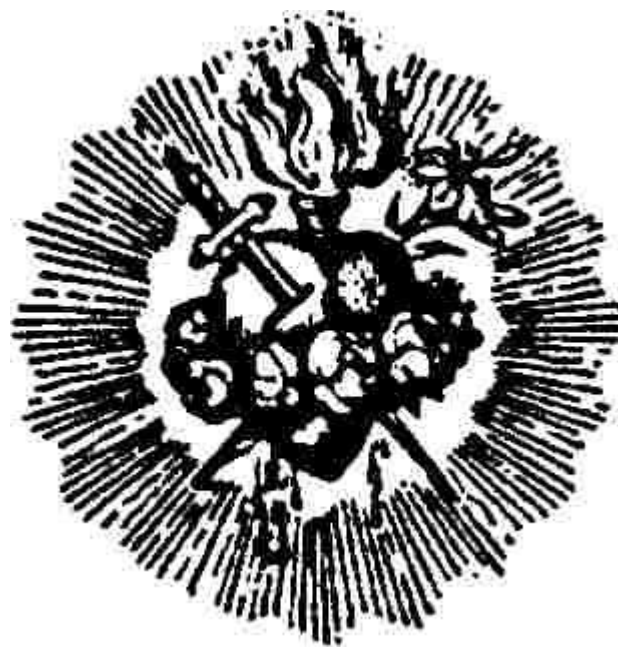


THE HOLY ROSARY
&
MARIAN DEVOTIONS
FOR
CHRIST CHURCH PARISH



"The Rosary is a powerful weapon to put the demons to flight and to keep oneself from sin...If you desire peace in your hearts, in your homes, and in your country, assemble each evening to recite the Rosary. Let not even one day pass without saying it, no matter how burdened you may be with many cares and labors."

--Pope Pius XI

How to Pray the Holy Rosary

1. While holding the crucifix make the **Sign of the Cross** and then recite the **Apostles Creed**.
2. Recite the **Our Father** on the first large bead.
3. On each of the three small beads recite a **Hail Mary** for an increase of faith, hope and charity.
4. Recite the **Gloria Patri** on the next large bead.
5. Recall the first **Mystery** and recite the **Our Father** on the next large bead.
6. On each of the next ten small beads (decade) recite a **Hail Mary** while reflecting on the mystery.
7. When the decade is finished, recite the **Gloria Patri**.
8. Each succeeding decade is prayed in a similar manner by recalling the appropriate mystery, reciting the **Our Father**, ten **Hail Marys**, and the **Gloria Patri** while reflecting on the mystery.
9. When the fifth mystery is completed, the Rosary is customarily concluded with the *Salve Regina*.

Rosary Prayers

Credo in Deum

I believe in God the Father Almighty, **Maker of heaven and earth. And in Jesus Christ his only Son our Lord; who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, dead, and buried; he descended into hell; the third day he rose again from the dead; he ascended into heaven, and sitteth on the right hand of God the Father Almighty; from thence he shall come to judge the quick and the dead. I believe in the Holy Ghost; the holy catholic Church; the communion of saints; the forgiveness of sins; the resurrection of the body; and the life everlasting. Amen.**

Pater Noster

Our Father, who art in heaven, hallowed be thy Name. Thy kingdom come. Thy will be done on earth as it is in heaven. **Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.**

Ave Maria

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. **Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.**

The Gloria Patri

Glory be to the Father, and to the Son and to the Holy Ghost:
As it was in the beginning, is now, and ever shall be, world without end. Amen.

Salve Regina

Hail, holy Queen, **Mother of mercy, our life, our sweetness and our hope. To thee to we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, thine eyes of mercy towards us. And after this our exile, show unto us the blessed Fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.**

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray.

O God, whose only-begotten Son, by his life, death, and resurrection, hath purchased for us the reward of eternal life; grant, we beseech thee; that as we meditate upon these Mysteries in the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain, and obtain what they promise; through the same Christ our Lord. **Amen.**



The Sorrowful Mysteries

The First Sorrowful Mystery

The Agony in the Garden

And he came out, and went, as was his custom, to the Mount of Olives; and the disciples followed him. And when he came to the place he said to them, "Pray that you may not enter into temptation." And he withdrew from them about a stone's throw, and knelt down and prayed, "Father, if thou art willing, remove this cup from me; nevertheless not my will, but thine, be done."

