

### **The 4 mile Sealed Handicap (Mon May 25<sup>th</sup> to Sun 31<sup>st</sup> May 12pm)**

And the excitement builds as the results are about to be revealed.....

Another great turnout – 31 runners. The last time we had a better turn out for the real handicap was 2006 when 32 competitors competed.

Many thanks to Bill for working out the handicaps using his enigma machine. There was a difference of 23 mins between the fastest and slowest actual times, and Bill got everyone to a 5 min spread. Without the bandits at the top it would have been even closer.

Some great attempts and whinges. Hay fever put paid to some of the hopefuls: Tom Mowbray actually threw up 50m from the line putting paid to his chances: And Ian Page just couldn't be arsed as he was too tired after a gardening stint!

Top whinge from Bob Bond: "My run this week was handicapped heavily by my long hair, causing both severe aerodynamic drag and insulating thermal distress. "

BUT;

The biggest Bandits also come to the fore. Step forward Cliff Cooper. After whingeing about his hilly terrain where he lives, he turned it to his advantage and used a downhill finish to outwit the handicappers. Well done Cliff.

Almost as big a bandit was David Johnson, who has kept a very low profile since the virtual 12 stage relays, kept himself fresh, and almost stole the glory.

Fastest time was Gordon Kalwak with a super 23m 01sec.

Thanks to all that made this a superb event.

And thanks to Bill again who is currently in-hiding in Ulan Bator (doh just revealed his location).

James

**ROLLS-ROYCE HARRIERS****4 MILE HANDICAP****25TH - 31ST MAY 2020**

POS	NAME	LADY/ VET	HANDICAP TIME	ACTUAL TIME	NETT POS	HANDICAP
1	CLIFF COOPER	V60	41:13	34:43	23	6:30
2	DAVE JOHNSON	V40	41:18	34:28	22	6:50
3	STEVE ROEBUCK	V40	42:10	30:30	14	11:40
4	NIGEL GRANVILLE	V40	42:11	34:01	19	8:10
5	ANDY WARD	V60	42:17	34:17	21	8:00
6	JON KINDER	V50	42:26	28:36	9	13:50
7	GEMMA STACEY	LS	42:40	33:30	18	9:10
8	GORDON KALWAK	S	42:51	23:01	1	19:50
9	JOE REES	V40	42:54	29:14	12	13:40
10	NEAL FELLOWS	V50	42:55	35:25	26	7:30
11	STEVE WAKEFIELD	V50	43:09	38:09	29	5:00
12	RUSSELL PARKIN	V50	43:13	24:53	3	18:20
13	RICHARD KERRY	S	43:28	35:08	25	8:20
14	BILL SOUTHGATE	V70	43:28	43:28	30	0:00
15	TOM MOWBRAY	S	43:30	24:10	2	19:20
16	CRISPIN COUSINS	S	43:42	28:22	8	15:20
17	GILLIAN WHITESIDE	LV45	43:43	36:53	28	6:50
18	MIKE WOOD	V50	43:45	28:45	10	15:00
19	TRISTAN COOPER	S	43:46	27:06	5	16:40
20	BOB BOND	V70	43:50	34:10	20	9:40
21	PAUL SPENCER	V40	44:06	26:06	4	18:00
22	PAULA PARKIN	V45	44:07	36:07	27	8:00
23	DEAN SMITH	V40	44:20	31:20	16	13:00
24	ANDY NORMAN	V50	44:23	34:53	24	9:30
25	HOWARD WILLIAMS	S	44:35	27:55	6	16:40
26	KAROLINA KUCHAREK	LV35	45:00	29:00	11	16:00
27	KEVIN SUTCLIFFE	V40	45:01	32:41	17	12:20
28	JAMES WARD	V50	45:06	29:16	13	15:50
29	CLARE MCKITTRICK	LV45	45:11	28:11	7	17:00
30	MARK FOWELL	V50	45:30	31:00	15	14:30
31	DEBBIE WATKINS	LV45	46:45	46:45	31	0:00