



## 2017 WINTER/SPRING INJURY CLINIC DATES

### FREE ON FRIDAY AFTERNOONS

WHO: ALL **SUHSD** Student Athletes

WHEN: Friday Afternoon at 2:00 PM to 6:00 PM\*\*

FALL DATES: **FRIDAYS 2017:**

**February** 3<sup>rd</sup> 10<sup>th</sup> 24<sup>th</sup>

**March** 3<sup>rd</sup> 10<sup>th</sup> 17<sup>th</sup>

**April** 7<sup>th</sup> 14<sup>th</sup> 21<sup>st</sup> 28<sup>th</sup>

**May** 5<sup>th</sup> 12<sup>th</sup> 19<sup>th</sup> 26<sup>th</sup>

COST: **FREE**

WHERE: **Manual Orthopedic Physical Therapy (Rancho Del Rey)**

ADDRESS: 885 Canarios Court, Suite 110, Chula Vista 91910

### **\*\*IMPORTANT\*\***

- **\*\*BY APPOINTMENT ONLY\*\*** - CALL 619-656-5102
- Visit [www.swswf.org](http://www.swswf.org) for more information
- **Directions:** Our Rancho Del Rey facility is located at 885 Canarios Court, Suite 110, behind the Costco and Regal Cinemas on East H Street. We are neighbors with the Pet Emergency Clinic. If further assistance is necessary please call (619) 656-5102.
- **In partnership with:**



The goal of the **SWSWF Injury Clinics** is to provide a specialized sports medicine injury assessment to diagnose and treat the student athletes and return them to sports safely in a timely manner.

The athlete's well-being and proper rehabilitation is the utmost priority for **SWSWF**.