

Cascade Invitational

Varsity Boys Anamosa, IA 9/19/2019 Sunny, 78% Humid, SE 5-15mph & 77°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	Monticello	1	2	3	4	6	20	28	= 16	1:28:36	17:43	0:27
2	Maquoketa Valley	5	8	9	10	18	21	49	= 50	1:31:28	18:18	0:49
3	Benton Community	11	19	27	29	32	33	34	= 118	1:35:20	19:04	1:05
4	Cascade	12	15	17	39	40	41	44	= 123	1:35:46	19:09	1:39
5	Iowa City Regina	7	14	16	42	45	46	48	= 124	1:35:41	19:08	2:00
6	Anamosa	13	22	24	25	43	47	55	= 127	1:36:13	19:15	1:41
7	Durant	23	30	31	35	50	57	62	= 169	1:39:04	19:49	1:53
8	East Dubuque - IL	36	37	54	56	65	66		= 248	1:48:36	21:43	4:43
9	Beckman Catholic	38	51	52	53	58	60	61	= 252	1:46:30	21:18	2:38
10	Midland	26	59	63	64	67			= 279	1:55:23	23:05	5:53

Incomplete Teams: Maquoketa, Prince of Peace, Shullsburg - WI

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Jasper Nietert	JR	Monticello	17:29	5:38
2	2	Zach Chapman	JR	Monticello	17:39	5:41
3	3	Cole Cruise	SR	Monticello	17:40	5:41
4		Marcus Blount	FR	Prince of Peace	17:52	5:45
5	4	Carter Kurt	SO	Monticello	17:52	5:45
6	5	Cy Huber	SO	Maquoketa Valley	17:55	5:46
7		Niko Karavergos	JR	Shullsburg - WI	17:56	5:46
8	6	Harrison Ahlrichs	FR	Monticello	17:56	5:46
9	7	Joe Maley	FR	Iowa City Regina	18:12	5:51
10	8	Chance Downs	SR	Maquoketa Valley	18:12	5:52
11	9	Nolan Ries	SO	Maquoketa Valley	18:16	5:53
12	10	Michael Schaul	SO	Maquoketa Valley	18:21	5:54
13	11	Trey Schulte	FR	Benton Community	18:22	5:55
14	12	Cole Miller	SO	Cascade	18:26	5:56
15	13	Ben Moss	SR	Anamosa	18:29	5:57
16	14	Ethan Boileau	SR	Iowa City Regina	18:32	5:58
17	15	Adam Knepper	FR	Cascade	18:33	5:58
18	16	Dan Maley	FR	Iowa City Regina	18:39	6:00
19	17	Carson Nauman	JR	Cascade	18:39	6:00
20	18	Mason Lubben	SR	Maquoketa Valley	18:44	6:02
21	19	Gage Offill	FR	Benton Community	18:44	6:02
22	20	Carter Cruise	SR	Monticello	18:52	6:04
23	21	Derek Mensen	SR	Maquoketa Valley	18:55	6:05
