## SCHEDULE

## Friday, April 1

Registration & Coffee

8:00 - 8:30

0.00 - 0.50	Registration & Correc
8:30 - 9:45	Introducing Dr. Molyn Leszcz,
	Maximizing & Sustaining Your
	Effectiveness in Group
	Psychotherapy: How the scientific
	literature can guide the therapist
9:50 - 10:00	Break
10:00 - 11:15	Small Experiential Group 1
11:15 - 12:30	Lunch: Sponsor Panel
12:15 - 1:30	Group Demonstration 1
1:30 - 2:30	Discussion/Integration of Concepts
2:30 - 2:45	Break
2:45 - 4:00	Small Experiential Group 2
4:00 - 5:00	LGPS Cocktail Party *
5:00 - 6:00	LGPS Board Meeting
	(open to all members/attendees)

\*Based on member/attendee feedback, we are doing things differently this year. Our cocktail party will be informal and held in the hotel bar.

Saturday, April 2 8:00 - 8:30 Sign-in & Coffee 8:30 - 9:45 Maximizing & Sustaining Your Effectiveness in Group Psychotherapy: The group therapist's use of self 9:45 - 10:00 **Break** 10:00 - 11:15 Small Experiential Group 3 11:15 - 12:30 Lunch: Sponsor Panel 12:30 - 1:45 **Group Demonstration 2** 1:45 - 2:45 Discussion/Integration of Concepts 2:45 - 3:00 3:00 - 4:15 Sustaining Your Effectiveness: Summary & Discussion 4:15 - 4:30 In Remembrance of Doug Greve, MD 4:30 - 5:00 Group-as-a-Whole

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Louisiana Group Psychotherapy Society
Melanie Faust, LCSW, CGP
4045 North Blvd, Suite A
Baton Rouge, LA 70806

# Louisiana Group Psychotherapy Society

Maximizing
& Sustaining
Your Effectiveness
in Group
Psychotherapy

## Molyn Leszcz, MD

co-author of Irvin Yalom's The Theory and Practice of Group Psychotherapy, 5th Edition

# April 1-2, 2016

Hampton Inn (Convention Center) 1201 Convention Center Blvd New Orleans, LA 70130

## LEARN FROM EXPERIENCE.



## ABOUT YOUR PRESENTER

**Dr. Molyn Leszcz** is Professor and Vice Chair, Clinical, Department of Psychiatry, University of Toronto and the Psychiatrist-in-Chief at Mount Sinai Hospital. Dr. Leszcz's academic and clinical work has focused on improving integration in psychiatric care and broadening the application of psychotherapy within psychiatry. Dr. Leszcz's research has focused on group psychotherapy for individuals with cancer, and genetic or familial predisposition to cancer; group psychotherapy for patients with schizophrenia; evidence-based approaches to group therapy and modified interpersonal group psychotherapy for patients with substance abuse. He coauthored with Irvin Yalom, the 5th edition of The Theory and Practice of Group Psychotherapy (2005). A new co-authored book in the Psychotherapy Essentials To-Go Series, Achieving Psychotherapy Effectiveness, was published in 2015. Dr. Leszcz was awarded the 2009 Anne Alonso Award for Outstanding Contributions to Psychodynamic Group Therapy. In 2012, Dr. Leszcz was awarded Distinguished Fellowship in the American Group Psychotherapy Association. Dr. Leszcz has been the recipient of a number of teaching awards at the University of Toronto.

# WORKSHOP OBJECTIVES

- 1. Illustrate the core factors that contribute to group psychotherapist effectiveness
- Identify approaches that maximize therapeutic opportunities within the patienttherapist relationship and in the here and now of the interpersonal group therapy setting
- 3. Articulate the principles of therapeutic metacommunication and processing within the therapeutic relationship
- 4. Explore therapist use of self and judicious therapist transparency

## INFORMATION

### CONTINUING EDUCATION CREDITS . 12.5

PSYCHOLOGISTS LGPS is an approved continuing education sponsor for Louisiana licensees.

SOCIAL WORKERS Applications have been submitted for review to the Louisiana State Social Work Board.

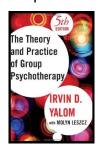
COUNSELORS Applications have been submitted for review to the Louisiana Counseling Association.

#### **CANCELLATION POLICY**

All cancelations must be submitted in writing and received three days prior to the institute. An administration fee of \$50 will be deducted.

#### LGPSONLINE.ORG

- Register for institutes online with payment
- Begin/Renew your LGPS membership
- Become a Preservation Member
- Donate to scholarships
- Provide us with anonymous feedback
- Review past institutes, presenters, & topics





# THANKS TO OUR SPONSORS

Palmetto Addiction Recovery Center
The Recovery Center of Baton Rouge
St. Christopher's Addiction Wellness Center
St. James Behavioral Health Hospital
Outpatient Services
Woodlake Addiction Recovery Center

#### REGISTRATION

\$195.00

\$80.00

Address	
City, State, Zip	
Phone Number	
Email	
$\ \square$ Please do not contact me via email about services your $\alpha$	organization provides.
Registration Fees	
□ Member	\$230.00
□ Non-member	\$300.00
☐ Member: New Professional (1-3yrs)	\$150.00

Name, Credentials

□ Student

#### Begin/Renew LGPS Membership

□ Non-member: New Professional (1-3yrs)

(To take advantage of our member discount for this institute, please renew your membership, as the membership year is June 1, 2016 - May 31, 2017)

□ Full Membership	\$65.00	
□ New Professional Membership (1-3yrs)	\$45.00	
Student Membership	\$25.00	

\*\*\* Onsite Registration - Additional \$15 \*\*\*

Small Experiential Group Leaders		2nd Choice	3rd Choice
Michael Cascio, LCSW, BCD, CGP			
Christen Cummins, LCSW			
Raney-Mills Kiley, LPC, ATR * Art Therapy Group			
Christopher Garner, Psy.D, MSCP, CGP			
Sue Jensen, PhD & David Hayes, PhD			
Parker Sternbergh, LCSW			
Karen Travis, LCSW, CGP, FAGPA			

#### PLEASE RETURN THIS FORM TO

Louisiana Group Psychotherapy Society ATTN: Melanie Faust, LCSW, CGP 4045 North Blvd, Suite A Baton Rouge, LA 70806