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The Greeting Game

This drill is specifically designed for younger players (U-6 and U-8). This drill will get the players moving, greeting each other, and a building block to introduce dribbling. Good for Camp activities for the younger players.

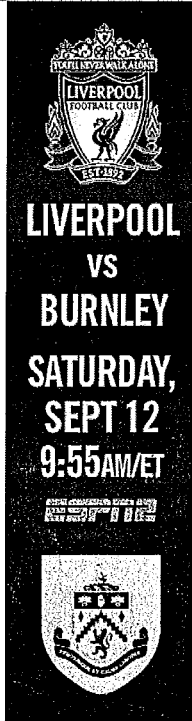
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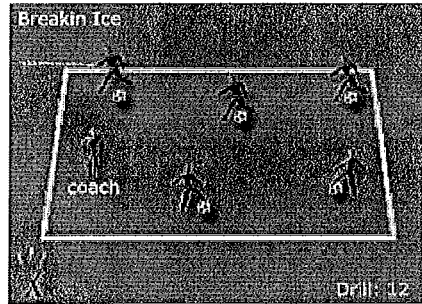
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Setup

Build a grid that is 15X20 yards using cones. Each of the players get inside the grid.

Instructions

All the players run around randomly inside the grid. The coach calls out various types of greetings, which each players then has to carry out with others: shake hands, high fives (one hand), high fives (other hand), shoulder to shoulder, back to back, etc.

Progressions: Add dribbling.

Variations

- Add Dribbling

Coaching Points

- When dribbling, keep the ball close and don't run into other players.

Focus

- Warm up Drills
Fun Soccer Drills

Titled: The Greeting Game

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URL: http://www.soccerxpert.com/soccerdrills/id1217.aspx

Published by: Chris Johnson

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