

LKSSAA TRACK AND FIELD 2019

1. Pole Vault – The pole vault event will be conducted on Monday, May 13th at 4 pm at Chatham-Kent SS. If your school has pole vault entries, you are responsible for the set-up and take-down of the equipment and running the event.
2. **All events may run up to one-half hour ahead of schedule (both track and field). This includes the starting time of the afternoon track events.**
3. If an event that requires heats and finals (100, 200, sprint hurdles) has eight or fewer entries, then the final will be run at the **scheduled final time in the afternoon.**
4. Tents may only be set up to the east of the gazebo, behind the bleachers or beside the equipment shed.
5. This is a track meet. It is NOT a football game, ultimate tournament or rock concert. **No footballs, NO frisbees and NO boom boxes.**
6. Buses are **NOT** to park at Chatham-Kent SS. They are to park at Northside Arena to the west of CKSS. The entrance to the arena is off Delaware Ave.
7. The marshalling area for track events is by the equipment shed. It is an area bounded by the yellow tape. All track athletes must report to that area NOT the start line.
8. Events **will only be called** if they are to run **early.**

LKSSAA TRACK SCHEDULE 2019

DAY 1 – TUESDAY, MAY 14, 2018

CHATHAM-KENT SS

9:45 am Open Girls 2000 m Steeplechase
Open Boys 2000 m Steeplechase

10:15 am Midget Girls 80 m Hurdle Heats
Junior Girls 80 m Hurdle Heats
Senior Girls 100 m Hurdle Heats
Midget Boys 100 m Hurdle Heats
Junior Boys 100 m Hurdle Heats
Senior Boys 110 m Hurdle Heats

10:45 am Open Amb, ID, VI Girls and Boys 100 m Final
Midget Girls 100 m Heats
Midget Boys 100 m Heats
Junior Girls 100 m Heats
Junior Boys 100 m Heats
Senior Girls 100 m Heats
Senior Boys 100 m Heats

11:30 am Midget Girls 400 m Timed Final
Midget Boys 400 m Timed Final
Junior Girls 400 m Timed Final
Junior Boys 400 m Timed Final
Senior Girls 400 m Timed Final
Senior Boys 400 m Timed Final

TRACK BREAK

12:50 pm Midget Girls 80 m Hurdles Final
Junior Girls 80 m Hurdle Final
Senior Girls 100 m Hurdle Final
Midget Boys 100 m Hurdle Final
Junior Boys 100 m Hurdle Final
Senior Boys 110 m Hurdle Final

1:20 pm Midget Girls 100 m Final
Midget Boys 100 m Final
Junior Girls 100 m Final
Junior Boys 100 m Final
Senior Girls 100 m Final
Senior Boys 100 m Final

1:50 pm Midget Girls 1500 m Timed Final
Midget Boys 1500 m Timed Final
Junior Girls 1500 m Timed Final
Junior Boys 1500 m Timed Final
Senior Girls 1500 m Timed Final
Senior Boys 1500 m Timed Final

3:15 pm Midget Girls 4 x 100 Relay Timed Final
Midget Boys 4 x 100 Relay Timed Final
Junior Girls 4 x 100 Relay Timed Final
Junior Boys 4 x 100 Relay Timed Final
Senior Girls 4 x 100 Relay Timed Final
Senior Boys 4 x 100 Relay Timed Final

DAY 2 – WEDNESDAY, MAY 15, 2018

CHATHAM-KENT SS

9:45 am Wheelchair 200

10:00 am Senior Girls 200 m Heats
Senior Boys 200 m Heats
Junior Girls 200 m Heats
Junior Boys 200 m Heats
Midget Girls 200 m Heats
Midget Boys 200 m Heats

10:40 am Senior Girls 800 m Timed Final
Senior Boys 800 m Timed Final
Junior Girls 800 m Timed Final
Junior Boys 800 m Timed Final
Midget Girls 800 m Timed Final
Midget Boys 800 m Timed Final
Open Amb, ID and VI Girls, Boys 800 m

11:30 am Senior Boys 400 m Hurdles Timed Final
Senior Girls 400 m Hurdles Timed Final
Junior Girls 300 m Hurdles Timed Final
Midget Girls 300 m Hurdles Timed Final
Junior Boys 300 m Hurdles Timed Final
Midget Boys 300 m Hurdles Timed Final

TRACK BREAK

1:15 pm Senior Girls 200 m Final
Senior Boys 200 m Final
Junior Girls 200 m Final
Junior Boys 200 m Final
Midget Girls 200 m Final
Midget Boys 200 m Final

1:45 pm Senior Girls 3000 m Final
Senior Boys 3000 m Final
Junior Girls 3000 m Final
Junior Boys 3000 m Final
Midget Girls 3000 m Final
Midget Boys 3000 m Final

3:15 pm Open Girls 4 x 400 Relay Timed Final
Open Boys 4 x 400 Relay Timed Final

AWARDS PRESENTATION (TEAM AND INDIVIDUAL)

LKSSAA FIELD SCHEDULE 2019

DAY 1 – TUESDAY, MAY 14, 2018

CHATHAM-KENT SS

9:45 am
Midget Girls Long Jump
Junior Girls Triple Jump
Senior Girls High Jump
Midget Boys Shot Put
Junior Boys Discus
Senior Boys Javelin

11:30 am
Midget Girls Shot Put
Junior Girls Discus
Senior Girls Javelin
Midget Boys Long Jump
Junior Boys Triple Jump
Senior Boys High Jump

1:15 pm
Midget Girls High Jump
Junior Girls Long Jump
Senior Girls Triple Jump
Midget Boys Javelin
Junior Boys Shot Put
Senior Boys Discus

DAY 2 – WEDNESDAY, MAY 15, 2019

CHATHAM-KENT SS

9:45 am
Midget Girls Javelin
Junior Girls Shot Put
Senior Girls Discus
Midget Boys High Jump
Junior Boys Long Jump
Senior Boys Triple Jump

11:30 am
Midget Girls Triple Jump
Junior Girls High Jump
Senior Girls Long Jump
Midget Boys Discus
Junior Boys Javelin
Senior Boys Shot Put

1:15 pm
Midget Girls Discus
Junior Girls Javelin
Senior Girls Shot Put
Midget Boys Triple Jump
Junior Boys High Jump
Senior Boys Long Jump