--Luke 22:39-42

Our Lord found the full weight of temptation in the Garden of Gethsemane, yet even in His agony He subjected His will to His Father. Ask Our Lady to help you pray this decade, that you may know a portion of Our Lord's sorrows.

The Second Sorrowful Mystery

The Scourging at the Pillar

Then Pilate therefore took Jesus, and scourged him.

--John 19:1

Our Lord is chained to a pillar and beaten so that we might be spared, and it is by His wounds that we are healed; by His passion we might live. Ask Our Lady to help you pray this decade, that you might experience sorrow for the transgressions that caused Our Lord to suffer so.

The Third Sorrowful Mystery

The Crowning with Thorns

Then the soldiers of the governor took Jesus into the praetorium, and they gathered the whole battalion before him. And they stripped him and put a scarlet robe upon him, and plaiting a crown of thorns they put it on his head, and put a reed in his right hand. And kneeling before him they mocked him, saying, "Hail, King of the Jews!" And they spat upon him, and took the reed and struck him on the head. And when they had mocked him, they stripped him of the robe, and put his own clothes on him, and led him away to crucify him.

--Matthew 27:27-31

Our Lord is crowned not with glinting gold but with cruel thorns; His majesty bloodied and mocked as emptiness before Caesar. Ask Our Lady to help you pray this decade, that you might lament the King of kings being mocked so that we might be exalted.

The Fourth Sorrowful Mystery

The Carrying of the Cross

And as they led him away, they seized one Simon of Cyrene, who was coming in from the country, and laid on him the cross, to carry it behind Jesus. And there followed him a great multitude of the people, and of women who bewailed and lamented him. But Jesus turning to them said, "Daughters of Jerusalem, do not weep for me, but weep for yourselves and for your children.

--Luke 23:26-28

The plight of Our Lord is lamented by women along the path to Calvary; even with a cross laid on His shoulders, He sees and laments the things which will come to pass for them. Ask Our Lady to help you pray this decade, that you may, like these women, cry out for the sake of the Lord and His people.

The Fifth Sorrowful Mystery

The Crucifixion of Our Lord

When Jesus saw his mother, and the disciple whom he loved standing near, he said to his mother, "Woman, behold, your son!" Then he said to the disciple, "Behold, your mother!" And from that hour the disciple took her to his own home. After this Jesus, knowing that all was now finished, said (to fulfil the scripture), "I thirst." A bowl full of vinegar stood there; so they put a sponge full of the vinegar on hyssop and held it to his mouth. When Jesus had received the vinegar, he said, "It is finished"; and he bowed his head and gave up his spirit.

--John 19:26-30

Our Lady stands at the foot of the Cross even as most fled, only John amongst the Twelve to comfort her. Ask Our Lady to help you pray this decade, that you might know a portion of her sorrow, and beg her to be a mother to you as she is to blessed John.

The Joyful Mysteries

The First Joyful Mystery

The Annunciation to Mary

In the sixth month the angel Gabriel was sent from God to a city of Galilee named Nazareth, to a virgin betrothed to a man whose name was Joseph, of the house of David; and the virgin's name was Mary. And he came to her and said, "Hail, full of grace, the Lord is with you!"

--Luke 1:26-28

The Angel of the Lord declared first to the Virgin Mary the coming of the Messiah. The Archangel Gabriel calls the Virgin "Full of Grace," using the phrase as her proper name. Ask Our Lady to help you pray this decade, pondering the great joyful mystery of the Incarnation.

The Second Joyful Mystery

The Visitation of Mary

And when Elizabeth heard the greeting of Mary, the babe leaped in her womb; and Elizabeth was filled with the Holy Spirit and she exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb! And why is this granted me, that the mother of my Lord should come to me? For behold, when the voice of your greeting came to my ears, the babe in my womb leaped for joy. And blessed is she who believed that there would be a fulfillment of what was spoken to her from the Lord."
--Luke 1:41-45

The Blessed Mother hurried to Elizabeth her cousin, who was herself great with child. The child John, given to be the Baptist and Forerunner of our Lord, recognized the Presence of our Lord within Mary, though he himself was still in the womb. Ask Our Lady to help you pray this decade, pondering the joy that Our Lord brings to His people from the first moment of His conception.

