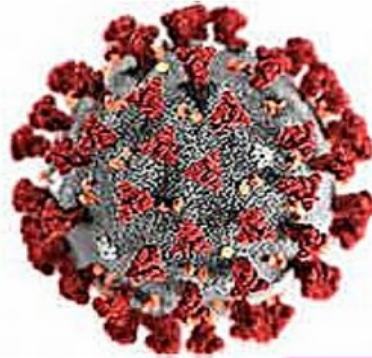


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COVID-19 RESOURCE GUIDE



*The following guidance is not all-inclusive but is to
serve as a source of community assistance.*

General COVID-19 Resources

Baltimore County Government: [COVID-19 Resource Guide](#)

Johns Hopkins University and Medicine Coronavirus Resource Center: <https://coronavirus.jhu.edu/>

Johns Hopkins School of Medicine COVID-19 Resources for Kids and Families:
<https://www.hopkinsmedicine.org/johns-hopkins-childrens-center/patients-and-families/COVID-19-resources-for-kids.html>

COVID-19 Kids Activity Book:
https://www.hopkinsmedicine.org/johns-hopkins-childrens-center/patients-and-families/_documents/covid-19-resources-for-families/activity-book-english.pdf

COVID-19 Health Information

CDC Overview:
https://www.cdc.gov/coronavirus/2019-ncov/cases-updates/summary.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fsummary.html

COVID-19 Prevention:
<https://www.cdc.gov/coronavirus/2019-ncov/images/social/covid19-prevention-fb.png>

COVID-19 Cloth Covering Do's and Don'ts:
https://www.cdc.gov/coronavirus/2019-ncov/images/social-media-toolkit/COVID-19_FaceCovering-1080x1080_4.jpg

COVID-19 Symptoms:
<https://www.cdc.gov/coronavirus/2019-ncov/images/social/covid19-symptoms-fb.png>

COVID-19 and kids: <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/children.html>

Maryland Department of Health (MDH) COVID-19 Updates and Community Resources: <https://coronavirus.maryland.gov/>

Food Resources:

Easy Quarantine Recipes to Cook at Home:

<https://www.refinery29.com/en-us/2020/03/9562888/pantry-recipes-for-coronavirus>

<https://www.theendlessmeal.com/pantry-staple-recipes/>

Meal Sites for BCPS Students & Families: https://www.bcps.org/system/coronavirus/Meal_Sites.pdf

<https://www.baltimorecountymd.gov/News/foodresources.html#fooddistributionmap>

<https://state.nokidhungry.org/maryland/2020/03/13/school-districts-serving-meals-during-school-closures/>

https://mars.msde.maryland.gov/mars_sitesearch/

<https://www.baltimorecountymd.gov/News/BaltimoreCountyNow/baltimore-county-offers-expanded-food-distribution-for-older-adults>

Salvation Army of Maryland: 410-783-2920

<https://salvationarmycm.org/> (need to call ahead)

Baltimore Food Insecurity Response:

<https://coronavirus.baltimorecity.gov/food-distribution-Sites>

Baltimore County Food Access: 410-887-2594

Email: food@baltimorecountymd.gov

aginginfo@baltimorecountymd.gov

https://www.bcps.org/system/coronavirus/Meal_Sites.pdf

Maryland Food Bank:

Food pantry locator: <https://mdfoodbank.org/find-food/>

SNAP Emergency Allotments:

<http://dhs.maryland.gov/documents/COVID-19/Emergency%20Allotment.pdf>

Resources for Safe Online Teaching and Educational Experiences

Maryland Department of Education FAQs:

<http://marylandpublicschools.org/newsroom/Pages/COVID-19/FAQs.aspx>

<https://www.d2l.org/safe-digital-learning-plans/>

<https://www.missingkids.org/netsmartz/home>

"Mondays with Michelle Obama" - Story Time on Mondays at 12noon:

<http://www.pbs.org/about/blogs/news/mondays-with-michelle-obama-story-times-with-penguin-random-house-and-pbs-kids-streaming-on-youtube-and-facebook-start-monday-april-20-12-noon-et/>

Virtual Museums, Zoos, and Theme Parks:

