

PARK'S MARTIAL ARTS

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BLACK BELT PRINCIPLES WORDS OF MIND CONTROL

Fortune comes from frugality.
Virtue comes from humility.
Wisdom comes from calm thinking.

Anxiety comes from yearning.
Disaster comes from greed.
Wrongdoing comes from no patience.

Avoid seeing others' fault by using your eyes cautiously.
Look for goodness and fairness.
Avoid talking foolishly by using your lips cautiously.
Always talk with sincerity, truth, tenderness, and gentleness.
Avoid making bad friends by using yourself cautiously.
Stay close with kindhearted and good friends.

Honor the elders, respect individuals with virtue.
Follow the ones with wisdom.
Recognize and comfort those with no knowledge.

Do not refuse those coming nor hold those going.
Do not expect a good reputation.
Do not regret past happenings.

When you hurt someone eventually it comes back to you.
When you misuse your powers it brings you ruination instead.

Overcome anger with a loving heart.
Overcome evil with a good heart.

Overcome stinginess with generosity.
Overcome lies with truth.

Therefore by following "Words of Mind Control"
You become a strong role model.