADE WOOL QUILT WITH WESTIE SILHOUETTE CAN BE USED AS A WALL HANGING OR AS A THROW. EACH PLAID SQUARE IS AN AUTHENTIC REGISTERED CLAN TARTAN. DRAWING TO BE HELD DECEMBER 2017. FOR TICKETS, CONTACT KIM SMITH - 661 478 7178 OR LISA BLUTMAN - 650 759 0184 OR PURCHASE RAFFLE TICKETS AT THE HOLIDAY LUNCHEON, DECEMBER 2. DRAWING WILL BE HELD SHORTLY AFTER THE MEETING. RAFFLE TICKET DONATIONS ARE \$5.00 EACH OR A \$10 DONATION FOR THREE TICKETS.

DRAWING WILL BE HELD AT THE HOLIDAY LUNCHEON, DECEMBER 2, 2017.



*San Francisco Bay  
West Highland White Terrier Club  
Holiday Luncheon & General Meeting  
December 2, 2017*



*Brass Door Restaurant  
2154 San Ramon Valley Blvd  
San Ramon, Ca 94583*

*No Host Beverages - 11:00 A.M.*

*Lunch Served - 12:00 noon*

*Choice of Entrée (incl dessert, choice of coffee, tea, or soda, tax & gratuity)*

*Prime Rib - \$35*

*Fresh Pacific Salmon - \$30*

*Vegetarian Pasta Primavera - \$26*

*Chicken Piccata - \$28*

*Calamari Dore Amandine - \$28*

*Dessert (from menu if added to meal) - \$5*

*Please respond to Marie Thompson with your reservation, choice of entrée and check payable to SFBWHWTC by November 29. Please send by USPS mail to 2757 Borregas Dr. Aptos, CA 95003.*

*A short general meeting AND the raffle drawing will follow the meal.*

*Please bring a gift for the gift exchange if you care to participate*





**SFBWHWTC FALL SPECIALTY & SWEEPSTAKES RESULTS,**  
**OCTOBER 21, 2017**



**JUDGE LAURA FINCO**

**SWEEPSTAKES 6-9 MO PUPPY DOG**



**25 – Arbroath's Wiz Kid at Malarkey, Anne Marie Rose - owner, John Low, MD & Wm Matthews III, MD – breeders—BEST OF OPPOSITE SEX**



### ***SWEEPSTAKES 6-9 MO PUPPY BITCH***

***8 - Arbroath Pride and Predjudice at Gailaurie, Gail Krieger, John Low, MD, Wm Matthews III, MD - owners, Low & Matthews – breeders – 3rd***

***20 – Arbroath's Abigail Rose of Litman, Lisa Blutman - owner, John Low, MD & Wm Matthews III, MD – breeders – 2nd***

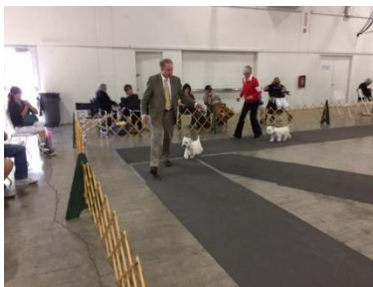
***24 – Arbroath Full of Pride at Gailaurie, Gail Krieger, John Low, MD, Wm Matthews III, MD – owners, Low & Matthews Breeders – 1st***

### ***SWEEPSTAKES 9-12 MO PUPPY BITCH***

***18 – Wyndbrae's Darby, Pamela Whiting, Sherry Byrd, Winnie Noble, owners/breeders – BEST IN SWEEPSTAKES***

### ***SWEEPSTAKES VETERAN 7 YEARS UNDER 10 YEARS***

***29 - GCh Wyndbrae's Maclaren, Pamela G. Whiting DVM, Sherry Byrd, Winnie Noble - owners, Pamela Whiting, breeder – absent***



### ***SWEEPSTAKES VETERAN 10 YEARS AND OLDER***

***10 – Ch. Sudoeste's Til There Was You, Jim & Linda Gilcrest - owners, Nancy Stalnaker, breeder – BEST IN SWEEPSTAKES***

### ***JUDGE KENNETH KAUFMAN***

### ***6-9 MO PUPPY DOGS***

***25 – Arbroath's Wiz Kid at Malarkey, Ann Marie Rose - owner, John Low, MD & Wm Matthews, III, MD, breeders – 1st***

### ***OPEN DOGS***

***11 – Whitestar's Santa Cruz Surfer Dude, Ronald Kangas, Cinthia Kangas & Mary Bradley - owners, Mary Bradley – breeder – 2<sup>nd</sup>, R***

