BEST TEMPERATURE For Sleep



PHYSICS TODAY

Volume 51, Issue 7

Is heaven hotter than hell? Physics Rible Head to D

Physics, Bible Used to Reexamine If Heaven Is Hotter Than Hell 😾

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How to stay cool at global warming summer...



Close the blinds



Let in a breeze



Use a fan



Wear light clothing



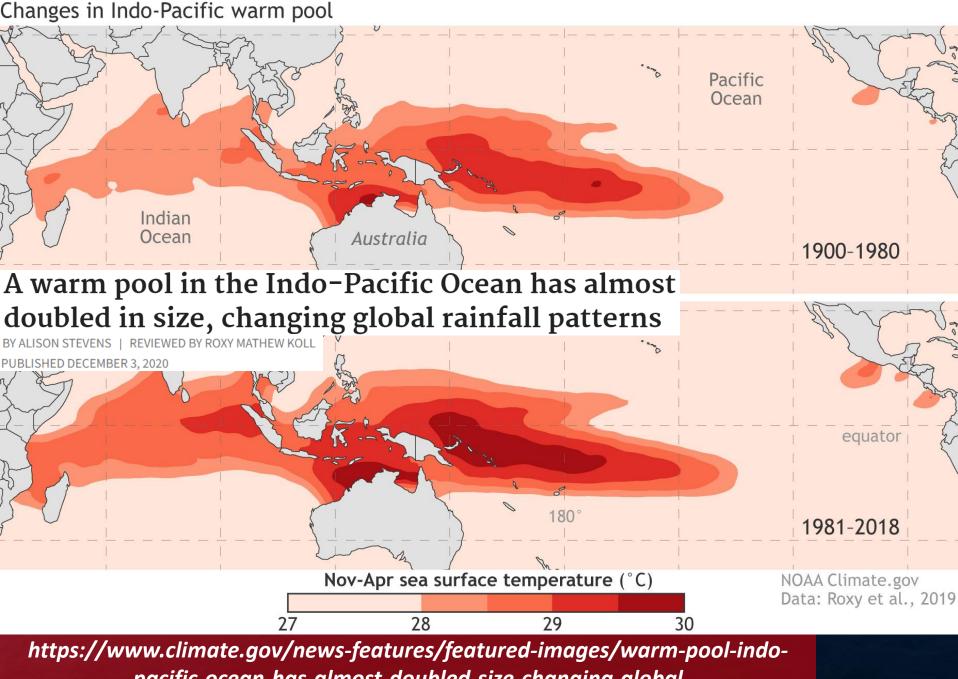
Sleep on the lowest level of your home



Sleep on breathable sheets



Sleep on a mattress with cooling properties



pacific-ocean-has-almost-doubled-size-changing-global

Climate change and your lungs

Climate change is the long-term change to global temperature and weather systems. It has been sped up by human behaviour. We burn fossil fuels such as coal, gas and oil, which produce carbon dioxide and other pollutants or greenhouses gases. These build up in our atmosphere and cause global warming, which can affect your lungs.

Climate change can:

- increase the risk of developing a lung condition, or
- make pre-existing conditions worse.

Extreme heat

Extreme heat can make symptoms of lung disease worse and happen more often. High temperatures increase risks of drought. This worsens air quality as dirt and dust from the ground rise up into the air we breathe. Wildfires become more common, and the smoke pollutes the air we breathe.

Air pollution

Air pollution and climate change are closely linked. Air pollution contributes to climate change and climate change increases the risks of air pollution.



Flooding

Flooding can lead to damp, which increases the risk of mould growth. Mould triggers allergies, causes lung infections and can worsen lung conditions such as asthma and rhinitis.

Plant pollen

Higher temperatures and more carbon dioxide mean plants produce more pollen for longer periods in more places. The pollen is also richer in the chemical that causes allergies.



Infectious diseases

Climate change can affect how well germs that cause diseases spread, reproduce and survive. We will likely see more new viruses spreading into people and have greater risks of epidemics and pandemics due to climate change.



https://europeanlung.org/en/information-hub/keeping-lungs-healthy/climatechange-and-your-lungs/



Kingdomtide

The colour for this season of Kingdomtide is green, indicating a time of growth. We are reminded to plant our roots deep into the heart of God's sustaining Presence and Word, as we stretch out our arms in hospitality to the world.

