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R. Cassidy Seminars

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Copies of Andrew's books will be available for purchase at the training.

"The Courage to Feel", and his 2nd book, "How Simon Left His Shell: The Courage to Feel for Young People."

PRESENTER - ANDREW SEUBERT, LMHC, NCC



Andrew is a nationally certified counselor, Licensed mental health counselor and an EMDRIA-approved consultant and trainer with extensive background in an Existential-Gestalt

approach to growth and therapy. Always drawn to forms of therapy that address the entire person—mind, body, emotions, creativity and spirit, Andrew has developed an extremely holistic approach in his work with individuals, couples, families and groups.

Formerly an educator, musician and Peace Corps Volunteer, Andrew has consulted with Corning Inc, small businesses and human service agencies, providing stress management and conflict resolution training, as well as workshops and coaching that facilitate personal growth and performance enhancement.

He has published peer-reviewed articles and book chapters, as well as his first book, "The Courage to Feel", and his recently released book and workbook - "How Simon Left His Shell: The Courage to Feel for Young People."

Andrew is a highly engaging, interactive therapist and retreat/workshop facilitator whose passion about his work is expressed in his use of music, creative imagination, experiential approaches and humor.

In addition to working with a broad spectrum of therapeutic issues, Andrew has a strong interest in healing from trauma and PTSD, particularly through the use of EMDR. This interest also informs his approach in working with eating disorders and helping couples create and renew their relationship. His passion for an integration of psychotherapy and spirituality is a driving force, whether in individual sessions, workshops or intensive Personal Therapeutic Retreats.

# Becoming Known: A Relational Model for Ego State/Parts Therapy

February 28th &  
March 1st, 2019  
Newtown, PA

Learn the basic strategies, plus advanced work with internal conflicts and negative introjects

12 approved CEs for EMDRIA & Professional Organizations

Open to Clinicians both with & without EMDR training

ANDREW SEUBERT, LMHC, NCC  
PRESENTER

*TAKE YOUR PSYCHOTHERAPY PRACTICE  
TO THE NEXT LEVEL*

**JOIN US FOR THIS GREAT OPPORTUNITY WITH ANDREW.**

ClearPath Training Center, is pleased to offer "Becoming Known: A Relational Model for Ego State/Parts Therapy" with Andrew Seubert, LMHC, NCC. This two-day workshop covers the integration of "parts" or ego state practice with a trauma-informed phase model from a highly relational perspective.

The workshop has evolved from Andrew's work as an EMDR consultant and trainer, during which Andrew realized the crucial need for ego state competence when working with trauma and dissociation (this workshop will NOT address extreme forms of dissociation, viz., DDNOS and DID).

**LEARNING OBJECTIVES—PARTICIPANTS WILL:**

- ◇ Name three major approaches to explaining ego state phenomena.
- ◇ Use the acronym, RUG-C, to describe the major steps in working with parts.
- ◇ Utilize the conference room technique to make contact with parts
- ◇ Describe two scenarios that complicate and, potentially, interfere with parts work.
- ◇ Describe where and when an ego state approach fits into a trauma-informed phase model.

*WORKSHOP TOPICS & SCHEDULE.*

Limited to 35 participants

**DAY 1:**

8:30am	Theories of Dissociation and Ego State Traditions Indicators of Dissociated States Scenarios of indicators
10:00am	Break—15 minutes
10:15am	Four Steps in parts work –RUG-C Conference Room Technique - Video & practice Understanding Parts - Video and Practice
12:00pm	Lunch 1 hour 15 minutes
1:15pm	Creating goals with parts—Practice
2:30pm	Break—15 minutes
2:45pm	Collaboration/Helper Parts Video
3:45pm	Q & A
4:00pm	End of Day One

**DAY 2:**

8:30am	Review/Q&A Video & Practicum: RUG-C
10:00am	Break—15 minutes
10:15am	Blame Game Live Demo: Becoming Known
12:00pm	Lunch 1 hour 15 minutes
1:15pm	Negative Introjects: introduction scenario practice
2:45pm	Break—15 minutes
3:00pm	Videos—RUG-C to trauma processing
3:45pm	Q&A
4:00pm	End of Day Two

To view an EMDRIA explanation of EMDR, visit [EMDRIA.org](http://EMDRIA.org)

## Registration - 'Becoming Known' 2019 —PA

Name: \_\_\_\_\_

License Title (EG: LPC, Psy.D etc): \_\_\_\_\_

License Number: \_\_\_\_\_

Address: \_\_\_\_\_

Phone (most reachable) \_\_\_\_\_

E-mail: \_\_\_\_\_

Online registration, links to details, and our Cancellation Policy can be found on our website:  
[www.clearpathtrainingcenter.com/Events](http://www.clearpathtrainingcenter.com/Events)

Or mail this registration form, with a check made out to ClearPath Healing Arts Center to:

ClearPath Healing Arts Center  
3835 North Falls Road  
Burdett, NY 14818

### Do you want CE's?

CE's will be available after the training for an additional \$25.00 from R.Cassidy Seminars. Please do not include this fee in your payment to ClearPath. A link to purchase your CE's will be provided at the end of the training.

### WHAT PARTICIPANTS ARE SAYING:

What a wonderful workshop! ....your videos and role plays were fantastic. .... But I still want to hear everything you have to say too!

*T.F., March 2017, South Carolina*

Andrew is the real deal as a trainer and a masterful clinician! When I signed up for my first training with Andrew (EMDR Basic Skills) I had no idea what a transformative experience it would be. I expected what I had experienced in trainings, ...someone who told all about the 'what' of the selected topic, ...Andrew was the first person who actually taught the 'how', as in how to actually use the technique presented!! Over the days of training I watched a clearly masterful clinician turn a concept into practice, and I was awed.

*Linda J. Nelson, Penn Yan NY, Summer 2014*

In March of this year I had the pleasure of hosting Andrew Seubert, author of The Courage to Feel. His workshop on Parts/Ego State Work in EMDR Practice was wonderful. I have had lots of feedback from the attendees and we all found his workshop exceptionally educational, inspirational, and enjoyable. He is a highly-skilled, sincere clinician who teaches concrete therapeutic skills in a relaxed atmosphere. Oh, and he has a great sense of humor as well. His live demonstrations and videos were particularly helpful to the attendees. *Roxann Hassett. LPC, NCC, Charleston SC. March 2017*

### Workshop Fees:

**\$360** for Private Practitioners

**\$340** for employees of  
Non-Profit Organizations with proof of  
employment.

Amount Enclosed: \$ \_\_\_\_\_

Check  Paid Online  By Arrangement

Full payment is due by the first day of training

To be eligible for the **Non-Profit Rate** you must be employed for 20 hours or more per week in a Non-Profit Organization.

Name or Organization: \_\_\_\_\_

Address: \_\_\_\_\_

Venue Address:  
Bucks County Community College  
Allied Health Building, Room 202  
275 Swamp Road  
Newtown, PA 18940

Need help? Contact Us:

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