

**NORRIS DAM CHALLENGE 12K**  
**Saturday, January 14, 2012**  
**Norris Dam State Park, Norris, TN**  
**Oak Ridge Track Club**  
 117 Finishers. Tracy Paul, Race Director

| <b>Place</b>                    | <b>First</b> | <b>Last Name</b> | <b>Age</b> | <b>Home Town</b>  | <b>Ovl</b> | <b>Time</b>    |
|---------------------------------|--------------|------------------|------------|-------------------|------------|----------------|
| <b>OVERALL</b>                  |              |                  |            |                   |            |                |
|                                 | Kevin        | Castille         | 39         | Nicholasville, KY | 1          | <b>38 28</b>   |
|                                 | Meg          | Guy              | 31         | Roan Mountain     | 10         | <b>54 15</b>   |
| <b>MASTERS</b>                  |              |                  |            |                   |            |                |
|                                 | Dan          | Smithhisler      | 55         | Nashville         | 6          | <b>51 48</b>   |
|                                 | Marsha       | Morton           | 45         | LaFollette        | 17         | <b>55 54</b>   |
| <b>GRAND MASTERS</b>            |              |                  |            |                   |            |                |
|                                 | Tony         | Branam           | 54         | Jacksboro         | 14         | <b>54 48</b>   |
|                                 | Vickie       | Spickard         | 54         | Nashville         | 31         | <b>59 45</b>   |
| <b>SENIOR GRAND MASTERS</b>     |              |                  |            |                   |            |                |
|                                 | Bob          | Townsend         | 61         | Limestone         | 23         | <b>57 26</b>   |
|                                 | Lynda        | de Paulis        | 65         | Hermitage         | 93         | <b>1 17 05</b> |
| <b>AGE GROUP AWARDS (top 3)</b> |              |                  |            |                   |            |                |
| <b>F 15-19</b>                  |              |                  |            |                   |            |                |
| <b>1</b>                        | Hannah       | Faulkner         | 14         | Woodbury          | 41         | <b>1 03 32</b> |
| <b>2</b>                        | Stephanie    | Paul             | 14         | Oak Ridge         | 65         | <b>1 09 12</b> |
| <b>F 20-24</b>                  |              |                  |            |                   |            |                |
| <b>1</b>                        | Marissa      | Bell             | 23         |                   | 40         | <b>1 03 08</b> |
| <b>2</b>                        | Alexandra    | Heileman         | 23         | East Ridge        | 61         | <b>1 08 02</b> |
| <b>3</b>                        | Brittney     | Lawson           | 22         | Rockwood          | 105        | <b>1 23 43</b> |
| <b>4</b>                        | Jessica      | Meyer            | 21         | Sping City        | 113        | <b>1 26 56</b> |
| <b>F 25-29</b>                  |              |                  |            |                   |            |                |
| <b>1</b>                        | Ashley       | Morelock         | 25         | Bristol           | 25         | <b>57 55</b>   |
| <b>2</b>                        | Ginny        | Schreiner        | 29         | Richmond          | 66         | <b>1 09 20</b> |
| <b>3</b>                        | Rachel       | Townsend         | 27         |                   | 75         | <b>1 11 23</b> |
| <b>4</b>                        | Danielle     | Hmielewski       | 25         | Knoxville         | 80         | <b>1 13 04</b> |
| <b>5</b>                        | Jessica      | Ott              | 27         | Knoxville         | 81         | <b>1 13 05</b> |
| <b>6</b>                        | Liz          | Engel Clark      | 28         | Cookeville        | 94         | <b>1 17 48</b> |
| <b>F 30-34</b>                  |              |                  |            |                   |            |                |
| <b>1</b>                        | Joey         | Sparks           | 33         |                   | 91         | <b>1 16 21</b> |
| <b>2</b>                        | Heather      | Houk             | 31         |                   | 98         | <b>1 20 00</b> |
| <b>3</b>                        | Lucinda      | Burnham          | 33         | Powell            | 111        | <b>1 26 37</b> |
| <b>4</b>                        | Clara        | Mount            | 33         | Knoxville         | 115        | <b>1 27 28</b> |

**F 35-39**

|   |         |       |    |                |     |                |
|---|---------|-------|----|----------------|-----|----------------|
| 1 | Whitney | Upton | 36 | Lenoir City    | 99  | <b>1 20 18</b> |
| 2 | Amy     | Haney | 35 | Oliver Springs | 116 | <b>1 36 15</b> |