Praise. Experience. Serve. Share!

1. IN GOD'S IMAGE, JUNE 4
2. OUT OF THE GROUND, JUNE 11
3. ALL ABOARD IN NOAH'S WORLD, JUNE 18
4. INTERDEPENDENT ARE WE, JULY 2
5. KEEP ALL COCREATURES HOLY, JULY 9
6. THY WILL BE DONE ON EEARTH, JULY 16
7. ON THE HOLY MOUNTAIN, JULY 23
8. MAKE ALL THINGS NEW, JULY 30

sermon series during kingdomtide i

THE MILKY WAY DISCIPLES

Isaiah 65:17-25 Seek New Heavens and A New Earth

"SEE, I WILL CREATE
NEW HEAVENS AND A
NEW EARTH. THE
FORMER THINGS WILL
NOT BE REMEMBERED,
NOR WILL THEY
COME TO MIND."

MATTHEW 7:7

Isaiah 65:17

Isaiah 65:17-25 Bring Peace among the People

"The voice of weeping shall be no more heard."
- Isaiah 65:19 -

Pray for the peace of Jerusalem!

"May they be secure who love you!

Peace be within your walls

and security within your towers!"

Psalm 122:6-7

Peace on earth!

Isaiah 65:17-25 Return to the Creation of God



They will not toil in vain or

bear children doomed to misfortune;

for they will be blessed by the Lord,

they and their descendants with them.

Before they call I will answer;
while they are still speaking
I will hear.

Isaiah 65:23-24

Revelation 21-22

Matthew 5:1-2, 7:24-:8:1 On the Holy Mountain

⁶ The **wolf** will live with the **lamb**, the leopard will lie down with the goat, the calf and the lion and the yearling together; and a little child will lead them. ⁷ The cow will feed with the bear, their young will lie down together, and the lion will eat straw like the ox. ⁸ The infant will play near the hole of the cobra, and the young child put his hand into the viper's nest. ⁹ They will neither harm nor destroy on all my holy mountain, for the earth will be full of the knowledge of the LORD as the waters cover the sea. (Isaiah 11:6-9)



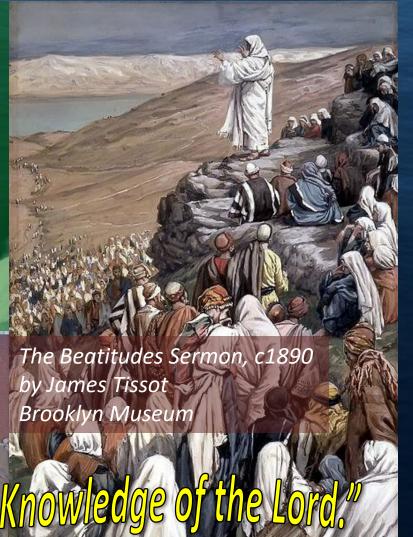


Matthew 5:1-2, 7:24-:8:1 Fill the Earth with the Gospel

Now when he saw the crowds, he went up on a mountainside and sat down. His disciples came to him, and he began to teach them, saying: ³ "Blessed are the poor in spirit, ... (Matt. 5:1-3a)

When he came down from the mountainside, large crowds followed him.

A man with leprosy came and knelt before him and said, "Lord, if you are willing, you can make me clean." (Matt. 8:1-2)



The earth will be full of "the Knowledge of the Lord.

1. Be glad and rejoice forever in what the Lord will create.



"Milky Way Disciples for Climate Church"
Part 7. On the Holy Mountain

1. Be glad and rejoice forever in what the Lord will create.



"Milky Way Disciples for Climate Church"

Part 7. On the Holy Mountain

1. Be glad and rejoice forever in what the Lord will create.





"Cast your cares on the Lord and he will sustain you; he will never let the righteous be shaken."

- Psalm 55:22; NIV

- 1. Be glad and rejoice forever in what the Lord will create.
- 2. All of lives will neither harm nor destroy on all His holy mountain.

