

Weston 5K Run & Wellness Walk

Sat., April 16, 2016 @ 10 a.m.

Corner of East Second St. and Center Ave., Weston

Return to Julia Spelsberg, SJMH, 230 Hospital Plaza, Weston, WV 26452

Please make checks payable to Weston 5K Run and Wellness Walk

Complete this form and sign the waiver.

(PLEASE PRINT)

- 5K Run
- 5K Walk

Date of Birth (mm/dd/yy) _____ Age _____

Gender M F

Last Name _____ First Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

(Email used for sending race information only)

T-Shirt Size (Circle one):

Youth: L Adult: S M L XL XXL

VOLUNTEERS

- I am walking and would like more information on volunteering before and after the walk.
- I am unable to walk but would like to be a volunteer.

WAIVER: I know that running or walking a road race is a potentially hazardous event, and I should not enter and run or walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run or walk. I assume all risks associated with running or walking in this event including, but not limited to falls, contact with other participants, the effects of weather, including high heat and /or humidity, traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Stonewall Jackson Memorial Hospital, the City of Weston, and St. Patrick Church/School for the Weston 5K Run and Wellness Walk, and all sponsors their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of a negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, records or any other record of this event for any legitimate purpose. Race will be held regardless of weather conditions. Registration is final, no refunds.

Signature Required

Signature of entrant (Guardian if under 18) and date

_____ / _____

Date

Registration fee: \$15

paid

\$20 on race day paid