The Third Joyful Mystery

The Nativity of Our Lord

And while they were there, the time came for her to be delivered. And she gave birth to her first-born son and wrapped him in swaddling clothes, and laid him in a manger, because there was no place for them in the inn.

--Luke 2:6-7

The God whom the whole universe cannot contain did not despise the Virgin's womb; a feeding trough was throne enough for Him. The Light of the world was content to be born in the darkest corner of the Earth, that no darkness could ever overcome Him. Ask Our Lady to help you pray this decade, pondering the great miracle of the Word made flesh.

The Fourth Joyful Mystery

The Presentation of Our Lord Jesus Christ

He took him up in his arms and blessed God and said, "Lord, now lettest thou thy servant depart in peace, according to thy word; for mine eyes have seen thy salvation which thou hast prepared in the presence of all peoples, a light for revelation to the Gentiles, and for glory to thy people Israel." And his father and his mother marveled at what was said about him;

--Luke 2:28-33

The coming of the Christ brought joy and rest but also warning and contention. His disciples past and present mourn over Our Lady's immaculate yet pierced heart, yet we rejoice even in persecutions, knowing that the Lord redeems all things. Ask Our Lady to help you pray this decade, pondering the mystery of redemption found in the life of a newborn.

The Fifth Joyful Mystery

The Finding in the Temple

After three days they found him in the temple, sitting among the teachers, listening to them and asking them questions; and all who heard him were amazed at his understanding and his answers. And when they saw him they were astonished; and his mother said to him, "Son, why have you treated us so? Behold, your father and I have been looking for you anxiously." And he said to them, "How is it that you sought me? Did you not know that I must be in my Father's house?"

--Luke 2:46-49

Joseph and Mary searched restlessly until they came upon Jesus in the Temple. Ask Our Lady to help you pray this decade, pondering the joy she felt when she first caught sight of her Son.

The Glorious Mysteries

The First Glorious Mystery

The Resurrection of Our Lord

Then Simon Peter came, following him, and went into the tomb; he saw the linen cloths lying, and the napkin, which had been on his head, not lying with the linen cloths but rolled up in a place by itself. Then the other disciple, who reached the tomb first, also went in, and he saw and believed; for as yet they did not know the scripture, that he must rise from the dead.

--John 20:6-9

Saints Peter and John enter the tomb, beholding with their own eyes the glory of the Lord. Ask Our Lady to help you pray this decade, that you might know the hope of her Son's mighty Resurrection.

The Second Glorious Mystery

The Ascension of Our Lord

And when he had said this, as they were looking on, he was lifted up, and a cloud took him out of their sight. And while they were gazing into heaven as he went, behold, two men stood by them in white robes, and said, "Men of Galilee, why do you stand looking into heaven? This Jesus, who was taken up from you into heaven, will come in the same way as you saw him go into heaven."

--Acts 1:9-11

By Our Lord's glorious Ascension the Manhood was joined with the Godhead; no more is mankind hopeless, for our hope is in Christ's return. Ask Our Lady to help you pray this decade, that you might know the triumph of the Ascension and the hope of the Apocalypse.

The Third Glorious Mystery

The Descent of the Holy Ghost

When the day of Pentecost had come, they were all together in one place. And suddenly a sound came from heaven like the rush of a mighty wind, and it filled all the house where they were sitting. And there appeared to them tongues as of fire, distributed and resting on each one of them. And they were all filled with the Holy Spirit and began to speak in other tongues, as the Spirit gave them utterance.

--Acts 2:1-4

The Apostles are anointed with fire and filled with the Holy Ghost; they then spoke with the same voice as the prophets. Ask Our Lady to help you pray this decade, that you might also be filled with the Holy Ghost.

The Fourth Glorious Mystery

The Assumption of the Blessed Virgin

The princess is decked in her chamber with gold-woven robes; in many-colored robes she is led to the king, with her virgin companions, her escort, in her train. With joy and gladness they are led along as they enter the palace of the king.

--Psalm 45:13-17

Our Lady is given the reward of her labors, being assumed body and soul to live forever with her Son in Heaven. Ask Our Lady to help you pray this decade, that you may also know the fruit of Our Lord's Resurrection.

