

## EXPECTATIONS OF A GREAT SPORTS PARENT

### **Understand your role on a team**

Let the players play, coaches coach and officials officiate. Cheer for your team and player, and refrain from any negative conduct that puts a bad vibe on the program, yourself and your child. Do not coach your child with comments such as “shoot”, “pass”, “dribble” or using terms that might contradict the philosophy of the head coach and their teaching methods.

### **Pay Attention To The Commitment Of Your Child**

Is your child wanting to get to the gym and work on their game on their own time? Is the only time they are practicing when it's required of them by the program? Are they the first to the gym and the last one wanting to leave? Reality is players who are self-disciplined and motivated have the best change of being the best they can and someone who shines in the team environment. Everything your child gets is earned, not given, and exactly what you want them to learn in life.

### **Respect the officials**

Let the head coach direct his efforts to the officials and be the “voice” of the team. Do NOT approach league or tournament directors with your opinion, or be critical of their efforts. Parents who approach officials can be dismissed from the program.

### **Trust The Process**

Developing a player and a team doesn't happen overnight. Many of the real benefits you will never see until your child goes back to their respective program during the season. A real player develops themselves through the commitment and sacrifice they put in, along with the reinforcement and positive encouragement of a coach and parents collectively. Parents who have to push players to get to practice, get out on the court to develop are usually quick to learn their child will never develop their full potential until THE PLAYER WANTS IT THEMSELVES.

### **Cheer For The Teammate as Much As you Do Your Own Child**

Celebrate the success of the entire team, and all of the players sends a message it's about the team above all. Selfish players are made typically at home with a selfish attitude of achieving first for themselves, and not caring about the success of the team.

### **Self-Discipline Is A Tremendous Trait To Pass On**

Be aware of the feeling and emotions that represent your family and child in the best possible manner. This is true both on and off the court. This is challenged the most during close, competitive games.

### **Conduct Yourself With Integrity**

How you conduct yourself has a profound effect on the attitude and success of the team. Don't criticize other's efforts, the manner in which your child plays, coaches or referees. The culture of the team is dependent a lot by those around the team (parents), and when negative erodes the trust in teammates, coaches and the club as a whole. Parents who represent the Club in a negative manner can be asked to no longer attend games.

### **So you have a problem?**

Communicate in a positive manner. Wait 24 hours following a game or practice before addressing any problems. Deal ONLY with the coach who can help provide a solution to the problem.