



DCA's BOOT CAMP IS BACK FOR SUMMER 2020!

**Let's pick up where we left off in the
spring and practice the skills we can
to prepare for our recreational
or HS cheer seasons!**

**Jumps- Motions - Dance- Flexibility - Strength & Condition -
Individual Stunt Skills & Technique**

7th grade - High School

Classes start the week of June 8th

Wednesdays 1:00 - 2:15pm or

Fridays 9:30 - 10:45am

**Add this to your weekly tumbling class
only \$55/mo**

**(if Boot camp is your 1st class, \$115/mo but we highly recommend taking a
tumbling class as well as no instructional tumbling in boot camp)**

**DuPage Cheer & Power Tumbling 26W251 St. Charles Road Carol Stream
630-588-9000 or coach@dupagetumbling.com**