The Fifth Glorious Mystery

The Coronation of the Blessed Virgin

And there appeared a great wonder in heaven; a woman clothed with the sun, and the moon under her feet, and upon her head a crown of twelve stars.

--Revelation 12:1

Our Lady is given the crown of righteousness we all seek, seated as Queen of Heaven. She intercedes for us in her substance at the throne of her Son. Ask Our Lady to help you pray this decade, that she who we venerate here on Earth may intercede for us in Heaven.

The Luminous Mysteries

The First Luminous Mystery

The Baptism of Our Lord

Then Jesus came from Galilee to the Jordan to John, to be baptized by him. John would have prevented him, saying, "I need to be baptized by you, and do you come to me?" But Jesus answered him, "Let it be so now; for thus it is fitting for us to fulfil all righteousness." Then he consented. And when Jesus was baptized, he went up immediately from the water, and behold, the heavens were opened and he saw the Spirit of God descending like a dove, and alighting on him; and lo, a voice from heaven, saying, "This is my beloved Son, with whom I am well pleased."

--Matthew 3:13-17

Blessed John the Baptist answers the Lord's request for his baptism with reluctance, but is rewarded with the very Voice of God. With Our Lord is the Father well pleased. Ask Our Lady to help you pray this decade, that through Christ we too may be pleasing to God.

The Second Luminous Mystery

The Wedding Feast at Cana

On the third day there was a marriage at Cana in Galilee, and the mother of Jesus was there; Jesus also was invited to the marriage, with his disciples. When the wine failed, the mother of Jesus said to him, "They have no wine." And Jesus said to her, "O woman, what have you to do with me? My hour has not yet come." His mother said to the servants, "Do whatever he tells you."

--John 2:1-5

Our Lord sanctified the sacrament of marriage by His presence at the wedding at Cana and the working of His first miracle there; that miracle is worked at the request of His Mother. Ask Our Lady to help you pray this decade, that through her intercession you may come to that same manner of faith.

The Third Luminous Mystery

The Preaching of the Kingdom of God

Now after John was arrested, Jesus came into Galilee, preaching the gospel of God, and saying, "The time is fulfilled, and the kingdom of God is at hand; repent, and believe in the gospel."

--Mark 1:14-15

Blessed John the Baptist decreased so that the Lord might increase. Our Lord proclaims that the Kingdom of God has come to earth in the substance of His Person. Ask Our Lady to help you pray this decade, that you might come to see the Kingdom of God.

The Fourth Luminous Mystery

The Transfiguration of the Lord

Now about eight days after these sayings he took with him Peter and John and James, and went up on the mountain to pray. And as he was praying, the appearance of his countenance was altered, and his raiment became dazzling white. And behold, two men talked with him, Moses and Elijah, who appeared in glory and spoke of his departure, which he was to accomplish at Jerusalem.

--Luke 9:28-31

Our Lord is transfigured, not transformed. His glory is revealed, not added to. Ask Our Lady to help you pray this decade, that you might see Our Lord's glory with your own eyes.

The Fifth Luminous Mystery

The Institution of the Eucharist

Now as they were eating, Jesus took bread, and blessed, and broke it, and gave it to the disciples and said, "Take, eat; this is my body." And he took a cup, and when he had given thanks he gave it to them, saying, "Drink of it, all of you; for this is my blood of the covenant, which is poured out for many for the forgiveness of sins.

--Matthew 26:26-28

Our Lord gives us nothing less than His Body and Blood. The very life of God is laid on the altar. Ask Our Lady to help you pray this decade, that you might take comfort and strength from His Presence in the Blessed Sacrament.

Further Devotions

The Angelus

V. The Angel of the Lord declared unto Mary.

R. And she conceived by the Holy Ghost.

Hail Mary...

V. Behold the handmaid of the Lord.

R. Be it done unto me according to Thy word.

Hail Mary...

V. And the Word was made Flesh.

R. And dwelt amongst us.

Hail Mary...

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray: Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that as we have known the Incarnation of Thy Son Jesus Christ by the message of an Angel, so by His +Cross and Passion be brought to the glory of His Resurrection. Through the same Christ Our Lord. *Amen.*

Regina coeli

O Queen of heaven, be joyful, alleluia;

Because he whom so meetly thou bearest, alleluia,

Hath arisen, as he promised, alleluia:

Pray for us to the Father, alleluia.

