Sacred Heart School Menu January, 2019



Mary days	Treesday		Thomaday	Entidade	Nama
-				-	News
Jan-7	Jan-8	Jan-9	Jan-10	Jan-11	1st-4th- Christmas Break
Chicken Nuggets Dinner Roll Mixed Vegetables	Cheeseburger w pickles French Fries Mixed Berry Cup	Mini Corn Dogs Baked Beans Baby Carrots w Dip	Popcorn chicken Steamed Rice Broccoli	Applesauce	7th- Back to School 11th- Grade Cards
Pineapple Milk	Milk	Banana Milk	Fortune Cookie Milk	Milk	15th- Staff Meeting 17th- Choir Practice
	lan 45	han 40	Sweet & Sour Sauce	lar 40	21st- No School
Jan-14	Jan-15	Jan-16	Jan-17	Jan-18	
Chicken Littles Green Beans Pears Milk	Beef Soft Taco w Cheese Shredded Lettuce Potato Wedge/Black Beans Sorbet Cup Milk	Lasagna Roll Up Garlic Breadstick Steamed Broccoli Peaches Milk Choice: Uncrustable	Chicken Fryz Dinner Roll Mashed Potatoes w Gravy Fresh Apple Milk	Toasted Cheese Sandwich Tomato Soup Pickle Spear Mixed Fruit Milk	27th- Open House Catholic Schools Week Breakfast : We offer various entree options including toaster pastries, muffins, cereal, and yogurt. Breakfast also includes milk and choice of fruit or 100% fruit juice. Breakfast is served in the cafeteria each morning before school. If you are eligible for free or reduced price lunch you are
Jan-21	Jan-22	Jan-23	Jan-24	Jan-25	also eligible for free or reduced breakfast.
No School Martin Luther King Jr. Day	Cinn. Glazed French Toast Sausage Potato Wedge Juice Milk	Chicken Patty Sandwich Mixed Vegetables Baby Carrots w Dip Peach Cup Milk	Frito Flip Corn Pineapple Milk	Caesar Salad Pears	Accessing your child's cafeteria account: If you want to see your child's cafeteria balance, see what he or she is purchasing, or make
7					Offer vs Serve is a provision of the National
Jan-28 Macaroni & Cheese w/Apple Muffin Bread Steamed Broccoli/ Peas Mandarin Oranges Milk	Jan-29 Nachos w Taco Meat & Chz Corn/Black Beans Sorbet Cup Milk	Jan-30 Hot Dog on Bun Tater Tots Baby Carrots w Dip Applesauce Milk	Jan-31 Salisbury Steak Dinner Roll Mashed Potatoes w Gravy Mixed Fruit Milk	Feb-1 Pizza Tossed Salad Pears Milk Choice:Calzone	School Lunch program that allows students to refuse up to two items of the lunch menu and one item from the breakfast menu. If a student refuses one or two items the full price is still charged therefore we encourage students to take
	Dinner Roll Mixed Vegetables Pineapple Milk Jan-14 Chicken Littles Green Beans Pears Milk Jan-21 Mo School Martin Luther King Jr. Day Wartin Luther King Jr. Day Jan-28 Macaroni & Cheese w/Apple Muffin Bread Steamed Broccoli/ Peas Mandarin Oranges	Jan-7Jan-8Chicken Nuggets Dinner Roll Mixed Vegetables Pineapple MilkCheeseburger w pickles French Fries Mixed Berry Cup MilkJan-14Jan-15Jan-14Jan-15Chicken Littles Green Beans Pears MilkBeef Soft Taco w Cheese Shredded Lettuce Potato Wedge/Black Beans Sorbet Cup MilkJan-21Jan-22No School Martin Luther King Jr. Day SizeCinn. Glazed French Toast Sausage Potato Wedge Juice MilkJan-28Jan-29Macaroni & Cheese w/Apple Muffin Bread Steamed Broccoli/ Peas MilkNachos