| WEEK 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Option 1 | Tomato and Basil Pasta Bake | Mexican Minced Turkey Bake | Roast Chicken | Sticky BBQ Chicken Thigh | Fish Fingers |
| Option 2 | Cheese and Baked Bean Wrap | Vegetable Lasagne | Roast Quorn | Mixed Bean Chilli Con Carne | Vegetable Nuggets |
| Vegetables | Sweetcorn <br> Broccoli | Carrots <br> Peas | Roast Parsnips <br> Green Beans | Carrots <br> Sweetcorn | Garden Peas <br> Baked Beans |
| Desserts | Fresh Fruit <br> Yoghurt or Cheese and <br> Biscuits | Shortbread and Fruit Salad | Fresh Fruit <br> Yoghurt or Cheese and <br> Biscuits | Fresh Fruit |  |


| WEEK 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Option 1 | BBQ Vegetables with Rice | Chicken Lasagne | Roast Turkey | Chicken Sausage | Fish Fillet |
| Option 2 | Neapolitan Pasta Bake | Jacket Potato (Cheese,Tuna,Baked Beans) | Cheese and Leek Potato Pie | Vegetarian Sausage | Cheese Whirl |
| Vegetables | Peas Carrots | Sweetcorn Broccoli | Butternut Squash Green Beans | Carrots Sweetcorn | Garden Peas Baked Beans |
| Desserts | Fresh Fruit <br> Yoghurt or Cheese and Biscuits | Banana Cake | Fresh Fruit <br> Yoghurt or Cheese and Biscuits | Marble Cake | Fresh Fruit <br> Yoghurt or Cheese and Biscuits |


| WEEK 3 | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Option 1 | Red pepper and sweetcorn Pizza | Chicken Korma with Steamed rice | Roast Chicken | Lamb Bolognaise served with Spaghetti | Salmon Fish Fingers |
| Option 2 | Cheese and Tomato Pizza | Macaroni Cheese | Jacket Potato (Cheese,Tuna,Baked Beans) | Vegetable Pasty served with potatoes | Jacket Potato (Cheese,Tuna,Baked Beans) |
| Vegetables | Carrots Baked Beans | Sweetcorn Peas | Roast Vegetables Steamed Cabbage | Green Beans Sweetcorn | Garden Peas <br> Baked Beans |
| Desserts | Fresh Fruit <br> Yoghurt or Cheese and Biscuits | Apple Sponge | Fresh Fruit <br> Yoghurt or Cheese and Biscuits | Cherry Tart | Fresh Fruit <br> Yoghurt or Cheese and Biscuits |