**F 40-44**

|   |         |            |    |                   |    |                |
|---|---------|------------|----|-------------------|----|----------------|
| 1 | Lisa    | Zaccarelli | 42 | Nashville         | 37 | <b>1 01 21</b> |
| 2 | Rhonda  | Denham     | 44 | Bristol           | 44 | <b>1 04 00</b> |
| 3 | Tiffany | Coleman    | 42 | Nicholasville, KY | 56 | <b>1 06 06</b> |
| 4 | Sherry  | Richardson | 40 | Johnson City      | 70 | <b>1 10 23</b> |
| 5 | Shelly  | Norman     | 41 | Goodlettsville    | 86 | <b>1 14 58</b> |
| 6 | Kim     | Spangler   | 40 |                   | 88 | <b>1 15 58</b> |
| 7 | Janeth  | Moerdyk    | 43 | Crossville        | 95 | <b>1 18 35</b> |

**F 45-49**

|   |       |         |    |           |    |                |
|---|-------|---------|----|-----------|----|----------------|
| 1 | Heidi | Overbay | 46 | Kingsport | 38 | <b>1 01 56</b> |
| 2 | Trish | Dunn    | 46 | Oak Ridge | 48 | <b>1 05 05</b> |

**F 50-54**

|    |          |           |    |              |     |                |
|----|----------|-----------|----|--------------|-----|----------------|
| 1  | Jennifer | Singh     | 52 | Knoxville    | 33  | <b>1 00 28</b> |
| 2  | Sherrie  | Giles     | 54 | Franklin     | 42  | <b>1 03 52</b> |
| 3  | Laurie   | Gregory   | 52 | Knoxville    | 54  | <b>1 06 08</b> |
| 4  | Tamara   | Smith     | 51 | Ooltewah     | 72  | <b>1 10 45</b> |
| 5  | Wendy    | Weidner   | 52 | Bristol      | 73  | <b>1 10 50</b> |
| 6  | Mary     | Rodriguez | 53 | Abingdon, VA | 78  | <b>1 11 37</b> |
| 7  | Mary     | Fanslow   | 52 | Kingsport    | 92  | <b>1 16 36</b> |
| 8  | Beverly  | Bethart   | 54 | Mt Juliet    | 96  | <b>1 18 45</b> |
| 9  | Janet    | Townsend  | 54 |              | 107 | <b>1 23 53</b> |
| 10 | Mary Kay | Fisher    | 53 | Clarksville  | 108 | <b>1 24 11</b> |

**F 55-59**

|   |          |        |    |                |     |                |
|---|----------|--------|----|----------------|-----|----------------|
| 1 | Patricia | Cole   | 59 | Goodlettsville | 79  | <b>1 12 16</b> |
| 2 | Diane    | Taylor | 55 | Nashville      | 97  | <b>1 19 30</b> |
| 3 | Leann    | Adkins | 58 | Jacksboro      | 109 | <b>1 24 16</b> |

**F 60-64**

|   |         |        |    |          |     |                |
|---|---------|--------|----|----------|-----|----------------|
| 1 | Shirley | Sirois | 64 | Clinton  | 100 | <b>1 20 58</b> |
| 2 | Gayla   | Cutler | 64 | Kingston | 106 | <b>1 23 51</b> |

**F 65-69**

|   |         |          |    |           |     |                |
|---|---------|----------|----|-----------|-----|----------------|
| 1 | Phyllis | Sizemore | 66 | Knoxville | 114 | <b>1 27 20</b> |
|---|---------|----------|----|-----------|-----|----------------|

**F 70+**

|   |         |       |    |         |     |                |
|---|---------|-------|----|---------|-----|----------------|
| 1 | Harriet | Locke | 79 | Bristol | 117 | <b>1 38 04</b> |
|---|---------|-------|----|---------|-----|----------------|

**M 15-19**

|   |        |          |    |               |    |                |
|---|--------|----------|----|---------------|----|----------------|
| 1 | Haydn  | Metz     | 15 | Surgeonsville | 2  | <b>47 59</b>   |
| 2 | Chaz   | Miller   | 18 | Morrison      | 3  | <b>48 02</b>   |
| 3 | Joshua | Bolinsky | 16 | Dandridge     | 34 | <b>1 00 38</b> |
| 4 | Austin | McCowan  | 9  | Cookeville    | 83 | <b>1 14 22</b> |