<https://www.goodhousekeeping.com/life/travel/a31784720/best-virtual-tours/>

Arizona State University Virtual Field Trips: <https://vft.asu.edu/>

Visit Baltimore Virtual Tours:

https://baltimore.org/?utm_term=Visit%20Baltimore&utm_campaign=Stay%20connected%20while%20you%20stay%20in%20%5CuD83C%5CuDFE0&utm_content=email&utm_source=Act-On+Software&utm_medium=email&cm_mmc=Act-On%20Software-_-email-_-Stay%20connected%20while%20you%20stay%20in%20%5CuD83C%5CuDFE0-_-Visit%20Baltimore

Free Virtual College Visits: <https://www.youvisit.com/collegesearch>

STEM College Scholarship Opportunities:

https://breakthroughjuniorchallenge.org/?utm_email_kaid=kaid_136262505903143142886108&utm_source=Sailthru&utm_medium=email&utm_campaign=041320-%20breakthrough%20challenge%20Teacher%20Global%20launch&utm_content=C&utm_term=All%20Teachers

Baltimore County Internet Access and Public WiFi:

<https://www.baltimorecountymd.gov/News/covidresourceguide.html#internet>

The County has installed external WiFi capacity at 10 Baltimore County Public Library (BCPL) branch locations. Residents can access free WiFi in the parking lots of the following BCPL branches:

- [Catonsville—1100 Frederick Road, Catonsville, Maryland 21228](#)
- [Essex—1110 Eastern Boulevard, Essex, Maryland 21221](#)
- [Hereford—16940 York Road, Hereford, Maryland 21111](#)
- [Lansdowne—500 Third Avenue, Lansdowne, Maryland 21227](#)
- [North Point—1716 Merritt Boulevard, Dundalk, Maryland 21222](#)
- [Randallstown—8604 Liberty Road, Randallstown, Maryland 21133](#)
- [Rosedale—6105 Kenwood Avenue, Rosedale, Maryland 21237](#)
- [Towson—320 York Road, Towson, Maryland 21204](#)
- [White Marsh—8133 Sandpiper Circle, Baltimore, Maryland 21236](#)
- [Woodlawn—1811 Woodlawn Drive, Woodlawn, Maryland 21207](#)

Residents will be required to remain in their vehicles or otherwise adhere to all social distancing guidelines. These requirements will be strictly enforced.

Public WiFi Locations Map

Residents can also visit the BaltCo Go-Online Map:

[https://bc-gis.maps.arcgis.com/apps/webappviewer/index.html?id=5b3d0102bf6240d](https://bc-gis.maps.arcgis.com/apps/webappviewer/index.html?id=5b3d0102bf6240d0b161c7103f8e9bee)

[0b161c7103f8e9bee](https://bc-gis.maps.arcgis.com/apps/webappviewer/index.html?id=5b3d0102bf6240d0b161c7103f8e9bee) to find the closest available free internet service throughout the

County. Users can search for locations closest to where they live.

Maryland Access Point Hotline for Seniors

Seniors can call the Maryland Access Point hotline at 410-887-2594 Monday through Friday, between the hours of 8:30 a.m. and 4:30 p.m.

K-12 FREE Tutoring Resources:

In light of the COVID-19 pandemic, a group of students from top universities across the US has created this FREE platform for pairing undergraduate mentors with K-12 students who have been affected by school closures. The goal of this virtual service is to provide a resource for students including tutoring, college preparation, and mentorship. If you are a K-12 student (or parent of one) in need of academic support during this time, please fill out the form below to connect with an undergraduate and postgraduate mentor who can provide resources for continued learning. This is completely free; after registration, they will be reaching out to help connect you with an undergraduate mentor! If you have any questions, please reach out to coveducation@gmail.com. You can also check out the website at www.coved.org.

Register using the form: <https://forms.gle/sEkWgDkwoqn2FwXr5>

Mental Health Resources

*Youth Resources:

Resources gathered by Children's Mental Health Matters:

<https://www.childrensmentalhealthmatters.org/resources/coronavirus/>

Youth MOVE: <https://youthmovenational.org/self-care-plans-why-theyre-helpful-right-now/>

*General Mental health Resources:

Behavioral Health System of Baltimore:

The Network of Care link on its website has an interactive directory of behavioral health services and resources in Maryland. Ask if providers are offering remote teletherapy services. <https://www.bhsbaltimore.org>

Maryland Behavioral Health Integration in Pediatric Primary Care:

The BHIPP phone line (855-632-4477) remains open during normal hours. The team is available to help address the mental health needs of patients as new concerns and disruptions to care and daily life emerge related to the new coronavirus pandemic.

