

Emergency Kit Shopping List



At a minimum, have the basic supplies listed below.

Keep supplies in an easy-to-carry emergency preparedness kit that you can use at home or take with you in case you must evacuate.

- o **Water** – one gallon per person per day (3 day supply for evacuation, 2 week supply for home)
- o **Food (non-perishable)** – easy to prepare items (3 day supply for evacuation, 2 week supply for home)
- o **Flashlight**
- o Battery-powered or hand crank **radio**
- o **Extra batteries**
- o **First aid kit**
- o **Multipurpose tool**
- o Sanitation and personal hygiene items
- o **Emergency blanket**
- o **Map(s) of Okinawa**

Please visit <http://americanredcrossokinawa.org> for more information

Consider the needs of all family members and the location of your home – add supplies to your kit as necessary.

- o **Medical Supplies**
 - o 7-10 days worth of prescriptions
 - o Glasses
 - o Contact lenses
 - o Syringes
- o **Baby supplies**
 - o Bottles
 - o Formula
 - o Baby food
 - o Diapers
- o **Games and activities** for children
- o **Pet supplies**
 - o Collar and leash
 - o ID tags
 - o Food, water, bowl
 - o Carrier
- o Two way radios
- o Manual can opener
- o Whistle
- o N95 or surgical masks
- o Matches
- o Rain gear
- o Towels
- o Work gloves
- o Tools/supplies for securing your home

- o Extra clothing, hat and sturdy shoes
- o Plastic sheeting
- o Duct tape
- o Scissors
- o Household liquid bleach
- o Entertainment items
- o Blankets/sleeping bags

Items you should already have at home:

- o Cell phone with chargers
- o Family/emergency contact information
- o Extra cash (dollars and yen)
- o Extra set of car/house keys
- o Copies of any important documents