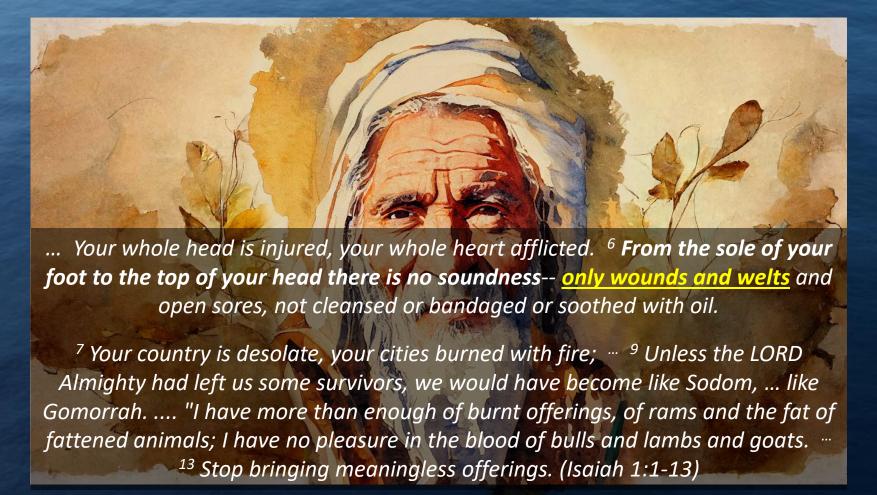




... during the reigns of Uzziah, Jotham, Ahaz and Hezekiah, kings of Judah. ² Hear, O heavens! Listen, O earth! For the LORD has spoken: "I reared children and brought them up, but they have rebelled against me.

³ The ox knows his master, the donkey his owner's manger, but Israel does not know, my people do not understand."

⁴ Ah, sinful nation, a people loaded with guilt, a brood of evildoers, children given to corruption! They have forsaken the LORD; they have spurned the Holy One of Israel and turned their backs on him.



In the last days the mountain of the Lord's temple will be established as chief among the mountains; it will be raised above the hills, and all nations will stream to it. Many peoples will come and say: "Come, let us go up to the mountain of the Lord, to the house of the God of Jacob. He will teach us his ways, so that we may walk in his paths. ...

THEMOUNTAIN OF THE ISAIAH 2:1-5

They will beat their swords into plowshares and their spears into pruning hooks.

Nation will not take up sword against nation, nor will they train for war anymore.

Come, O house of Jacob, let us walk in the light of the Lord.





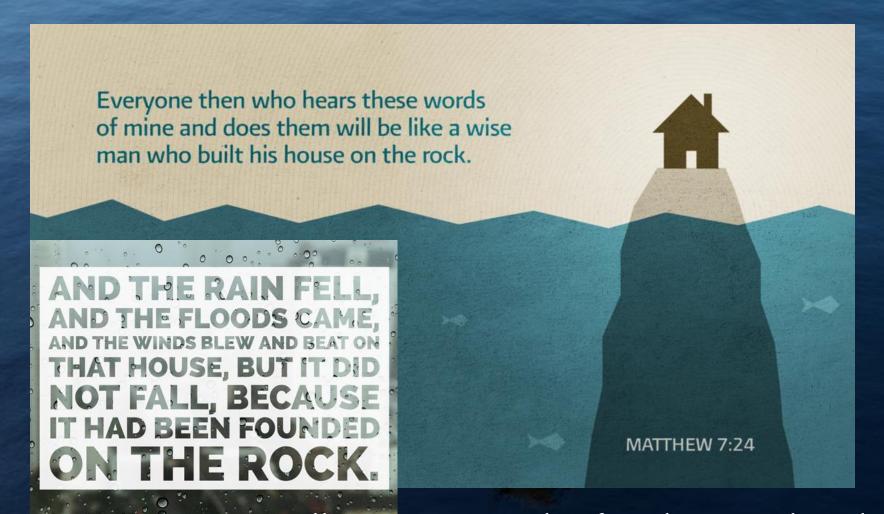


"Milky Way Disciples for Climate Church"
Part 7. On the Holy Mountain

- 1. Be glad and rejoice forever in what the Lord will create.
- 2. All of lives will neither harm nor destroy on all His holy mountain.
- 3. Therefore, everyone who hears these words and puts them into practice is like a <u>wise</u> man.



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