
North Shore Skating Club Skater Code of Conduct

As a member of our club, all skaters must adhere to this Code of Conduct at all times.

General Guidelines:

North Shore Skating Club (NSSC) is committed to creating a safe and positive environment for members' physical, emotional and social development and ensuring that it promotes an environment free of misconduct. This Skater Code of Conduct has been established to ensure the safety of all members using our ice to ensure quality practice time for all home club, associate, non-members and guests who purchase ice from the club and who participate in all club-related activities.

1. All skaters, regardless of whether they hold home club, associate, non-member or guest status, must follow and uphold the provisions in this Skater Code of Conduct regarding behavior on and off the ice. All club members are expected to exhibit good sportsmanship and be courteous toward their fellow skaters, coaches, parents/ guardians of skaters, U.S. Figure Skating officials and guests.
2. NSSC is committed to promoting a positive and friendly environment for all skaters. Remember - treat other people like you want to be treated, with respect.

Ice Etiquette and Safety:

1. While in lesson or practice, it is the skater's responsibility to always be conscientious and aware of other skaters around them.
2. Skaters must skate with the flow of other skaters and familiarize themselves with the most commonly used areas for jumps and spins.
3. The only time a skater has the SOLE right of way is when they are skating their program to music. When you hear another member's music, please extend that person the courtesy and move out of their path momentarily. This only takes a moment and you will enjoy the same courtesy while you are performing your program.
4. Advanced skaters are expected to exhibit patience toward beginner members of the club. Remember, you were an inexperienced skater once, and it takes time for our future generation to advance to the point where they are completely comfortable skating with all levels of skaters.

Unsafe or Discourteous Behavior:

Unsafe or discourteous behavior of any kind will not be tolerated. Bullying, harassing, name calling and/or making fun of members will be considered a violation of the Code of Ethics and will not be tolerated. Proper behavior toward others is expected at all times in and outside the rink included but not limited to social media.

I acknowledge that I have read and understand the Skater Code of Conduct.

North Shore Skating Club Parent/Guardian Code of Conduct

North Shore Skating Club is committed to creating a safe and positive environment for members' physical, emotional and social development and ensuring that it promotes an environment free of misconduct.

By signing below I hereby agree that:

- I will encourage good sportsmanship by my actions, demonstrating positive support for all skaters, coaches, and officials at every practice, competition and test session.
- I will place the emotional and physical well-being of my child and others ahead of my desire to win.
- I will encourage my child to skate in a safe and healthy environment by maintaining a respectful and courteous attitude to others.
- I will promptly inform my child's coach of any physical/mental disability or challenge affecting my child that may affect the safety of my child or others.
- I will teach my child that doing his/her best is more important than winning.
- I will not to ridicule, bully, blame, or yell at my child or other skaters, coaches, officials or volunteers in response to a poor performance or for any other reason.
- I will do my best to make skating fun at all times and will remember that my child participates in sports for his/her own enjoyment and satisfaction.
- I will teach my child to treat other skaters, coaches, fans, volunteers, officials, and rink staff with respect, regardless of race, creed, color, sexual orientation or ability. I will also take action and report any acts of bullying, harassment or abuse to the appropriate authorities.
- I will applaud any effort in both victory and defeat emphasizing positive accomplishments and learning from mistakes.
- I will teach my child to resolve conflicts calmly and peacefully without resorting to hostility or violence.
- I will be a positive role model for my child and others.
- I will demand a figure skating environment for my child that is free of drug or alcohol abuse and agree that I will not use or provide to a third-party any illegal drug prohibited by applicable federal, state, or municipal law.
- I will not assist or condone any athlete's use of a banned substance as described by the International Olympic Committee, International Skating Union, United States Olympic Committee, or U.S. Figure Skating, or, in case of athletes, to use such drugs or refuse to submit to properly conducted drug tests administered by one of these organizations.
- I will expect my child's coach to be in compliance with all requirements of U.S. Figure Skating and the Professional Skaters Association, to continue their education and training through programs offered by U.S. Figure Skating, the Professional Skaters Association and other accredited organizations.
- I will respect my child's coach and refrain from "side line" coaching my child or other skaters.
- I will respect the decisions of officials, their authority and decisions during competitions and test sessions and teach my child to do the same.
- I will show appreciation and recognize the importance of volunteers and club officials. I will fulfill my responsibility to help my club with membership, special projects, competitions and test sessions.
- I agree to report to the appropriate entity/ party any SafeSport or Code of Conduct violations that I observe.
- I will become familiar with the rules of the U.S. Figure Skating and teach my child accordingly.
- I will support and respect all skaters and their right to participate.

North Shore Skating Club SafeSport Statement & Agreement

North Shore Skating Club (NSSC) is committed to creating a safe and positive environment for members' physical, emotional and social development and ensuring that it promotes an environment free of misconduct. Members should not attempt to evaluate the credibility or validity of misconduct allegations as a condition for reporting to appropriate law enforcement authorities. Instead, it is the responsibility of each member to immediately report suspicions or allegations to the NSSC SafeSport Compliance Chair or safesport@usfigureskating.org. Complaints and allegations will be addressed under U.S. Figure Skating's disciplinary rules and procedures.

NSSC recognizes that the process for training and motivating athletes will vary with each coach and athlete, but it is nevertheless important for everyone involved in sport to support the use of motivational and training methods that avoid misconduct.

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The Skater code of conduct applies to all participants in activities hosted, supported, sponsored or engaged in by U.S. Figure Skating and NSSC including but not limited to competitions, exhibitions, training camps and local rink activities.

I recognize that my participation or my child's in all the activities associated with U.S. Figure Skating and NSSC is an honor and privilege that carries certain responsibilities. I agree to fully abide by the rules and guidelines set forth by U.S. Figure Skating or its properly designated agents.

[USFS SafeSport Handbook](#)