



MICHIGAN USA WRESTLING
Michigan's Leader in Freestyle and Greco-Roman



ATTN: Athletes, Parents, Coaches, and Michigan USA Wrestling Members:

Hopefully, many of you concluded the 2021-22 season with a memorable season at Ford Field and are eager to begin your off-season planning. My name is Adam Wilson and I am the National Teams Director with Michigan USA Wrestling. In this packet, you will find detailed information regarding the National Team trip that will occur this summer, along with information regarding athlete applications, coaching applications, and training camps that will be held this summer. For years, these National Team experiences that been beneficial for athletes of all skill levels- regardless if the athlete's goal is to make their first appearance at the MHSAA State Tournament or win their 4th State Championship- their involvement with our organization will help them accomplish these goals.

A year ago, we were faced with a variety of COVID restrictions, but were able to provide National Team members with an exceptional experience. Just this past summer, the following athletes earned "All-American" status at the 16U/Junior Nationals:

16U Women	16U Greco	16U Freestyle	Junior Women	Junior Greco	Junior Freestyle
Cecilia Williams	Marcello Milani	Jackson Blum	Eliana Bommarito	Nolan Wertanen	Braeden Davis
Sabrina Nauss	Aaron Lucio	Adam Haselius	Sabrina Nauss		Joshua Barr
Lydia Roope			Amarisa Manuel		Manuel Rojas
Amarisa Manuel			Kendra Ryan		Casey Swiderski
Gigi Bragg					Drew Heethius
					Jacob Gonzales
					Caden Horwath

*BOLD indicates National Champion

We are looking forward to returning to our normal schedule in 2022 with the addition of a few "new" trips for our organization. This year, our MUSAW National Team Competition schedule will include the following events:

EVENT	DATE	LOCATION	AGE GROUP
Girls Folkstyle Nationals/Duals	March 18-20	Colorado Springs, CO	16U/Junior
Middle School Folkstyle Duals	April 14-16	Council Bluffs. IA	Middle School
14U National Duals	June 8-12	Indianapolis, IN	14U (Boys)
16U National Duals	June 7-11	Loves Park, IL	16U (Boys)
Junior National Duals	June 14-18	Tulsa, OK	Junior (Boys and Girls)
Kids Nationals	June 26-28	Farmington, UT	14U
16U and Junior Nationals	July 15-22	Fargo, ND	16U and Junior (Boys and Girls)

In this packet, you will find information regarding athlete qualifications, coaching application, training camps, and financial information for each trip listed. If you have any questions, comments, or concerns, please feel free to contact me directly at awilson@musaw.org. Additionally, you are welcome to contract Steve Richardson (Kids Director) at srichardson@musaw.org, Sam Hanau (High School Development Director) at shanau@musaw.org, or Mario Flores (Women's Director) at mirevwc@gmail.com for any age group specific questions.



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ATHLETE QUALIFICATIONS

NATIONAL DUALS (14U, 16U, JUNIOR DUALS)

- All interested athletes must submit a National Team application by Monday, May 16th.
- A. Opportunity will be provided to all prior 16U/Junior All-Americans (Fargo) and UWW World Team Trials place winners.
- B. Opportunity will be given to those individuals who compete at MUSAW State Tournament and USA Wrestling Central Regional Events.
- C. If needed, coaches discretion will be used. All decisions on team selection will be confirmed by the coaching staff, National Teams director, and appropriate Director (Kids, High School Development, or Women's).