***15 – The Dashing Deveil's Busybody, Kaori Lee – owner, KM Veen-Smit - breeder – W, BW (5 PT)***



**17 – Cunning Hams Ruff N'Ready Teddy, Dianne & Chuck Halper - owners, Lt Col Nevin & Mary Cunningham, breeders – 4th**

**19 – Nina's Life of the Party, E. Gayle & Jerry Schrum & Jeanine Mogstad - owners, Jeanine M & Terje Mogstad, Jr. - breeders – 3rd**

**21 – Happy Jump Zo Zlatej Zahrady, Nadine & Coline – owners, Lucas McNeil, Stefan Varga – breeder**

#### **6-9 MO PUPPY BITCHES**



**8 – Arbroath Pride and Predjudice at Gailaurie, Gail Krieger, John Matthews, MD & Wm Matthews, III, MD – owners, Low & Matthews – breeders – 4th**

**20 – Arbroath's Abigail Rose of Litman, Lisa Blutman – owner, John Low, MD & Wm Matthews III, MD – breeders – 3rd**

**24 – Arbroath Full of Pride at Gailaurie, Gail Krieger, John Low, MD & Wm Matthews III, MD – owners, Low & Matthews – breeders – 2nd, R**

**26 – Karamynd Flower Power, Marianne Jacobs & Kris Debruyne- owners, Jennie Griffiths – breeder – W (4 PT)**

#### **BRED BY EXHIBITOR BITCHES**

**12 – Wenbrook's Thundercloud at Whitestar, Virginia Wenzel & Mary Bradley – owners, Virginia Wenzel, Mary Bradley, Meredith & Bob Masch – breeders – 1st**

**18 – Wyndbrae's Darby, Pamela Whiting, Sherry Byrd & Winnie Noble – owners/breeders – 2nd**

#### **VETERAN DOGS 7 YEARS AND UNDER 10 YEARS**

**29 – GCh Wyndrae's Maclaren, Pamela G. Whiting DVM, Sherry Byrd, Winnie Noble – owners, Pamela G. Whiting, DVM – breeder – absent**



## **VETERAN BITCHES 7 YEARS & UNDER 10 YEARS**

**10 – Ch Sudoeste's Til There Was You , Jim & Linda Gilcrest – owners, Nancy Stalnaker – breeder – 2nd**

**16 – Ch Zircona Belle to Moll from Ashgate CDX, Nancy Berger – owner, Sue Thomson & Sandra Silcocks – breeder- 1st**

## **BEST OF BREED**

**7 – GChArbroath's Pride, John Low, MD & Wm Matthews III, MD – owner breeders – BEST OF BREED, GROUP 1 (5 G PT)**

**9 – GCh Pommery's Diamond in the Ruff, Nancy Berger – owner breeder**



**14 – Ch Whitestar's Making a Splash, Mary Bradley & Virginia Wenzel – owners, Mary Bradley – breeder – SELECT & BOBOH (5 G PT)**

**22 – GCh Margie Munro She's Full of It, Henry Helgerson & Nicholl Flynn – owners, Nicholl Flynn, Henry Helgerson, Sylvia K Meisels – breeders – BOS (5 PT)**

**23 – GCh Armadale's Keep Walking, Marianne Jacobs & Kris Debruyne – owners, Ilse Blankestijn – breeder – SELECT (5PT)**

**27 – Ch Arbroath's Trueheart of Broadway, Joyce Dow & Brad Casseday – owners, John Low, MD & Wm Matthews III, MD – breeders**





The girls in Best of Breed competition– Ch Zircona Belle to Moll from Ashgate CDX (Pommie) with Nancy, Bill with GCh Margie Munro She's Ful of It, owned by pending member Nickie Flynn and Mary Bradley (WHWTCC) with Ch Whitestar's Making a Splash



***Congratulations to our members Ron and Cindy Kangas and to Gail Krieger and co-owners, John Low and Bill Matthews, for their very special wins. Jake was shown to his championship by his friend, Amy, at the Sunday Del Valle Show (also taking a major on Friday). He was also reserve winners dog at the SFBWHWTC specialty show. Flair, shown by her mom, won her first major (3 points) on her 6 month birthday (qualifying to enter the show at exactly 6 months) and she was reserve winners bitch on Saturday at the SFBWHWTC specialty show.***