24	22	Will King	SR	Anamosa	19:04	6:08
25	23	Drake Shelangoski	SO	Durant	19:10	6:10
26	24	Kole Haverly	JR	Anamosa	19:15	6:12
27	25	Shea Keister	FR	Anamosa	19:16	6:12
28	26	Trent Rickels	SO	Midland	19:19	6:13
29	27	Drew Lange	SR	Benton Community	19:21	6:14
30	28	Gavin Baugh	JR	Monticello	19:23	6:14
31	29	Nicson Franck	JR	Benton Community	19:26	6:15
32	30	Kayden Johnson	SO	Durant	19:26	6:15
33	31	Nathan Moomey	SO	Durant	19:26	6:15
34	32	Craig Morris	SR	Benton Community	19:27	6:16
35	33	Brady Osborn	SO	Benton Community	19:38	6:19
36	34	Owen Sadler	SO	Benton Community	19:55	6:25
37	35	Xander Fleming	JR	Durant	19:57	6:25
38	36	Matt Foote	SO	East Dubuque - IL	19:58	6:26
39	37	Cross Oberman	JR	East Dubuque - IL	19:58	6:26
40	38	Danil Wall	JR	Beckman Catholic	20:03	6:27
41	39	Max Nadeau	FR	Cascade	20:04	6:27
42	40	Sam Noonan	SR	Cascade	20:05	6:28
43	41	Jonah Manternach	JR	Cascade	20:06	6:28
44	42	Evan Lacina	FR	Iowa City Regina	20:07	6:29
45	43	Giovanny Lopez	FR	Anamosa	20:09	6:29
46	44	Tyler Kaalberg	JR	Cascade	20:11	6:30
47	45	Andrew Miller	SR	Iowa City Regina	20:11	6:30
48	46	Adam Boblenz	SO	Iowa City Regina	20:14	6:31
49	47	Tristan Weers	SO	Anamosa	20:30	6:36
50	48	Nick Kratz	JR	Iowa City Regina	20:33	6:37
51	49	Brock Trenkamp	SO	Maquoketa Valley	20:35	6:37
52	50	Braden Wagner	JR	Durant	21:04	6:47
53	51	Isaac Schlarmann	SR	Beckman Catholic	21:06	6:47
54	52	Nate Schaefer	JR	Beckman Catholic	21:18	6:51
55	53	Jack Gehling	JR	Beckman Catholic	21:22	6:53
56	54	Braydon Yoerger	FR	East Dubuque - IL	21:38	6:58
57	55	Sean Hollett	FR	Anamosa	21:42	6:59
58		Gage Ruden	SR	Prince of Peace	21:43	6:59
59		Garrett Ray	FR	Shullsburg - WI	21:49	7:01
60		Luke Unbehaun	SO	Shullsburg - WI	22:08	7:07
61		Jack Charles	JR	Shullsburg - WI	22:08	7:08
62	56	Braedyn Budde	JR	East Dubuque - IL	22:20	7:11
63	57	Colyn Dean	FR	Durant	22:27	7:14
64		Ivan Martin	SO	Maquoketa	22:30	7:15