16U/JUNIOR NATIONALS

- To earn automatic qualification to participate in Fargo, the participant must meet one of the following criteria:
- A. Michigan USA Wrestling State Tournament 1st place (either style, ex. Placing 1st in Greco also qualifies the participant for Freestyle competition).
- B. Michigan USA Wrestling State Tournament 2nd place (either style, ex. Placing 2nd in Greco also qualifies the participant for Freestyle competition).
- C. Central Regional Top 4 placement (either style, ex. 3rd place in Greco qualifies the participant for Freestyle competition).
- D. Previous year Fargo All-American
- E. UWW 15U Nationals place winner (same year)
- F. UWW 17U Nationals place winner (same year)

WOMEN'S 16U/JUNIOR NATIONALS

- To earn automatic qualification to participate in Fargo, the participant must meet one of the following criteria:
- A. Participate at the Women's National Championships in Fort Worth, TX (May 5-8)
- B. Participate at the MUSAW State Tournament (May 13-14)
- If a participant does not meet the automatic qualification, slots are filled on a first come, first serve basis. Slots can only be reserved at National Team Camp locations.

KIDS NATIONALS

- A. To qualify for Kids Nationals, participants MUST compete at the Central Regional Championships
- B. If a participant is unable to compete at the Central Regional Championships (medical circumstance, etc.) a waiver may be requested from Dennis Boone (MUSAW State Chairperson). All waivers are subject to review and are not guaranteed to be approved.

APPLICATIONS

- Applications for National Duals selection must be submitted no later than Monday, May 16th.



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NATIONAL DUALS FINANCIAL INFORMATION

(14U National Duals, 16U National Duals, Junior National Duals)

ITEM	COST
National Duals Team Entry Fee	Covered by MUSAW
Lodging	\$125
National Team Apparel Package	\$150
National Team Training Camps	\$100
TOTAL	\$375

*Team Members for each duals trip will receive a more detailed packet with all trip logistics.

National Duals Entry Fee

- For men's duals events, the National Duals Entry Fee is \$750 per team, per style. Michigan USA Wrestling will cover the cost of this to the participant.
- For all women's duals events, the National Duals Entry Fee is \$750 per team. Michigan USA Wrestling will cover the cost of this to the participant.

Duals Lodging

- MUSAW will arrange for lodging for all duals participants, coaches, and Team Leaders for each duals event. It is required for all participants, coaches, and Team Leaders to stay with the team during the event. If the participant's family is planning on traveling to the event, please contact the team's head coach to inquire about room block availability.

Duals Travel

- In an effort to keep the cost to the participant low and prevent MUSAW from taking a financial loss on group travel, MUSAW does **NOT** arrange for team travel to National Duals events. For events such as Junior Duals, that are located in an area of the country that may require a flight for the participant, MUSAW will provide travel to/from the recommended airport to the team hotel.

National Team Apparel Package/National Team Singlets

- MUSAW will use the same singlet design for this upcoming season that was used for 2021. If the participant was a member of the Michigan National Team in 2021 and they are able to use their team singlet for this season, the participant will not be required to purchase this item.
- If the participant was a member of the 2021 National Team and he/she has lost, outgrown, etc. the singlet, they will be required to purchase a new singlet.
- All National Team members are required to wear team apparel/singlets during National Team competitions

Duals Coaching Staff Contact:

EVENT	HEAD COACH	PHONE	EMAIL
14U National Duals	JJ Johnson	616-307-7662	migrappler@gmail.com
16U National Duals	Adam Wilson	269-578-6632	awilson@musaw.org
Junior National Duals (Boys)	Sam Hanau	314-874-3276	shanau@musaw.org
Junior National Duals (Girls)	Mario Flores	970-343-9832	mirevwc@gmail.com



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14U KIDS NATIONALS/16U JUNIOR NATIONALS FINANCIAL INFORMATION

(14U Kids Nationals- Farmington, UT, 16U/Junior Nationals- Fargo, ND)

ITEM	COST
Individual Entry Fee	\$50 per style
Lodging (Kids Nationals Only)	\$150
National Team Apparel Package	\$150
National Team Training Camps	\$100
KIDS NATIONALS TOTAL*	\$500
FARGO TOTAL*	\$350

*National Duals Participants do not need to purchase National Team Apparel Package.

*Participant will only be charged for the style they are competing in.

Nationals Lodging

Kids Nationals

- This will be the first time in recent memory that MUSAW will send a 14U team to Kids Nationals. Hotel accommodations will be arranged and required for Kids Nationals participants.

