

Mediterranean Cuisine

"A visual delight, exquisitely delicious, and good for you----It's no wonder that Mediterranean Cuisine is so popular. In fact, Mediterranean fare is healthful enough to have inspired a wealth of scientific research.

Mediterranean cuisine is built around fresh, wholesome fruits, vegetables, whole grains and breads, legumes, seafood, nuts and seeds and olive oil. Because we are talking about area that spans the Mediterranean Sea---Including Turkey, Greece, Spain, Southern Italy. There are a wide variety of dishes, influenced by everything from Middle Eastern yogurts and flatbreads."

LUNCH MENU

SOUPS & SALADS

Red Lentil Soup (F-G-D-N-S) A blend of red lentil beans, seasoning and fresh herbs. Mediteranno House Salad (F-G-D-N-S) Green mix, tomatoes, cucumbers, carrots, corn, olives tossed in chef's special dressing. Add white cheese 1.00 | Add Chicken Gyro 2.99 Shepard Salad (F-G-D-N-S) A Mediterranean classic, chopped tomatoes, cucumbers, onions, parsley tossed in our chef's special dressing. Add white cheese 1.00

COLD APPETIZERS

(Recommended Souse Made Lavas Bread)

Stuffed Grape Leaves (F-G-D-N-S)	4.99
Extra thin vine leaves stuffed with rice ,vegetable and herbs.	
Mediterranean Salsa (F-G-D-N-S)	5.99
Blended tomatoes, onions, bell peppers, parsley, garlic and crushed walnuts mixed with olive	oil,
herbs, and pomegranate sauce.	
Babaganoush (F-G-D-N-S)	6.99
Pureed smoked eggplant, tahini, garlic with freshly squeezed lemon juice, and extra virgin of	ive oil.
Hummus (F-G-D-N-S)	5.99
Flavorful pureed chickpeas blended with a creamy tahini sauce, lemon juice, extra	
olive oil and a hint of garlic.	
Meze Platter (F-G-D-N-S)	12.99
Great for sampling and sharing! Includes All of the above cold appetizers	
Lavash Bread (F-G-D-N-S)	1.99
Fresh made hollow bread. Recommended with all the appetizers above.	
••	
G: Gluten S: Shellfish N: Nut F: Fried D: Dairy (Red: Contains Black: Does	Not

Contain)

HOT APPETIZERS

Falafel (F-G-D-N-S)	4.99	
Chickpeas blended with celery, parsley, onions and garlic served with our tahini sauce. Fried Calamari (F-G-D-N-S)	8.99	
Breaded and fried to golden perfection served with chef's special dipping sauce.		
Cheese Rolls (F-G-D-N-S)	4.99	
Golden crisp pastry rolls filled with white cheese.		
Kibbeh (F-G-D-N-S)	6.99	
Kibbeh is Lebanese dish made of bulgur with minced onion, garlic, red pepper , ground lamb		
and herbs . The best-known variety of a torpedo-shaped fried croquette. Serve with garlic yogurt		
dipping sauce.		
Spinach Pie (F-G-D-N-S)	5.99	
Flaky phyllo sheets are layered with a spinach and white cheese filling.		
ENTRÉES		
Casseroles		
Seasonal vegetables cooked in tomato sauce . Served with our homemade Rice.		
Mixed Vegetable (F-G-D-N-S)	6.99	
Shrimp (F-G-D-N-S)	10.99	
TRADITIONAL KEBABS		
All skewered kebabs are freshly prepared, marinated, and char-grilled. They are served w	vith	
homemade Rice and salad with chef's special dressing.	-	
Chicken Gyro Kebab (F-G-D-N-S)	8.99	
Thin slices of freshly seasoned chicken slow-cooked on a large vertical spit.		
Lamb Kebab (F-G-D-N-S)	10.99	
Tender cubes of lamb marinated in our house sauce and grilled on skewers.		
Beef Kebab (F-G-D-N-S)	9.99	
Tender cubes marinated in our house sauce and grilled on skewers.		
Chicken Shish Kebab (F-G-D-N-S)	8.99	
Tender cubes of chicken breast marinated in our house sauce and grilled on skewers.		
Adana Lamb Kebab (F-G-D-N-S)	8.99	
Grilled ground lamb seasoned with herbs and red bell peppers. It's very authentic Turkish Dis	h.	
Kofte Kebab (F-G-D-N-S)	7.99	
Lamb and Beef patties seasoned with onions, parsley and grilled as a flattened meatball.		
Mixed Vegetable Kebab (F-G-D-N-S)	6.99	
Seasonal vegetables skewered and grilled		
Shrimp Kebab (F-G-D-N-S)	10.99	
G: Gluten S: Shellfish N: Nut F: Fried D: Dairy (Red: Contains Black: Does Not		
Contain)		

WRAPS

Choice of meat down the below wrapped with greens and yogurt sauce.	
Chicken Gyro Kebab Wrap (F-G-D-N-S)	6.99
Lamb Kebab Wrap (F-G-D-N-S)	8.99
Beef Kebab Wrap (F-G-D-N-S)	7.99
Chicken Shish Kebab Wrap (F-G-D-N-S)	7.99
Adana Lamb Kebab Wrap (F-G-D-N-S)	7.99
Kofte Kebab Wrap (F-G-D-N-S)	6.99
Falafel Wrap (F-G-D-N-S) (Add White Cheese \$1.00 Add Humus \$1.00)	5.99
SIDES	
French Fries (F-G-D-N-S)	1.99
Black Olives (F-G-D-N-S)	2.99
Traditional Rice (F-G-D-N-S)	2.99
White Cheese (F-G-D-N-S)	3.99
KIDS MENU(ONLY 0-12 YEARS OLD)	
Mini Chicken Kebab (F-G-D-N-S) With French Fries	5.99
Mini Kofte Kebab (F-G-D-N-S) With French Fries	5.99
Chicken Tenders (F-G-D-N-S) With French Fries	5.99
HOMEMADE DESSERTS	
Baklava (F-G-D-N-S)	5.99
Baklava is a sweet pastry made of layers of filo pastry filled with chopped wa and sweetened with our home made syrup.	Inut
Keskul (F-G-D-N-S)	3.99
Keskul is almond base milk pudding.	
G: <u>Gluten</u> S: <u>Shellfish</u> N: <u>Nut</u> F: <u>Fried</u> D: <u>Dairy</u> (<u>Red</u> : Contains <u>Black</u> : Does Contain)	Not