**M 20-24**

|   |         |        |    |            |     |                |
|---|---------|--------|----|------------|-----|----------------|
| 1 | Myles   | Smith  | 21 | Ooltewah   | 4   | <b>49 16</b>   |
| 2 | Aaron   | Headen | 24 | East Ridge | 62  | <b>1 08 03</b> |
| 3 | Cameron | Lawson | 23 | Rockwood   | 104 | <b>1 23 35</b> |

**M 25-29**

|   |         |         |    |              |     |                |
|---|---------|---------|----|--------------|-----|----------------|
| 1 | William | Hale    | 25 | Nashville    | 5   | <b>50 22</b>   |
| 2 | Michael | Ruder   | 29 | Murfreesboro | 55  | <b>1 06 09</b> |
| 3 | Daniel  | Hudgins | 27 | Nashville    | 68  | <b>1 09 43</b> |
| 4 | Andrew  | Roberts | 28 |              | 69  | <b>1 09 48</b> |
| 5 | Adam    | Clour   | 26 |              | 102 | <b>1 22 19</b> |

**M 30-34**

|   |       |      |    |           |    |              |
|---|-------|------|----|-----------|----|--------------|
| 1 | Csaba | Toth | 34 | Nashville | 15 | <b>55 02</b> |
|---|-------|------|----|-----------|----|--------------|

**M 35-39**

|   |       |           |    |             |    |                |
|---|-------|-----------|----|-------------|----|----------------|
| 1 | Randy | Doss      | 35 | Knoxville   | 7  | <b>52 01</b>   |
| 2 | David | Zucker    | 39 | Memphis     | 18 | <b>56 29</b>   |
| 3 | Shawn | Shelton   | 35 | Greeneville | 22 | <b>57 21</b>   |
| 4 | Eriks | Jekabsons | 39 | Crossville  | 26 | <b>57 58</b>   |
| 5 | Ben   | Brammell  | 36 | Lexington   | 67 | <b>1 09 20</b> |

**M 40-44**

|    |         |            |    |                |    |                |
|----|---------|------------|----|----------------|----|----------------|
| 1  | Mike    | Bell       | 43 | Camden         | 9  | <b>54 01</b>   |
| 2  | Brian   | Lawhern    | 41 | Jamestown      | 11 | <b>54 19</b>   |
| 3  | Lynn    | Richardson | 43 | Johnson        | 12 | <b>54 27</b>   |
| 4  | Blaine  | Wilcher    | 42 | McMinnville    | 13 | <b>54 47</b>   |
| 5  | Dave    | McAlister  | 41 | Middletown, RI | 16 | <b>55 08</b>   |
| 6  | Vinh    | Vu         | 43 | Jacksboro      | 39 | <b>1 02 50</b> |
| 7  | David   | Winstead   | 42 | Clinton        | 45 | <b>1 04 06</b> |
| 8  | Wes     | McElravy   | 44 | New Philly, OH | 49 | <b>1 05 18</b> |
| 9  | Richard | McCrary    | 40 | Knoxville      | 52 | <b>1 05 45</b> |
| 10 | Jim     | McCollum   | 43 | Knoxville      | 60 | <b>1 07 42</b> |
| 11 | John    | Williams   | 43 | Rock Island    | 63 | <b>1 08 29</b> |
| 12 | Daniel  | Mackey     | 43 | Corbin         | 84 | <b>1 14 16</b> |
| 13 | Richard | McCowan    | 44 | Cookeville     | 85 | <b>1 14 41</b> |

**M 45-49**

|   |       |         |    |             |    |                |
|---|-------|---------|----|-------------|----|----------------|
| 1 | Tommy | Kell    | 48 | Rock Island | 8  | <b>52 50</b>   |
| 2 | Ron   | Tyree   | 46 | Morgantown  | 30 | <b>59 30</b>   |
| 3 | Keith | Moerdyk | 47 | Crossville  | 71 | <b>1 10 24</b> |