NAMI (National Alliance for Mental Illness) online support groups on Thursdays and Saturdays:

https://www.eventbrite.com/e/nami-family-support-group-online-meeting-tickets-101125639510?mc_cid=1aa87242b8&mc_eid=6d81da1d89

*Mental Health Hotlines

- 24/7 National Suicide Prevention Lifeline: 1-800-273-TALK (8255)

En Español: 1-888-628-9454 or 24/7

Crisis Text Line: Text "HOME" to 741-741

- Maryland Youth Crisis Hotline (800-422-0009)

- Maryland Crisis Response (800-422-0009)
- Family Tree (800-243-7337) is a 24-hour parental stress hotline
- Baltimore Crisis Response (410-433-5175)
- Coping Resources from Suicide Prevention Resource Center:

<http://www.sprc.org/news/resources-support-mental-health-coping-Coronavirus-covid-19>

Emergency Housing Resources

+ Catholic Charities

320 Cathedral Street

Baltimore, MD 21201

P: 667-600-2000

- Shelter, meals, therapy, day programs

+ Baltimore Outreach Services

701 S. Charles Street

Baltimore, MD 21230

P: 410-752-1285

- Shelter, case mgmt., pediatric services etc.

+ Family Crisis Center (Southeast Baltimore County)

Crisis Hotline: 410-828-6390

Shelter Phone: 410-285-7496

- Crisis counseling, referral to safe shelter and legal assistance

+ Hannah More Emergency Shelter

12041 Reisterstown RD

Reisterstown, MD 21136

P: 410-887-8463

- Shelter and case mgmt. services

+ The City Temple of Baltimore

317 Dolphin Street

Baltimore, MD 21217

P: 410-462-4800

- Shelter, clothing, food

+ Bridge Haven Shelter

1200 North Fremont Avenue

Baltimore, MD 21217

P: 410-396-3220

- Shelter

Baltimore County Utilities Information

Water shutoffs halted during MD state of emergency:

<https://www.baltimorecountymd.gov/News/covidresourceguide.html#water>

BGE disconnections suspended and new late payments waived at least until 6/1:

<https://www.bge.com/SafetyCommunity/Safety/Pages/coronavirus.aspx>

Employment Resources; Business & Worker Assistance:

CARES Act Emergency Grant Funding: 5/1-5/11 application deadline:

<https://www.mdhumanities.org/grants/cares-act-emergency-grants/>

SBA Small Business Guidance and Loan Resources:

https://www.sba.gov/page/guidance-businesses-employers-plan-respond-coronavirus-disease-2019-covid-19?utm_medium=email&utm_source=govdelivery

SBA COVID-19 Relief Efforts: <https://www.sba.gov/funding-programs/loans/coronavirus-relief-options>

Baltimore County Resources:

<https://www.baltimorecountymd.gov/Agencies/economicdev/about-us/covid19assistance.html>

AARP Employment assistance for older adults:

<https://www.aarp.org/work/job-search/info-2020/finding-work-from-home-jobs.html?intcmp=AE-HP-BB-L1>

CITYLIT Project Resources [selected links listed below]

Resources for Poets and Writers - as independent artists/entrepreneurs - to Survive the Financial Disruption of COVID-19 (updated 4.9.20)

Baltimore Office of Promotion and the Arts (BOPA):

<http://promotionandarts.org/arts-council/baltimore-artist-emergency-relief-fund-0>

Greater Baltimore Cultural Alliance

<https://www.baltimoreculture.org/covid19/artists#.Xovg6VNKiK4>

Arts Relief Fund

<https://www.artistrelief.org/faq/#eligibility>

Andrew W. Mellon Foundation

<https://mellon.org/news-blog/articles/coalition-arts-funders-launches-emergency-artist-relieffund/>