w Taco Meat & Chz Corn/Black Beans Sorbet Cup Milk	Jan-7Jan-8Jan-9Chicken Nuggets Dinner Roll Mixed Vegetables Pineapple MilkCheeseburger w pickles French Fries Mixed Berry Cup MilkMini Corn Dogs Baked Beans Baby Carrots w Dip Banana MilkJan-14Jan-15Jan-16Jan-14Jan-15Jan-16Chicken Littles Green Beans Pears MilkBeef Soft Taco w Cheese Shredded Lettuce Potato Wedge/Black Beans Sorbet Cup MilkLasagna Roll Up Garlic Breadstick Steamed Broccoli Peaches MilkJan-21Jan-22Jan-23Mo School Martin Luther King Jr. DayCinn. Glazed French Toast Sausage Potato Wedge Juice MilkChicken Patty Sandwich MilkJan-28Jan-29Jan-30Macaroni & Cheese W/Apple Muffin Bread Steamed Broccoli/Peas MilkNachos w Taco Meat & Chz Com/Black Beans Sorbet Cup MilkHot Dog on Bun Tater Tots Baby Carrots w Dip Applesauce Milk	Jan-7Jan-8Jan-9Jan-10Chicken Nuggets Dinner RollCheeseburger w pickles French Fries Mixed Vegetables MikeMini Corn Dogs Baked Beans Baby Carrots w Dip Banana MilkPopcorn chicken BroccoliMixed Vegetables Pineapple MilkMixed Berry Cup MilkBahana Bahana Bahana MilkPopcorn chicken BroccoliJan-14Jan-15Jan-16Mini Corn Dogs Bahana MilkPopcorn chicken BroccoliJan-14Jan-15Jan-16Jan-17Chicken Littles Green Beans Pears MilkBeef Soft Taco w Cheese Shredded Lettuce Potato Wedge/Black Beans Sorbet Cup MilkLasagna Roll Up Garlic BreadstickChicken Fryz Dinner RollJan-21Jan-22Jan-23Jan-24Jan-21Jan-22Jan-23Jan-24Martin Luther King Jr. DayCinn. Glazed French Toast Steamed BroccoliChicken Patty Sandwich MilkFrito Flip Corn Peaches Baby Carrots w Dip Peach Cup MilkFrito Flip CornJan-28Jan-29Jan-30Jan-31Macaroni & Cheese W/Apple Milfn Bread Steamed Broccoli / Peas MilkNachos w Taco Meat & Chz Corn/Black Beans Sorbet Cup MilkHot Dog on Bun Tater Tots Baby Carrots w Dip Applesauce MilkSalisbury Steak Dinner RollMandarin Oranges MilkMilkMilkHot Dog on Bun Tater Tots Baby Carrots w Dip Applesauce MilkSalisbury Steak Mashed Potatoes w Gravy Mixed Fruit Milk	Jan-7Jan-8Jan-9Jan-10Jan-11Chicken Nuggets Dinner Roll Miked Vegetables PincappleCheeseburger w pickles French Fries MikeMini Com Dogs Baked Beans Baked Beans Baby Carrots w Dip Banana MilkPopcom chicken Steamed Rice Broch Tages Fortune Cookie MilkStuffed Crust Pizza Caesar Salad Applesauce MilkJan-14Jan-15Jan-16Jan-17Jan-18Jan-24Jan-21Jan-22Jan-23Jan-24Toasted Cheese Sandwich MilkJan-21Jan-22Jan-23Jan-24Jan-25Marin Luther King Jr. Day Wardin Luther King Jr. Day MilkJan-29Jan-30Jan-31Feb-1Macaroni & Cheese Wandarin Oranges Steamed Rice Cooli/Peas MilkJan-29Jan-30Jan-31Feb-1Macaroni & Cheese Wandarin Oranges MilkNachos w Taco Meat & Chrz MilkHot Dog on Bun Tafer Tots Baby Carrots w Dip MilkSalisbury Steak MilkPizzaJan-28 Madarin Oranges MilkJan-29Man-30Jan-31Feb-1Macaroni & Cheese MilkMilkMilkSalisbury Steak MilkPizzaMacaroni & Cheese Mandarin Oranges MilkMilkMilkPizzaMacaroni & Cheese Mandarin Oranges MilkMilkMilkPizzaMacaroni & Cheese Mandarin Oranges MilkMilkMilkPizzaMacaroni & Cheese Mandarin Oranges MilkMilkMilkPizzaMacaroni & Cheese Mandarin Oranges MilkMilkMilkMilk<