16U/Junior Nationals

- While it is recommended that participants arrange their lodging accommodations independently, MUSAW will arrange for on-campus lodging with NDSU. Those that choose to stay in the dorms will be provided with a dorm room and a meal card to the on-campus cafeteria. This will be offered at an additional expense.

Nationals Travel

Kids Nationals

- In an effort to keep the cost to the participant low and prevent MUSAW from taking a financial loss on group travel, MUSAW does NOT arrange for team travel. MUSAW will provide travel to/from the recommended airport to the team hotel.

16U/Junior Nationals

- Travel arrangements can be made for participants if needed. This will only be offered to those individuals who are choosing to stay in on-campus housing. This will be available at an additional expense.

National Team Apparel Package/National Team Singlets

- MUSAW will use the same singlet design for this upcoming season that was used for 2021. If the participant was a member of the Michigan National Team in 2021 and they are able to use their team singlet for this season, the participant will not be required to purchase this item.
- If the participant was a member of the 2021 National Team and he/she has lost, outgrown, etc. the singlet, they will be required to purchase a new singlet.
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NATIONAL TEAM TRAINING CAMPS

Following the Michigan USA Wrestling State Tournament and Central Regional Championships, Michigan USA Wrestling will host single day training camps on the following dates:

DATE	LOCATION	TIME
Saturday, May 28 th	Michigan Revolution	10:00am-3:00pm
Saturday, June 4 th	Brighton High School	10:00am-3:00pm
Saturday, June 11 th	TBA	10:00am-3:00pm
Saturday, June 18 th	Brighton High School	10:00am-3:00pm
Saturday, June 25 th	Battle Creek Central High School	10:00am-3:00pm

*All MUSAW Training Camp Locations will be released at the MUSAW State Tournament.

National Team Training Camps will be ran in 2 two hour sessions (10:00-12:00 and 1:00-3:00). Participants are encouraged to bring a change of workout clothes and food for between sessions. Typically, one session is intended for technical development and one session is intended for hard training.

Returning in 2022, MUSAW will host an overnight training camp for all 16U/Junior Competitors on July 9-10 at Albion College. The cost of attendance is built into the financial package for the trip. Attendance at this training camp is mandatory. If a participant does not attend, they will not be refunded the money. A full schedule for the overnight training camp will be released at the MUSAW State Tournament.



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NATIONAL TEAM COACHES APPLICATION

For coaches who are interested in coaching at Middle School Folkstyle Duals, 14U National Duals, 16U National Duals, Junior Duals, Kids Nationals, and 16U/Junior Nationals, please submit a coaches application no later than Monday, May 16th. Coaches applications can be emailed to Adam Wilson at awilson@musaw.org. Please include the following information:

FIRST NAME/LAST NAME	
PHONE NUMBER	
EMAIL	
USA WRESTLING MEMBERSHIP #	
CURRENT COACHING POSITION	
TRIP(S) INTERESTED IN COACHING	

*It is a requirement for National Team Coaches to be involved in MUSAW Training Camps, including the overnight training camp.

ATHLETE APPLICATION

Athletes who wish to participate in a National Duals or Individual National Tournament should complete an athlete application no later than Monday, May 16th. Athlete applications can be emailed to Sam Hanau at shanau@musaw.org. Please include the following information:

ATHLETE NAME	
ATHLETE USA WRESTLING MEMBERSHIP #	
ATHLETE PHONE NUMBER	
ATHLETE EMAIL ADDRESS	
DATE OF BIRTH	
AGE DIVISION	
FIRST PRIORITY WEIGHT CLASS	
SECOND PRIORITY WEIGHT CLASS	
PARENT/GUARDIAN NAME	
PARENT/GUARDIAN EMAIL	
HIGH SCHOOL/CLUB COACH NAME	
HIGH SCHOOL/CLUB COACH CONTACT	
2022 MUSAW REGULAR SEASON TOURNAMENT PARTICIPATION	
WRESTLING ACCOMPLISHMENTS	