

PERSPECTIVES - JULY 2021 Carolyn Durphy–President & Pam Archer – Membership

God Bless America land that I love!! We are so blessed to live in a country where we all have the freedom of speech and religion and too many more to mention. Let us remember all our men and women in the armed forces that are defending us on this 4th of July. We will miss our community parade and fun on the Clubhouse point. We look forward to the fireworks on September 4th. Check the local newspapers for fireworks that will be going on July 4th. The Village of Orange has cancelled their activities until Labor Day. Here are a couple of websites to checkout: Info:culpeper4thofjuly.com, and fredericksburgva.gov/1347/Events. Whatever you are doing this weekend, please remember to stay safe with the fireworks you do in the backyard and also while you are cooking on the "bar-bee"!!

We were excited to have our annual picnic a few weeks ago at the Sweetbriar Pavilion. The weather turned out perfect for our first chapter gathering in 16 months! Almost 50 people came out to visit with one another and eat our bag lunches together. It was great to see familiar faces again. The 50-50 brought in \$62 to go toward our charity support and \$61 to one lucky winner. Greg Stoner was there with fun Subaru giveaways for several remaining ticket holders.

While we're on the subject of meetings, don't forget to mark your calendars for July 19th! Social time begins at 9:30 am and we're looking forward to those goodies people have kindly signed up to bring, along with the usual coffee, tea and water. Our guest speaker will be Ronald Kesner, Orange County Sheriff's Office Triad Coordinator, who will be speaking about senior scams that have erupted during the pandemic.

Please remember to bring your payment for <u>dues</u> (if you haven't already paid). We will be updating our membership list soon and this will confirm that you still want to maintain your chapter membership.

Every Bite Helps! – Karen Kovarik

It was rewarding to see so many of you at Graze Restaurant last Thursday, and as a result AARP netted \$250, which will help with our greatly reduced ability to fund local needs. We tentatively plan two more outings this year, and hope you will support this painless way to raise funds. It also provides a good opportunity to socialize, which experts tell us is important to healthy aging.



AARP Smart Driver Online Course – Carolyn Durphy

The AARP Smart Driver online course is recognized as an approved Mature Driver accident prevention course for drivers aged 55 and older by the Virginia Department of Motor Vehicles. Insured drivers aged 55 and older may be eligible for an appropriate reduction in automobile insurance premium charges after completing this course. Please check with your insurance company or agent for any additional requirements for eligibility. Prices for the course may vary and you will see the amount when you pull up the site. It is an 8-hour course that you are able to log on and off at your own pace. You are able to print off a completion certificate at the end of the course - one for yourself and one for the insurance company.



CarFit Live Virtual Workshop – Joan Albertella

It's time to get up to speed on how well you fit in your vehicle. Join your peers (and trained volunteers) at the free **CarFit Live Virtual Workshop** where we'll explore ways you can assess and improve the fit of your vehicle from the comfort of your home. You'll learn which components of your car can be adjusted, how to measure yourself in your vehicle and why a proper fit can help you stay safer behind the wheel. CarFit is developed jointly in collaboration with AAA (American Automobile Association), AARP and the American Occupational Therapy Association (AOTA). www.learn.aarp.org/carfit-online-workshop.



July Birthdays – Pam Archer

Wishing a *sparkling* birthday to these members: Tony Aris, Julia Barnes, Joann Batten, Dorothy Beucler, Marcus Birdsong. Robin Chubak, Alan Clune, Karen Cox, Janet Daniero, Albert Desoiza, Walter Diercks, Barbara Drumheller, Sandra Frame, Ruth Pavlik, Peggy Pope, Doris Schluter, Veronica Schuettenberg, William Schuettenberg, Barbara Smith, Margaret Thode, Sharon Webb, Cliff Wilks

Sunshine Report – Vi Liberti

If you know of any of our members that we should send a get well, thinking of you, or sympathy card please be sure to contact Vi with that information.



Volunteer Hours Reporting Change – David Kraus

Effective immediately, when you report your volunteer hours only report those that you have contributed in support of AARP programs and activities. Generally, these will be hours worked in support of our local chapter's meetings, committees, and activities. We no longer will collect hours you worked in support of other volunteer organizations. This change is being made at the direction of the state AARP.

As before, you can record your hours in the book at the front table at our Clubhouse meetings or send them to Dave Kraus, <u>krausman369@gmail.com</u>, 571-334-4913.



Impaired Vision Support Group – Gail Sauro

The Impaired Vision Support Group of the LOW Lions Club invites you to attend our meeting on Tuesday, September 7th at 10:00am in the Community Center.

The meeting will be hosted by the Virginia Department Blind Visionally Impaired by Max Manson who is a rehabilitation teacher that specializes in low vision. Assisting with presentation will be Catherine Beck, a specialist in orientation and mobility.

Because of seating requirements, a reservation is required. Please sign up no later than Friday August 6th by calling Gail Sauro at 972-1629 or e-mail her at <u>gail.sauro@yahoo.com</u>.



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