Cascade Invitational

Varsity Boys Anamosa, IA 9/19/2019 Sunny, 78% Humid, SE 5-15mph & 77°

Place	Score	Name	Year	School	Time	Pace mpm
65	58	Joe Schneider	FR	Beckman Catholic	22:41	7:18
66	59	Ethan Milder	JR	Midland	22:54	7:22
67	60	Auden Recker	SO	Beckman Catholic	22:57	7:23
68	61	Cassius McGrane	SO	Beckman Catholic	22:58	7:24
69		Kaleb Flenker	SR	Maquoketa	23:21	7:31
70	62	Michael Frisch	SO	Durant	23:35	7:35
71	63	Milo Smith	FR	Midland	23:43	7:38
72	64	Bryce Rushford	SO	Midland	24:15	7:48
73		Gabe Gardner	JR	Maquoketa	24:24	7:51
74	65	Sam Culbertson	JR	East Dubuque - IL	24:41	7:57
75	66	Wil Quinn	FR	East Dubuque - IL	24:49	7:59
76	67	Jon Thomsen	SO	Midland	25:12	8:07

Cascade Invitational

Varsity Boys Anamosa, IA 9/19/2019 Sunny, 78% Humid, SE 5-15mph & 77°

Place	Name	Time	mpm	Place	Name	Time	mpm
1) Monticello				Score = 16			
1	Jasper Nietert, JR	17:29	5:38	9) Beckman Catholic	Score = 252		
2	Zach Chapman, JR	17:39	5:41	38	Danil Wall, JR	20:03	6:27
3	Cole Cruise, SR	17:40	5:41	51	Isaac Schlarmann, SR	21:06	6:47
4	Carter Kurt, SO	17:52	5:45	52	Nate Schaefer, JR	21:18	6:51
6	Harrison Ahlrichs, FR	17:56	5:46	53	Jack Gehling, JR	21:22	6:53
20	Carter Cruise, SR	18:52	6:04	58	Joe Schneider, FR	22:41	7:18
28	Gavin Baugh, JR	19:23	6:14	60	Auden Recker, SO	22:57	7:23
				61	Cassius McGrane, SO	22:58	7:24
2) Maquoketa Valley				Score = 50			
5	Cy Huber, SO	17:55	5:46	10) Midland			
8	Chance Downs, SR	18:12	5:52	26	Trent Rickels, SO	19:19	6:13
9	Nolan Ries, SO	18:16	5:53	59	Ethan Milder, JR	22:54	7:22
10	Michael Schaul, SO	18:21	5:54	63	Milo Smith, FR	23:43	7:38
18	Mason Lubben, SR	18:44	6:02	64	Bryce Rushford, SO	24:15	7:48
21	Derek Mensen, SR	18:55	6:05	67	Jon Thomsen, SO	25:12	8:07
49	Brock Trenkamp, SO	20:35	6:37	Incomplete Teams:			
3) Benton Community				Score = 118			
11	Trey Schulte, FR	18:22	5:55	Maquoketa			
19	Gage Offill, FR	18:44	6:02	64	Ivan Martin, SO	22:30	7:15
27	Drew Lange, SR	19:21	6:14	69	Kaleb Flenker, SR	23:21	7:31
29	Nicson Franck, JR	19:26	6:15	73	Gabe Gardner, JR	24:24	7:51
32	Craig Morris, SR	19:27	6:16	Prince of Peace			
33	Brady Osborn, SO	19:38	6:19	4	Marcus Blount, FR	17:52	5:45
34	Owen Sadler, SO	19:55	6:25	58	Gage Ruden, SR	21:43	6:59
4) Cascade				Score = 123			
12	Cole Miller, SO	18:26	5:56	Shullsburg - WI			
15	Adam Knepper, FR	18:33	5:58	7	Niko Karavergos, JR	17:56	5:46
17	Carson Nauman, JR	18:39	6:00	59	Garrett Ray, FR	21:49	7:01
39	Max Nadeau, FR	20:04	6:27	60	Luke Unbehaun, SO	22:08	7:07
40	Sam Noonan, SR	20:05	6:28	61	Jack Charles, JR	22:08	7:08
41	Jonah Manternach, JR	20:06	6:28				
44	Tyler Kaalberg, JR	20:11	6:30				
5) Iowa City Regina				Score = 124			
7	Joe Maley, FR	18:12	5:51				
14	Ethan Boileau, SR	18:32	5:58				
16	Dan Maley, FR	18:39	6:00				
42	Evan Lacina, FR	20:07	6:29				
45	Andrew Miller, SR	20:11	6:30				
46	Adam Boblenz, SO	20:14	6:31				
48	Nick Kratz, JR	20:33	6:37				
6) Anamosa				Score = 127			
13	Ben Moss, SR	18:29	5:57				
22	Will King, SR	19:04	6:08				
24	Kole Haverly, JR	19:15	6:12				
25	Shea Keister, FR	19:16	6:12				
43	Giovanny Lopez, FR	20:09	6:29				
47	Tristan Weers, SO	20:30	6:36				
55	Sean Hollett, FR	21:42	6:59				
7) Durant				Score = 169			
23	Drake Shelangoski, SO	19:10	6:10				
30	Kayden Johnson, SO	19:26	6:15				
31	Nathan Moomey, SO	19:26	6:15				
35	Xander Fleming, JR	19:57	6:25				
50	Braden Wagner, JR	21:04	6:47				
57	Colyn Dean, FR	22:27	7:14				
62	Michael Frisch, SO	23:35	7:35				
8) East Dubuque - IL				Score = 248			
36	Matt Foote, SO	19:58	6:26				
37	Cross Oberman, JR	19:58	6:26				
54	Braydon Yoerger, FR	21:38	6:58				
56	Braedyn Budde, JR	22:20	7:11				
65	Sam Culbertson, JR	24:41	7:57				
66	Wil Quinn, FR	24:49	7:59				