

Spring 2016



stronger communities,

ONE MOM AT A TIME

www.ElizabethAnnSetonProgram.org

### Support EAS

Your donation will help us provide services to the 600 plus families in the Springfield, Litchfield and Beardstown communities.

Donate by phone:  
Springfield 217 757-6025  
Litchfield 217 324-3270

Donate online:  
[www.elizabethannsetonprogram.org](http://www.elizabethannsetonprogram.org)

Or send your check to: Elizabeth Ann Seton Program  
700 N. 7<sup>th</sup> Street, Suite C  
Springfield, IL 62702  
Phone: 217.757.6025



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### Look What We Did! Highlights from 2015

There are many ways to measure success. At EAS, we have moms who come to the program with many difficulties and need long-term assistance, and there are families that already have strengths but just need some encouragement to make changes for the better. EAS uses a multi-faceted approach when addressing the needs of the women and children in our program. We partner with many churches and organizations to provide: one-on-one support; education and job training; emergency supplies for families in crisis; monthly education & support meetings; parenting classes; support for homeless families. Here are some highlights of 2015.

#### Education

Jennifer is a proud graduate. She was part of the EAS/Lawrence Education Center school program. Jennifer is pictured here with EAS founder Carolyn Bodewes at the Roses and Dreams fundraiser. Each mom in school earns diapers for good attendance. In the past year, the young women have earned **8,064 diapers!**



### Plan to attend!

**March 26 Mardi Gras Party, Eagles Club, 217 E. Main, Taylorville**

**April 10, 8 a.m. – Noon Breakfast Buffet, K of C Council 364, 2200 S. Meadowbrook Road, Springfield**

**April 16, beginning at 4 p.m., Moose Lodge EAS Chicken Dinner Fundraiser, 221 N. Madison Street, Litchfield**

**April 29, 6 p.m. Art with Allie Paint Night, 221 N. Madison, Litchfield**

Join us for these great events that benefit EAS!

#### Parenting

Holding their certificates of completion are Parenting Class participants Lorraina, left, and Charlie. Their class met for 6 weeks on Mondays at 1:00 p.m. where they learned positive parenting skills. Over **150 parenting classes** were held in the Springfield Center.



#### Breaking the Cycle

Breaking the Cycle Conference, held **each year** in October, includes a team building exercise. The conference is an introduction to Breaking the Cycle, a comprehensive program to improve the lives of the women in our program.



#### Food Assistance

The Litchfield program partnered with Feed the Children to provide **food and personal hygiene items to 400 families. 40 families received food** from EAS and Catholic Charities in the Beardstown area.



*(more Highlights on p. 2)*

The Mission of the Elizabeth Ann Seton (EAS) Program is to embrace the sanctity and dignity of life by nurturing pregnant and parenting women. EAS partners with multi-faith congregations and community organizations to provide support, education and practical assistance to women and their children.

### EAS Wish List

- Dish Soap
- Laundry Detergent
- Shampoo/Conditioner
- Kids' Shampoo
- Toothbrushes
- Baby Lotion
- Deodorant
- Diapers
- Feminine Hygiene Items

(Highlights, cont.)

### Baby Boxes

EAS Executive Director Dawn Morris holds baby Jasper, our newest Baby Box recipient. Jasper and his mother are **homeless**. With the Baby Box, Jasper, has a safe place to sleep, and he has what he needs to begin his precious life.



### Monthly Education and Support

In Litchfield, EAS families learn cooperation and cooking skills on Baking Day. In the three EAS centers, moms meet **each month** for education and support.



Amazon makes it easy for you to give back to EAS by shopping at [smile.amazon.com](http://smile.amazon.com). You'll find the exact same convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion of the purchase price to EAS. Support EAS! Shop Amazon!

## A Message from Board President Lisa Coakley

Roses and Dreams took place on February 20<sup>th</sup>. It was a wonderful evening of beautiful music, fabulous food and great friends. I would like to thank all of the sponsors for this event: Hospital Sisters Health System (HSBS), HSBS St. John's Hospital, Kevin Coakley, Kerber Eck and Braeckel, Barb Butler, Jack Fyans, HSBS St. Francis Hospital and Jim Watts Electric. I would also like to thank everyone who attended the event and those who were not able to attend but made a donation to the Elizabeth Ann Seton Program. Because of your Generosity and support, EAS is able to provide services to women and children in our community. Thank you for supporting our vision to build a stronger community one mom at a time.

## We Couldn't Do It Without You! Thanks!

The Elizabeth Ann Seton Program is funded through the generous donations and pledges of individuals and organizations throughout our service area. Donated office and meeting spaces are also gratefully acknowledged.

It is also partially funded through these private grants:

Diocese of Springfield in Illinois Campaign for Justice and Hope; Hospital Sisters of St. Francis San Damiano; Rotary South, Springfield; Cardinals Care; TJX Foundation; Community Foundation for the Land of Lincoln.

This newsletter is printed courtesy of St. John's Hospital

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