V. Rejoice and be glad, O Virgin Mary, alleluia.

R. For the Lord is risen indeed, alleluia

Let us pray: O God, who by the resurrection of thy Son Jesus Christ didst vouchsafe to give gladness unto the world: Grant, we beseech thee, that we, being holpen by the Virgin Mary, his Mother, may attain to the joys of everlasting life. Through the same Christ our Lord. *Amen.*

The Memorare

Remember, O most loving Virgin Mary, that never was it known that any who fled to thy protection, implored thy help, and sought thy intercession, was left unaided. Inspired with this confidence, I fly unto thee, O Virgin of virgins, my Mother; to thee I come, before thee I stand sinful and sorrowful. O Mother of the Word incarnate, despise not my petitions, but in thy clemency hear and answer me.

Sub tuum praesidium

We fly to thy patronage, O holy Mother of God! despise not our petitions in our necessities, but deliver us from all dangers, O ever glorious and blessed Virgin.

Inviolata

Thou art pure, thou art chaste, thou art without stain, O Mary: Thou art the bright Gate of Heaven. Sweet Mother of Jesus, Mother most beloved: Receive our praises and our prayers. Our souls and our lips now earnestly beseech thee, to obtain for us, by thy prayers so pleasing to Jesus, that our hearts and our bodies may be all pure. May we find grace with him for all eternity. O Mary! O benign Queen! Who alone hast remained without spot.

A Prayer of Saint Augustine of Hippo

Thou, O Mary, hast perfectly fulfilled the will of the heavenly Father; thy greatest honour and blessedness is, not to have been the Mother only, but also the Disciple of Christ. Blessed art thou to have heard the Word of God and to have kept it within thy heart. Thou didst harbour the truth of Christ in thy understanding, even more than his manhood in thy womb. Woman incomparable, thou art both bodily and spiritually Mother and Virgin. Mother of our Head, who is the Saviour, thou art Mother also of his members, even of ourselves; for by charity thou hast co-operated in the birth of the faithful into his Church. Thou art the beauty and dignity of earth, O Virgin, and hast ever been the type of the holy Church. By one woman came death, and by another even by thee, O Mother of our God, came life.

Prayers to Our Lady of Walsingham

O Gracious Lady, glory of Jerusalem, Cypress of Sion and Joy of Israel, Rose of Jericho and Star of Bethlehem; O gracious Lady our asking do not repel, in mercy all women ever thou dost excel. Therefore, blessed Lady, grant then thy great grace, to all that thee devoutly visit in this place. *Amen.*

O blessed Virgin Mary, our Lady of Walsingham, to thy loving intercession we commend ourselves, our homes and friends and our native land. We recall with thankful hearts the love thou didst show to thy Son on earth and the blessings given us through thy prayers. As thy devoted children we dedicate ourselves to his service. Our Lady of Walsingham, pray for us that we may do whatsoever he telleth us. *Amen.*

O alone of all women, Mother and Virgin, Mother most happy, Virgin most pure, now we, impure as we are, come to see thee who art all pure; we salute thee: we venerate thee as how we may with humble offerings: may thy Son grant us, that imitating thy most holy manners, we also, by the grace of the Holy Ghost, may deserve spiritually to conceive the Lord Jesus in our inmost soul, and once conceived, never to lose him. *Amen.*

Salve Regina

Hail, holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee to we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, thine eyes of mercy towards us. And after this our exile, show unto us the blessed Fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

V. Pray for us, O holy Mother of God.

R. *That we may be made worthy of the promises of Christ.*

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O God, whose only-begotten Son, by his life, death, and resurrection, hath purchased for us the reward of eternal life; grant, we beseech thee; that as we meditate upon these Mysteries in the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain, and obtain what they promise; through the same Christ our Lord. **Amen.**

This booklet found its form, if not its content, in *Praying the Rosary: with the Joyful, Luminous, Sorrowful, and Glorious Mysteries* by Michael Dubruiel and Amy Welborn, published in 2003 by Our Sunday Visitor. It is meant to be a local devotional guide and nothing else, and we are thankful for the work of Dubruiel and Welborn.