**M 50-54**

|   |         |          |    |           |    |                |
|---|---------|----------|----|-----------|----|----------------|
| 1 | Dale    | Riddle   | 53 | Pound, VA | 20 | <b>56 55</b>   |
| 2 | Doug    | Singh    | 52 | Knoxville | 21 | <b>57 00</b>   |
| 4 | Arthur  | Ricker   | 53 |           | 27 | <b>58 07</b>   |
| 5 | Patrick | Edwards  | 54 | Nashville | 28 | <b>58 38</b>   |
| 6 | Alex    | Leithner | 53 | Nashville | 32 | <b>1 00 16</b> |

|           |         |         |    |            |     |                |
|-----------|---------|---------|----|------------|-----|----------------|
| <b>7</b>  | Steve   | Reddick | 53 | Oak Ridge  | 46  | <b>1 04 07</b> |
| <b>8</b>  | Ralph   | Smith   | 51 | Ooltewah   | 47  | <b>1 05 03</b> |
| <b>9</b>  | Charles | Hubbard | 54 | Piney Flat | 50  | <b>1 05 27</b> |
| <b>10</b> | Dennis  | Taylor  | 50 | Hermitage  | 51  | <b>1 05 31</b> |
| <b>11</b> | Terry   | Walter  | 50 | Crossville | 58  | <b>1 06 42</b> |
| <b>12</b> | Charles | Smith   | 51 | Dandridge  | 87  | <b>1 14 58</b> |
| <b>13</b> | Mark    | Morgan  | 52 | Lake City  | 112 | <b>1 26 38</b> |

**M 55-59**

|          |       |           |    |                |    |                |
|----------|-------|-----------|----|----------------|----|----------------|
| <b>1</b> | Paul  | Green     | 56 | McMinnville    | 19 | <b>56 43</b>   |
| <b>2</b> | Randy | Cole      | 58 | Goodlettsville | 76 | <b>1 11 31</b> |
| <b>3</b> | Paul  | Vondohlen | 59 | Charlotte      | 77 | <b>1 11 40</b> |
| <b>4</b> | Alan  | Dausman   | 56 | Harriman       | 82 | <b>1 13 47</b> |

**M 60-64**

|          |         |            |    |            |     |                |
|----------|---------|------------|----|------------|-----|----------------|
| <b>1</b> | Bill    | Dickerson  | 62 | Gray       | 24  | <b>57 49</b>   |
| <b>2</b> | Guy     | Giles      | 60 | Knoxville  | 29  | <b>58 50</b>   |
| <b>3</b> | Kenneth | Sirois     | 64 | Clinton    | 35  | <b>1 00 55</b> |
| <b>4</b> | Steve   | Zimo       | 62 | Knoxville  | 57  | <b>1 06 14</b> |
| <b>5</b> | Gerald  | Goodwin    | 61 | Cookeville | 89  | <b>1 16 16</b> |
| <b>6</b> | Jack    | Sexton     | 61 | Robbins    | 90  | <b>1 16 12</b> |
| <b>7</b> | Larry   | Crooks     | 63 | Knoxville  | 103 | <b>1 22 35</b> |
| <b>8</b> | Sam     | Culbertson | 64 | Kingsport  | 110 | <b>1 25 20</b> |

**M 65-69**

|          |       |           |    |             |     |                |
|----------|-------|-----------|----|-------------|-----|----------------|
| <b>1</b> | JC    | Kelley    | 67 | Baxter      | 36  | <b>1 01 18</b> |
| <b>2</b> | Ed    | McAlister | 68 | Knoxville   | 59  | <b>1 07 18</b> |
| <b>3</b> | John  | Otto      | 69 | Old Hickory | 64  | <b>1 08 46</b> |
| <b>4</b> | Tomas | de Paulis | 68 | Hermitage   | 74  | <b>1 11 22</b> |
| <b>5</b> | Earl  | Sizemore  | 68 | Knoxville   | 101 | <b>1 21 14</b> |

**M 70+**

|          |         |           |    |               |     |                |
|----------|---------|-----------|----|---------------|-----|----------------|
| <b>1</b> | Gary    | Anderson  | 71 | Lebanon       | 43  | <b>1 03 57</b> |
| <b>2</b> | Tony    | Borghetti | 70 | Surgeonsville | 53  | <b>1 05 55</b> |
| <b>3</b> | Stephen | Khleif    | 76 | Cookeville    | 118 | <b>1 50 51</b> |