COVID-19 Freelance Artist Resources

<https://covid19freelanceartistresource.wordpress.com>

American Society of Journalists and Authors (ASJA) Relief Fund

<http://asja.org/For-Writers/WEAF>

COVID-19 Emergency Resources For Marginalized Artists & Communities

https://docs.google.com/document/d/1DQ_m4qYnGvFMKKal8eLb1h0AruYNEDgjPmJroME1IE/edit

Financial and Retirement Planning in the Midst of COVID-19:

Remote consultations for financial and retirement planning: <http://www.hartwealthstrategies.com/>

Estate Planning in the Midst of COVID-19:

Remote consultations for estate planning:

<https://www.elsawsmithlaw.com/practice-areas/estate-planning/>

Governor executive order for remote witnessing of wills & electronic signatures:

https://governor.maryland.gov/wp-content/uploads/2020/04/Remote-Witnessing-4.10.20.pdf?utm_source=The+Weekly+Newsletter&utm_campaign=ef0b13408d-EMAIL_CAMPAIGN_2020.04.22_Remote+Witnesing&utm_medium=email&utm_term=0_1a85fd9ea5-ef0b13408d-258997649

Resources for Black Owned Businesses:

Lever software.

Lever powers effortless collaboration and talent engagement that transform hiring. Lever software allows you to attract, nurture, and hire great talent more quickly and easily. Lever is currently offering discounted rates and partner with Black owned businesses to ensure we play a part in helping Black business entrepreneurs thrive.

<https://www.lever.co/black-owned-business-discount/>

VIDSION

Vidsion Startup Services provides business plans, marketing plans, financial projections, investor decks and websites for startups and entrepreneurs. The Vidsion is offering FREE business plan writing, business marketing and business finance workshops.

Pink Sparrow

Pink Sparrow is a forward-thinking design and fabrication shop specializing in experimental environments. They've designed and fabricated plaques that are CNC cut from recycled lumber to help recognize, celebrate and support any Black-owned business interested in receiving one. They are pre-primed for painting and recipients are encouraged to display their personalized plaques in their window display, office, etc.

<https://www.pinksparrow.com>

The Kampus Group

The Kampus Group is a group of top university talent from across the country with a mission to provide free consulting services to businesses who have been affected by COVID-19. Composed of individuals with backgrounds in financial services, human capital management, strategy development, computer science/engineering, social media marketing and more.

Magic Agency

Magic Agency is a performance marketing agency for conscious missions. They are offering a 97.5% scholarship to the Digital Marketing Accelerator, which teaches entrepreneurs how to generate leads and sales online through scalable and SOULFUL advertising. Students will learn how to build an automated digital marketing funnel.

Paperspace

Paperspace is a cloud platform built for the future where tens of thousands of individuals, startups & enterprises power a range of next generation applications. In response to the systemic disparities that have been resurfaced by the Black Lives Matter movement, Paperspace would like to offer mentorship & foundational web development courses to empower high school students & young adults looking to break into the industry. As an introduction, Paperspace will host a virtual "Ask Me Anything" session via Zoom on 7/31 Friday from 2pm-3pm to listen to the interests and goals of participants.

More Opportunities:

[U.S. Small Business Association](#) Small Business Guidance and
Loan Resources

[ilovecreatives' Breaking Down COVID-19 Loans & Money](#) for
Freelancers and Small Biz Owners

[In Their Honor Project](#), a grief support for those in our
community who are grieving the loss of loved ones due to the
devastation caused by COVID-19

[14 Free Online Courses](#) to Up Your Business Knowledge

[The Mortar Entrepreneurship Academy](#) provides a fifteen-week course designed for those who are starting or growing their businesses

Are You A Black Entrepreneur ? Apply To Become A Member of OBWS

UPDATED SIGN UP FORM: If you're a Black entrepreneur and would like to become a member of Official Black Wall Street (OBWS) and list your business, click the link below ! Get your product, service, or organization in front of thousands of consumers who are eager to support.
<https://obws.typeform.com/to/cUDEGS>

How to donate to the Official Black Wall Street (OBWS):

If you can and would like to provide support, whether it's financial, a free event, free courses, etc., to our OBWS community, please take a moment to fill out our Business Support Survey by clicking the link below.

<https://docs.google.com/forms/d/e/1FAIpQLSdUTwe-GGBigagRGGvfjYmdKHGD6tRyB3VyG0tdGYbfE5mqZw/viewform>